Gender difference in the development of cardiac lesions following acute ischemic-reperfusion renal injury in albino rats

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Abstract. Renal ischemia-reperfusion (I/R) is the major cause of acute renal failure. Renal I/R have distant effects on other organs, especially the heart. The purpose of this study was to investigate cardiac lesion following bilateral renal ischemia (50 minutes) and reperfusion (48 hours) in adult rats, to test sex differences in the development of cardiac lesions after acute renal I/R and to investigate the effect of estrogen on this type of cardiac lesions. 70 adult albino rats were divided into 7 groups: control male, I/R male, control female, I/R female, female with bilateral ovariectomy, I/R female with bilateral ovariectomy and I/R female with bilateral ovariectomy treated with estrogen. Renal and cardiac functions in both sexes were deteriorated following acute renal I/R injury proved by the increase in serum urea, creatinine, lactate dehydrogenase and creatine kinase levels. These cardiac lesions are mainly due to the oxidative stress response in the form of the increase in cardiac tissue lipid peroxide, and the decrease in cardiac tissue glutathione reductase, superoxide dismutase and catalase levels. In conclusion, female rats are more protected from the renal and cardiac lesions following acute renal I/R injury than male, since estrogen significantly decreases these lesions mainly by inhibiting the oxidative stress response.

Key words: Renal — Ischemia-reperfusion — Cardiac lesions

Abbreviations: ARF, acute renal failure; CAT, catalase; CK, creatine kinase; CVS, cardiovascular system; ERK, extracellular signal-related kinase; GR, glutathione reductase; IL, interleukin; I/R, ischemia-reperfusion; KATP, ATP-sensitive potassium channel; LDH, lactate dehydrogenase; LPO, lipid peroxide; MAPK, mitogen-activated protein kinase; MDA, malondialdehyde; MPO, cardiac myeloperoxidase; NAD, nicotinamide adenine dinucleotide; Ovx, ovariectomy; SOD, superoxide dismutase; TNF-α, tumor necrosis factor-α.

Introduction

Ischemia-reperfusion (I/R) injury is a complex phenomenon often encountered in surgical practice. The consequences of such injury are local and remote tissue destruction, and sometimes death (Sirotković-Skerlev et al. 2006). Ischemia means inadequate blood supply to the tissues, while reperfusion refers to restoration of blood flow to these ischemic tissues (Shivanand 2010).

Renal I/R injury occurs in various clinical settings including severe hypotension and subsequent resuscitation, shock, sepsis, renal transplantation, and aorto-vascular surgery. The mortality rates for intensive care unit patients with acute renal ischemia range between 30% and 70%. Clinically, it has become apparent that most of the high patient mortality can be attributed to the onset of systemic inflammatory response syndrome and progression to multiple organ failure, e.g. heart, liver and brain (White and Hassoun 2012).

Acute renal failure (ARF) usually results in significant morbidity and mortality, yet ARF is not the usual cause of death clinically. Bilateral renal ischemia affects the other organs, especially the heart; many studies on uremic patients have shown that heart failure is one of the major causes of death in these patients. However, the pathophysiology of cardiac dysfunction in ARF remains unclear (Kelly 2003).
Gender differences in the occurrence and progression of renal diseases are reported by Kehr et al. (2005) and Metcalfe and Meldrum (2006) in acute and chronic ischemic renal failure and by Neugarten (2002) in renal diseases with diabetes. Cardiovascular system (CVS) in males and females also differs significantly in many parameters under both physiological and pathological conditions. Detailed cellular and molecular mechanisms of these differences are still unknown, they involve genomic and non-genomic effects of sex hormones, particularly estrogen (Ostadal et al. 2009).

Female gender is known to be protected against I/R injury of several organs, the protective effects of estrogen may contribute to these differences. Estradiol administration attenuates renal, myocardial, cerebral, hepatocellular and splanchnic I/R injury (Robert et al. 2011).

