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Molecular pharmacology of antihistamines in inhibition of oxidative burst of professional phagocytes

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Abstract. Antihistamines of the H_1 and H_3/H_4 groups interfere with oxidative burst of human professional phagocytes in vitro. In the concentration of 10 µM, H1 antihistamines of the 1st and 2nd generation inhibited oxidative burst of human neutrophils in the rank order of potency: dithiaden > loratadine > brompheniramine > chlorpheniramine > pheniramine. Of the H₁ antihistamines, the most effective was dithiaden in suppressing oxidative burst of whole human blood and dosedependently the chemiluminescence of isolated neutrophils at extra- and intracellular level. Inhibition of free oxygen radical generation in isolated neutrophils by dithiaden resulted from the inhibition of protein kinase C activation. The potentiation of recombinant caspase-3 by dithiaden is supportive of the antiinflammatory effect of dithiaden and suggestive of increasing the apoptosis of professional phagocytes. Of the H₃/H₄ antihistamines, the most effective was JNJ7777120 in decreasing chemiluminescence in whole blood and also at extra- and intracellular sites of isolated neutrophils. JNJ 10191584 and thioperamide were less effective and the latter significantly potentiated free oxygen radical generation intracellularly. The results demonstrated that, compared with the H_3/H_4 antihistamines investigated, H_1 antihistamines were much more potent in inhibiting free oxygen radical generation in human professional phagocytes. This finding should be taken into account therapeutically.

Key words: Professional phagocytes — Oxidative burst — Chemiluminescence — Antihistamines — Protein kinase C — Recombinant caspase-3

Abbreviations: BPA, brompheniramine; CL, chemiluminescence; CPA, chlorpheniramine; DITH, dithiaden; HIST, histamine; LOR, loratadine; PA, pheniramine; PKC, protein kinase C; ROS, reactive oxygen species; THIO, thioperamide.

Introduction

Antihistamines represent a wide range of medicinal drugs and experimentally used chemicals with defined affinity to four histamine receptors. In addition to their specific activity (Leurs et al. 2002, 2011; Parsons and Ganellin 2006; Church and Church 2013) in different tissues and organs, antihistamines possess many pharmacological side effects resulting from their

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non-specific activities (Nosál² 2006a). H₁-antihistamines of the 1st and 2nd generation, Dithiaden^R and Loratadine^R, inhibited platelet aggregation by interfering with platelet phospholipase A₂ (Nosál² and Jančinová 2002a), decreased the release of GM-CSF and IL-8 in granulocyte-macrophage colony (Cheng et al. 2006), and dose-dependently decreased polymorphonuclear leukocyte chemiluminescence (CL) and aggregation (Nosál² et al. 2002b). Differences exist between H₁-antihistamines in suppressing the extra- and intracellular stimulated CL, suggesting both extracellular scavenging of generated reactive oxygen species and interference with intracellular regulatory pathways in neutrophils (Nosál² et al. 2009a). The antiradical effect of antihistamines was stimulus-dependent. While dithiaden (DITH) inhibited dose-dependently CL of isolated

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neutrophils stimulated with phorbol-myristateacetate, calcium ionophore A23187 and opsonized zymosan, the inhibition of fMLP-stimulated CL was biphasic (Nosál et al. 2002b).

Moreover, H₁-antihistamines were found to improve ischaemia/reperfusion injury in rat mesenteric microcirculation by suppressing oxidative burst of blood phagocytes, particularly neutrophils (Nosáľ et al. 2009b; Nosáľová et al. 2009). Differences in the effect of H₁-antihistamines on oxidative burst and nitric oxide production of professional phagocytes depend on their physico-chemical properties and are related to the dissociation rate at acidic pH (Gillard and Chatelain 2006; Králová et al. 2008, 2009).

On the other hand, pheniramines differ in suppressing the generation of reactive oxygen species of human professional phagocytes as a result of halogenisation (Jančinová et al. 2006), corresponding to the inclusion of complexes of beta-cyclodextrin into pheniramine and its halogenated derivative (Wang 2009).

Histamine H₃-receptors act as presynaptic autoreceptors that inhibit the synthesis and release of histamine in histaminergic neurones in the central nervous system (CNS). They also occur as hetero-receptors on nonhistaminergic neurones, modulating the release of other neurotransmitters such as 5-hydroxytryptamine, dopamine, acetylcholine, noradrenaline and GABA in the CNS and periphery. Ligands for the H₃-receptor have been reviewed (Celanire et al. 2005; Passani and Blandina 2011).