The present study was conducted on a trial to: (1) Investigate cardiac lesions following bilateral renal ischemia (50 minutes) and reperfusion (48 hours) injury in adult male and female rats, (2) Test whether there is a sex difference in the development of the above cardiac lesions and (3) Investigate the effect of estrogen on this type of cardiac lesions.

**Materials and Methods**

**Ethical approval**

Minia University School of Medicine ethics committee, the local ethics committee in our university, approved this animal experiment protocol, and it is carried out in accordance with the NIH guidelines.

**Experimental groups and animals**

A total of 70 adults, 8–10 weeks, Sprague-Dawley albino rats (20 males and 50 females) weighing between 200–250 g were used throughout the present study. Rats were housed at room temperature with 12 hour light/dark cycle with a supply of a standard diet of commercial rat chow and water ad libitum. Animals were left to acclimatize to the environment for two weeks prior to inclusion in the experiment. The rats were divided into 7 different groups (n = 10). Group 1: Control sham-operated male rats (underwent all surgical procedures without I/R in normal rats); group 2: male rats with bilateral renal I/R; ischemia was produced for 50 min, followed by 48 h reperfusion; group 3: control sham-operated female rats (underwent all surgical procedures without I/R or ovariectomy); group 4: female rats with bilateral ovariectomy (Ovx); group 5: female rats with bilateral renal I/R (I/R); ischemia was produced for 50 min, followed by 48 h reperfusion; group 6: female rats with bilateral renal I/R done 4 weeks after bilateral ovariectomy treated with estrogen supplementation (25 μg/kg/day; SC) for 3 weeks starting 1 week after the ovariectomy (Ovx+E+I/R) (Yu et al. 2009)

**Chemicals**

Estrogen in the form of Folone ampoules, each 1 ml ampoule contains 5 mg estradiol benzoate in oily solution, was purchased from Mistr Co. for pharm. ind. S.A.E. (Cairo, Egypt). Sesame oil was purchased from Indian Co. (Cairo, Egypt). Thiopental sodium was purchased from Eipico Co. (Cairo, Egypt). Ether (C₂H₅O) was purchased from Alpha Chemical Co. (Mumbai, India). Phosphate buffered saline (PBS) was purchased from Oxford Co. (Mumbai, India); each capsule was dissolved in 100 ml distilled water to give a buffer of pH 7. Triton X-100 (t-octylphenoxy-polyethoxyethanol) and trichloroacetic acid (TCA; C₃H₅ClO₃) were purchased from Sigma-Aldrich (Steinheim, Germany). Kits for measuring blood urea, serum creatinine, and serum lactate dehydrogenase were purchased from Diamond Diagnostics (Cairo, Egypt). Kits for measuring serum creatine kinase, cardiac tissue lipid peroxide, cardiac tissue glutathione reductase, cardiac tissue superoxide dismutase, and cardiac tissue catalase were purchased from Bio-Diagnostic (Cairo, Egypt).

**Renal I/R animal model**

The rat was anesthetized by intraperitoneal injection with thiopental sodium (30–50 mg/kg of 1% solution). The anesthetized rat was placed on a heating pad to maintain the rectal temperature constant (37°C) throughout the surgery. 2 cm long longitudinal abdominal midline incision was made just below the sternum by a scalpel blade. Both kidneys were exposed; bilateral renal ischemia was induced by non-traumatic surgical clamps over the pedicles (arteries and veins) of the two kidneys for 50 minutes. Following the occlusion, the occurrence of ischemia was visually confirmed by the observation of renal blanching. During the period of ischemia, the edges of the abdominal incision were approximated to each other, and covered by a cotton pad soaked in warm isotonic saline (37°C) to prevent the undue loss of body fluids. After removal of the clamps, the kidneys were observed for an additional 1 minute to ensure renal reperfusion (blood reflow) indicated by the color changes. The incision was then closed using a sterile 2/0 suture. Renal reperfusion was allowed for 48 h (Kelly 2003). In sham-operated group, the same surgical procedures were done but without applying the clamps.

**Ovariectomized rat model**

The rat was anesthetized by ether inhalation. The anesthetized rat was placed on the operating board in dorsal recum-
bence with its tail directed towards the surgeon. The ventral aspect of the lumbar region was shaved, and then cleaned with 75% ethanol, followed by thorough scrubbing with 10% povidone iodine (Betadine). A 1 cm long longitudinal ventral midline incision was made above the symphysis pubis by a scalpel blade; the skin edges were laterally retracted, and the abdominal muscle layer and the peritoneum were incised. Both fallopian tubes were exposed and ligated; the ovary can usually be seen embedded in a pad of fat in the abdomen; then the ovaries were removed by cutting them with scissors, taking care not to rupture the ovarian capsules. The remaining tissues were replaced into the peritoneal cavity. The incision was then closed using a sterile 2/0 suture. The removed tissue was ensured to be the ovaries by histological sections (Flores et al. 2008).

**Animal sacrifice and sample collection**

The rats were sacrificed by decapitation. The blood samples were immediately collected in 10 ml Eppendorf tubes, allowed to clot, and then delivered into centrifuge tubes to be centrifuged at 3,000 rpm for 20 minutes; serum samples were separated in 2 ml Eppendorf tubes to be used immediately as fresh samples (preferred) or to be stored at −20°C until used. The hearts of the rats were dissected and stored at −80°C until used. Serum samples were used to determine urea, creatinine, lactate dehydrogenase (LDH), and creatine kinase (CK) levels, while cardiac samples were used to determine lipid peroxide (LPO), glutathione reductase (GR), superoxide dismutase (SOD), and catalase (CAT) levels.

**Parameters measured**

At the end of the experimental protocol, the following parameters were measured: blood urea by Berthelot enzymatic colorimetric method (Young 2001), serum creatinine by Jaffé calorimetric-end point method (Young 2001), serum LDH by kinetic method (Rechsteiner 1970), serum CK by kinetic method (Moren 1977), cardiac tissue LPO – malondialdehyde (MDA) – by colorimetric method (Ohkawa et al. 1979), cardiac tissue antioxidant enzymes: GR by UV method (Goldberg and Spooner 1983), SOD by colorimetric method (Nishikimi 1972), CAT by colorimetric method (Aebi 1984).

**Statistical analysis**

All values are presented as means ± SEM. Statistical significance was tested between more than two groups using one-way ANOVA test. Analyses were performed using statistical software (SPSS version 11.0; Chicago, IL, USA). Significance for all analysis was accepted as \( p \leq 0.05 \).

**Results**

**Effect of renal I/R injury on renal and cardiac injury markers in male and female rats**

Renal injury markers, blood urea and serum creatinine, were significantly higher in I/R male and I/R female groups than that in control male and control female groups, respectively. Cardiac injury markers, serum LDH, serum CK and cardiac tissue LPO, were significantly higher, while cardiac tissue antioxidant enzymes, GR, SOD and CAT, were significantly lower in I/R male and I/R female groups than that in control male and control female groups, respectively (Table 1, 2). This indicates that the heart is subjected to oxidative stress injury following acute renal I/R injury.