The H_4 receptor is preferentially expressed in various cells of the immune system and mast cells and induces the chemotaxis of, for example, eosinophils and mast cells. It has also been identified on lymphocyte T cells, dendritic cells and basophils. The H_4 -receptor has been suggested to be involved, along with the H_2 -receptor, in the control of IL-16 release from human lymphocytes, and it has been speculated that an H_4 -selective antagonist might be useful in helping to treat asthma. Antagonists, such as JNJ7777120 were also reported to be effective in various models of inflammation (Thurmond et al. 2008; Smith et al. 2009).

In this study, the effect of H_1 -antihistamines of the first generation, i.e. dithiaden, pheniramine, brompheniramine and chlorpheniramine, and of the second generation, loratadine was compared with the effect of the H_3 -antihistamine thioperamide and H_4 -antihistamines JNJ7777120, JNJ 10191584 on oxidative burst of human whole blood and isolated neutrophils *in vitro*.

Materials and Methods

Chemicals

Luminol, isoluminol, PMA (phorbol- 4β - 12β -myristate- 13α -acetate), superoxide dismutase, dextran (average MW 464,000), zymosan A (from *Saccharomyces cerevisiae)*, luciferase (from firefly *Photinus pyralis*) and D-luciferin sodium salt from Sigma-Aldrich Chemie (Deisenhofen, Germany). HRP (horseradish peroxidase), catalase and Folin-Ciocalteu's phenol reagent were purchased from Merck (Darmstadt, Germany) and lymphoprep (density 1.077 g/ ml) from Nycomed Pharma AS (Oslo, Norway), human purified caspase-3 was from Enzo Life Sciences (Lausen, Switzerland). All other chemicals used were of analytical grade and obtained from commercial sources.

The phosphate buffered saline solution (PBS) used in this study contained 136.9 mM NaCl, 2.7 mM KCl, 8.1 mM Na₂HPO₄, 1.5 mM KH₂PO₄, 1.8 mM CaCl₂ and 0.5 mM MgCl₂ × 6 H₂0 (pH = 7.4). Tyrode's solution used in this study consisted of 136.9 mM NaCl, 2.7 mM KCl, 11.9 mM NaH₂CO₃, 0.4 mM NaH₂PO₄ × 2H₂0, 1 mM MgCl₂ × 6 H₂0 and 5.6 mM glucose, pH of 7.4.

Antihistamines

Dithiaden (DITH): 4-[3-(dimethylamino) propylidene]-4,9-dihydrothieno [2,3-b]benzo[e]thiepin, Zentiva, Czech Republic; Loratadine (LOR): ethyl 4-(8-chloro-5,6-dihydro-11H-benzo[5,6]cyklohepta[1,2-b]pyridin-11-ylidene)-1-piperidinecarboxylate, Zentiva, Slovak Republic; Brompheniramine (BPA): 3-(4-bromophenyl)-N,N-dimethyl-3-pyridin-2-yl-propan-1-amine, Weyth, Austria; Chlorpheniramine (CPA): 3-(4-chlorphenyl)-N,N-dimethyl-3-pyridin-2-yl-propan-1-amine, Glaxo, Smithkline, Great Britain; Pheniramine (PA): N,N-dimethyl-3-phenyl-3-pyridin-2-yl-propan-l-amine, Hoechst, Germany; JNJ7777120: 5-chloro-2-[(4-methylpiperazin-lyl)carbonyl]-1H-imidole and JNJ 10191584: 1-[(5-chloro-1H-benzimidazol-2-yl)carbonyl]-4-methylpiperazine maleate, Sigma-Aldrich; Thioperamide (THIO): Ncyklohexyl-4-(imidazol-4-yl)-1-piperidinecarbothioamide maleate, Abcam Biochemicals.

Blood collection and neutrophil separation

Fresh human blood was obtained at the blood bank by venepuncture from healthy male volunteers (20–50 years) who had not received any medication for at least 7 days. It was anticoagulated with 3.8% trisodium citrate (blood:citrate ratio = 9:1). The Ethical Committee license for blood sampling was registered at the National Transfusion Service NTS-KRA/2012/SVI. Human neutrophils were isolated from whole blood, as described previously (Jančinová et al. 2009; Nosáľ et al. 2011). The blood was gently mixed and erythrocytes were allowed to sediment in 3% dextran solution by centrifugation ($10 \times g$, 25 min, 22°C). The neutrophil suspension was layered on Lymphoprep (3 ml) and centrifuged ($500 \times g$, 30 min, 22°C). After hypotonic lysis and

centrifugation (500 × g, 10 min, 22°C), the neutrophils were resuspended in Ca²⁺-Mg²⁺-free PBS. After counting, they were adjusted to a final concentration of 10⁵ cells/µl (Coulter Counter, Coulter Electronics, England) and kept on ice. The final suspension of neutrophils contained more than 96% of viable cells, as evaluated by trypan blue exclusion and was used within 2 h, as long as the control chemiluminescence remained constant.