**Table 1. Effect of renal I/R injury on some renal injury markers, and cardiac injury markers in male rats**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Control males</th>
<th>I/R males</th>
</tr>
</thead>
<tbody>
<tr>
<td>Renal injury markers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In blood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urea (mmol/l)</td>
<td>6.4 ± 0.2</td>
<td>66.3 ± 1.7**</td>
</tr>
<tr>
<td>Creatinine (µmol/l)</td>
<td>65.4 ± 1.8</td>
<td>617.0 ± 13.3**</td>
</tr>
<tr>
<td>LDH (U/l)</td>
<td>668.5 ± 11.3</td>
<td>1245.0 ± 15.7**</td>
</tr>
<tr>
<td>CK (U/l)</td>
<td>18.2 ± 0.5</td>
<td>36.2 ± 1.1**</td>
</tr>
<tr>
<td>Cardiac injury markers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In cardiac tissue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LPO (U/g)</td>
<td>75.7 ± 0.6</td>
<td>97.7 ± 0.7**</td>
</tr>
<tr>
<td>GR (U/g)</td>
<td>0.40 ± 0.01</td>
<td>0.20 ± 0.01**</td>
</tr>
<tr>
<td>SOD (U/g)</td>
<td>22.0 ± 0.4</td>
<td>9.1 ± 0.2**</td>
</tr>
<tr>
<td>CAT (U/g)</td>
<td>0.90 ± 0.02</td>
<td>0.40 ± 0.02**</td>
</tr>
</tbody>
</table>

Values are means ± SEM. ** \( p < 0.01 \) significant difference from control males; \( n = 6 \), \( n \), number of rats in each group; I/R, ischemia reperfusion; LDH, lactate dehydrogenase; CK, creatine kinase; LPO, lipid peroxide; GR, glutathione reductase; SOD, superoxide dismutase; CAT, catalase.
Effect of ovariectomy and estrogen replacement on renal and cardiac injury markers in female rats

Blood urea and serum creatinine were not statistically significant between Ovx and control female groups. However, they were significantly higher in Ovx+I/R group than that in I/R female and Ovx+E+I/R groups. This indicates that estrogen has a reno-protective effect during I/R injury (Table 2). Furthermore, Kadkhodaee et al. (2009) reported that the rise of renal injury markers was dependent on the renal ischemia time, and Jung et al. (2009) found the increase in renal injury markers reached the peak 48 hours after the renal I/R injury. On the other hand, Vinodini et al. (2009) reported no change in serum urea level after renal I/R; this controversy is due to protocol differences as the rats underwent unilateral I/R, and the reperfusion period was only 90 minutes.

The deterioration in renal functions following renal I/R injury could be explained by the generation of reactive O₂ species during the reperfusion period which, in turn, have diverse cytotoxic effects, including DNA damage, protein oxidation and nitrosylation, and lipid peroxidation. Renal I/R injury also causes endothelial dysfunction, induces apoptosis, and releases local inflammatory mediators, e.g. tumor necrosis factor-alpha (TNF-α) and interleukins (II), IL-1 and IL-6 (Chen et al. 2012).

As regard cardiac injury markers; this study showed that bilateral renal I/R injury led to a significant rise in renal injury markers, blood urea and serum creatinine, compared to the control groups. These results are in line with Mount et al. (2012) and Chen et al. (2012). Furthermore, Kadkhodaee et al. (2009) reported that the rise of renal injury markers was dependent on the renal ischemia time, and Jung et al. (2009) found the increase in renal injury markers reached the peak 48 hours after the renal I/R injury. On the other hand, Vinodini et al. (2009) reported no change in serum urea level after renal I/R; this controversy is due to protocol differences as the rats underwent unilateral I/R, and the reperfusion period was only 90 minutes.

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Discussion

The results obtained in the present study showed that bilateral renal I/R injury in male and female rats led to a significant rise in renal injury markers, blood urea and serum creatinine, compared to the control groups. These results are in line with Mount et al. (2012) and Chen et al. (2012). Furthermore, Kadkhodaee et al. (2009) reported that the rise of renal injury markers was dependent on the renal ischemia time, and Jung et al. (2009) found the increase in renal injury markers reached the peak 48 hours after the renal I/R injury. On the other hand, Vinodini et al. (2009) reported no change in serum urea level after renal I/R; this controversy is due to protocol differences as the rats underwent unilateral I/R, and the reperfusion period was only 90 minutes.

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Table 2. Effect of renal I/R, ovariectomy and estrogen replacement on some renal injury markers, and cardiac injury markers in female rats

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Control females</th>
<th>I/R females</th>
<th>Ovx</th>
<th>Ovx+I/R</th>
<th>Ovx+E+I/R</th>
</tr>
</thead>
<tbody>
<tr>
<td>Renal injury markers In blood</td>
<td>Urea (mmol/l)</td>
<td>5.9 ± 0.1 a</td>
<td>33.4 ± 0.7 a</td>
<td>6.1 ± 0.03</td>
<td>59 ± 0.8 bc</td>
</tr>
<tr>
<td></td>
<td>Creatinine (µmol/l)</td>
<td>51.3 ± 1.8 a</td>
<td>404.9 ± 23 a</td>
<td>53 ± 1.8</td>
<td>558.7 ± 12.4 bc</td>
</tr>
<tr>
<td>Cardiac injury markers In blood</td>
<td>LDH (U/l)</td>
<td>416.6 ± 5 a</td>
<td>941.3 ± 13.4 a</td>
<td>854 ±20.4 a</td>
<td>1125.4 ± 8.1 bc</td>
</tr>
<tr>
<td></td>
<td>CK (U/l)</td>
<td>11.7 ± 0.6 a</td>
<td>24.9 ± 0.7 a</td>
<td>18.3 ± 0.7 a</td>
<td>31.9 ± 0.8 bc</td>
</tr>
<tr>
<td></td>
<td>LPO (U/g)</td>
<td>65.6 ± 0.5 a</td>
<td>81.9 ± 0.4 a</td>
<td>79.5 ± 0.9 a</td>
<td>92.2 ± 0.7 bc</td>
</tr>
<tr>
<td></td>
<td>GR (U/g)</td>
<td>0.6 ± 0.01 a</td>
<td>0.3 ± 0.01 a</td>
<td>0.3 ± 0.01 a</td>
<td>0.2 ± 0.01 bc</td>
</tr>
<tr>
<td></td>
<td>SOD (U/g)</td>
<td>32.3 ± 0.5 a</td>
<td>15.8 ± 0.2 a</td>
<td>12.9 ± 0.4 a</td>
<td>8.3 ± 0.3 bc</td>
</tr>
<tr>
<td></td>
<td>CAT (U/g)</td>
<td>1.6 ± 0.1 a</td>
<td>0.8 ± 0.01 a</td>
<td>0.7 ± 0.02 a</td>
<td>0.5 ± 0.02 bc</td>
</tr>
</tbody>
</table>

Values are means ± SEM. a p < 0.05 significant difference from control females; b p < 0.05 significant difference from I/R females; c p < 0.05 significant difference from Ovx females; d p < 0.05 significant difference from Ovx+I/R females; n = 6. n, number of rats in each group. I/R: ischemia reperfusion, Ovx, ovariectomy; E, estrogen; LDH, lactate dehydrogenase; CK, creatine kinase; LPO, lipid peroxide; GR, glutathione reductase; SOD, superoxide dismutase; CAT, catalase.
There is an intimate link between the renal ischemia and the heart through the activation of renin-angiotensin-aldosterone system; this effect may contribute to the hypertension as well as the renal and cardiovascular damage following renal ischemia (Minuz et al. 2002). Aldosterone has other adverse effects that can contribute to the pathophysiology of congestive heart failure. These effects include coronary and renovascular remodeling, endothelial-cell and baroreceptor dysfunction, and inhibition of myocardial norepinephrine uptake, together with reduced heart-rate variability (Weber 2001). Ang II is known to be a potent stimulator of vascular O$_2$ free radical production, with subsequent endothelial dys-

**Figure 1.** Sex differences in some renal injury markers, and cardiac injury markers after acute renal I/R injury in rats. The figure shows sex differences in some renal and cardiac injury markers after acute renal I/R injury in rats: blood urea and serum creatinine were significantly higher in I/R male group than in I/R female group. Serum LDH, serum CK, and cardiac tissue LPO were significantly higher in I/R male group than in I/R female group. Cardiac tissue antioxidant enzymes, GR, SOD and CAT, were significantly lower in the I/R male group than in I/R female group. Results expressed as mean ± SEM. * significant different from I/R male, p < 0.05. I/R, ischemia reperfusion; CK, creatine kinase; LDH, lactate dehydrogenase; LPO, lipid peroxide; SOD, superoxide dismutase; GR, glutathione reductase; CAT, catalase.
function (Himmelfarb 2005). Both Ang II and aldosterone are also involved in regulating the inflammatory process that follows renal injury. They stimulate cytokine production, inflammatory-cell adhesion, and chemotaxis which result in severe impairment of cardiac functions, apoptosis of cardiac myocytes, and increased cardiac expression of intercellular adhesion molecule 1, consistent with leukocytic infiltration of the heart and increased cardiac myeloperoxidase (MPO) activity with production of hypochlorous acid, a highly reactive chlorine species, which can oxidize a variety of molecules, including proteins, to cause tissue injury and dysfunction (Weber 2001; Vaziri 2008).

Renal I/R injury leads to attenuated antioxidant enzyme pool. During the ischemic period, ATP is catabolized to yield hypoxanthine. The hypoxic stress also triggers the conversion of NAD-reducing xanthine dehydrogenase to the oxygen radical-producing xanthine oxidase. During reperfusion, molecular oxygen is reintroduced into the tissue where it reacts with hypoxanthine and xanthine oxidase to produce a burst of superoxide (O$_2^•$) and hydrogen peroxide (H$_2$O$_2$). In the presence of electron donors e.g. Fe$^{3+}$, released from myoglobin destruction, or O$_2^•$, H$_2$O$_2$ is converted to hydroxyl radical (OH$^•$) via the Fenton reaction [H$_2$O$_2$ + Fe$^{3+}$ $→$ OH$^•$ + OH$^−$ + Fe$^{2+}$] or Haber-Weiss reaction [H$_2$O$_2$ + O$_2^•$ $→$ OH$^−$ + OH$^+$ + O$_2$]. Hydroxyl radical (OH$^•$) is the most reactive cytotoxic radical known, it attacks and denatures the adjacent molecules such as lipids, proteins, carbohydrates, and nucleic acids (e.g. DNA), and initiates lipid peroxidation of cell membrane components and the subsequent release of substances that attract, activate, and promote the adherence of granulocytes to microvascular endothelium. The adherent granulocytes then cause further endothelial cell injury via the release of O$_2^•$ and various proteases (Vaziri 2008).

In the present study renal injury markers were significantly higher in the I/R male group than in the I/R female group, supporting the high mortality in the I/R male group. These results are in line with Robert et al. (2011), Rusai et al. (2011) and Hu et al. (2009).

Renal injury markers were also significantly higher in Ovx+I/R group than in both, Ovx+E+I/R group and I/R group. These results are in line with Pinheiro and Silva (2012) who reported that the renal I/R injury was exacerbated by ovariectomy. Conversely, Park and coworkers (2004, 2005) showed that deprivation of estrogen in female animals by ovariectomy did not affect ischemic renal injury.

In this study, there are gender differences in the renal injury after I/R, evidenced by the higher susceptibility of the kidneys of males to I/R injury than those of females, higher mortality in I/R males than in I/R females, the exacerbation of renal I/R injury after ovariectomy, and the relative improvement of renal functions after I/R in ovariectomized females with estradiol replacement. The ovarian hormones, especially estrogen, are responsible, at least partly, for the renal protection in females. Estrogen mainly induces the antioxidant enzymes, thus preventing the oxidative stress damage following renal I/R injury. It also increases NO production causing potent vasodilatation, thus increasing the renal blood flow. Estrogen also affects the mitogen-activated protein kinases (MAPK) produced after renal I/R injury, via increasing the activation of extracellular signal-related kinase (ERK) that promotes cell survival, and decreasing the activation of p38 that promotes cell death (Park et al. 2004).

Estrogen also increases the expression of heat-shock protein HSP-72 in the renal tubular cells which, in turn, mediates Na$^+)/K$+ ATPase and is essential for maintenance of actin cytoskeletal integrity; thus preventing the time-dependent translocation of Na$^+)/K$+ ATPase from the basolateral to the apical membranes of the proximal tubular cells following renal I/R injury (Fekete et al. 2006).

In this study serum LDH, serum CK and cardiac tissue LPO were significantly higher in control male group than in control female group, and in I/R male group than in I/R female group. Also, cardiac tissue antioxidant enzymes, GR, SOD and CAT, were significantly higher in control female group than in control male group, and in I/R female group than in I/R male group. Furthermore, serum LDH, serum CK and cardiac tissue LPO were significantly higher in Ovx group than in control female group, and in Ovx+I/R group than in all other female groups. Also, cardiac tissue antioxidant enzymes were significantly lower in Ovx group than in control female group, and in Ovx+I/R group than in all other female groups. These results are in line with Barp et al. (2002) and Kim et al. (1998). On the other hand, Barp et al. (2002) found that myocardial CAT activity was not significantly different between control male and female groups. However, no other study investigated the differences in cardiac injury markers after renal I/R injury between males and females. The higher level of cardiac CAT in females than in males reported in this study could be explained by the increased activity of SOD which catalyzes the dismutation of O$_2^•$ into O$_2$ and H$_2$O$_2$; the accumulating H$_2$O$_2$ induces the expression of CAT (Röhrdanz and Kahl 1998). Azevedo et al. (2001) reported that CAT level in macrophages was significantly higher in female rats than in males, and ovariectomy led to significant reduction in its level. Massafra et al. (1997), as well, found that females receiving oral contraceptives showed a significant increase in the serum CAT level, indicating that sex steroids may have an antioxidant activity mediated by CAT induction.

The ovarian hormones, especially estrogen, have a significant cardio-protective effect. Estrogen decreases the cytokine production, e.g. TNF-α, IL-1, IL-6 and IL-10, after acute injury. Estrogen also increases NO production through increased expression of inducible nitric oxide synthase (iNOS) and endothelial nitric oxide synthase (eNOS) in cardiac myocytes. NO provides cardiovascular protection
via reducing the expression of adhesion molecules, especially P selectin, and decreasing neutrophil accumulation. In addition, estrogen leads to modulation of Ca\textsuperscript{2+} influx and release, and activation of ATP-sensitive potassium channel (K\textsubscript{ATP}) channels in the cardiac mitochondria. Finally, estrogen has an anti-apoptotic effect on cardiac myocytes via decreasing caspase-3 activity (Kher et al. 2005). Estrogen, itself, acts as an antioxidant via donating hydrogen atoms from its phenolic hydroxyl group, thus terminating the peroxidation chain reaction in a way similar to vitamin E. It increases the activity of antioxidant enzymes as well, thus protects the heart from the oxidative stress which is one of the stimuli for the inflammatory cytokine production (Sotiriadou et al. 2003).

In conclusion, acute renal I/R injury causes: deterioration in renal functions in both male and female rats proved by the increase in serum urea and creatinine, cardiac lesions in both male and female rats proved by the increase in serum LDH and CK. These lesions are mainly due to the oxidative stress response in the form of the increase in cardiac tissue LPO, and the decrease in cardiac tissue antioxidant enzymes (GR, SOD and CAT). Female rats are more protected from oxidative stress in the form of the increase in cardiac tissue LDH and CK. These lesions are mainly due to the oxidative stress which is one of the stimuli for the inflammatory cytokine production (Sotiriadou et al. 2003).

Accordingly, estrogen can be given particularly to female patients to decrease the high mortality rate that accompanies acute renal ischemic conditions. Administration of antioxidants during reperfusion injury can be beneficial to reduce the severity of IR injury through the augmentation of endogenous antioxidants. This could be a promising therapeutic approach to combat oxidative stress associated with cardiac lesions following renal I/R injury, but that requires further investigation.

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