Chemiluminescence (CL) assay of whole blood and isolated neutrophils

The oxidative burst in whole blood was stimulated with phorbolmyristate acetate (PMA 0.05 µM). CL was measured in 250 µl samples consisting of 50 µl aliquots that contained blood (50 \times diluted), luminol (250 μ M), antihistamines (AH; $0.01-100 \mu$ M) and phosphate buffer (Jančinová et al. 2009). Horseradish peroxidase (HRP 8 U/ ml) was added to the system and maintained a sufficient extracellular peroxidase concentration. The effect of AH on extra- and intracellular reactive oxygen species (ROS) production was measured in unstimulated and PMA (0.05 μ M)-stimulated neutrophils (5 × 10⁵ per sample) by isoluminol/luminol-enhanced CL. Extracellular CL was determined in the system containing isoluminol (5 μ M) and HRP (8 U/ml). Intracellular CL was measured with luminol in the presence of extracellular scavengers - superoxide dismutase (100 U/ml) and catalase (2000 U/ ml) (Drábiková et al. 2009). The CL of both whole blood and isolated neutrophils was evaluated in a microplate luminometer Immunotech LM-01T (Czech Republic) at 37°C. The data were based on integral values of CL over 3600 s (whole blood) or 1800 s (isolated neutrophils) (RLU \times s; RLU, relative light units).

Recombinant caspase-3 activity

To determine the caspase-3-activity, a modified method was applied (Perečko et al. 2010). Briefly, the cleavage of the Z-DEVD-amino-luciferin substrate by caspase releases amino-luciferin. The subsequent reaction with luciferase was detected by CL. The light production was measured in the Luminometer Immunotech LM-01T. According to the manufacturer's instructions, 10 μ l of 0.1 IU caspase was added to 20 μ l aliquots of different DITH concentrations and buffered solution. Finally, 50 μ l of Caspase-Glo 3/7 Reagent was added and the mixture was measured for 60 min to determine caspase-3 activity.

Protein kinase C activation

Phosphorylation of protein kinase C (PKC) isoenzymes α and β II was detected (Jančinová et al. 2009). Isolated

211

human neutrophils (5×10^6) were incubated at 37°C with DITH for 1 min, stimulated with PMA (0.15 μ M, 1 min) and lysed by the addition of solubilisation buffer. After sonication on ice, the samples were centrifuged to remove unbroken cells, the supernatant was boiled for 5 min with sample buffer and the samples were loaded on 9.8% SDS polyacrylamide gels. Proteins were separated by electrophoresis, transferred to Immobilon-P Transfer Membrane (Millipore Corp., USA). From the two strips taken, one was detected for PKC and the second for β -actin, which represented the internal control. Membrane strips were blocked for 60 min with 1% bovine serum albumin in Tris buffered saline. This was followed by 60 min incubation in the presence of the Phospho-PKC α and βII (Thr638/641) antibody (rabbit anti-human, 1:8000, Cell Signaling Technology) or β-actin Antibody (rabbit anti-human, 1:4000, Cell Signaling Technology, Danvers, MA, USA). The membranes were subsequently washed six times with TBS and incubated for 60 min with the secondary antibody conjugated to horseradish peroxidase (anti-rabbit from donkey, 1:10 000, Amersham, UK). The activity of horseradish peroxidase was visualised using Enhanced Chemiluminiscence Western Blotting Detection Reagents (Amersham, UK), followed by autoradiography. The optical density of each PKC band was corrected by the optical density of the corresponding β -actin band.

Statistical analysis

Data represent the mean \pm SEM, unless stated otherwise. Statistical analysis was performed using the ANOVA paired test to examine differences between the treatments and control. Differences were considered to be statistically significant when p < 0.05 (*) or p < 0.01 (**).

Results

The dose-dependent effect of histamine and antihistamines studied on whole blood chemiluminescence (CL) stimulated with PMA (0.05 μ M) is demonstrated in the Figure 1. In concentrations of 0.1, 1.0, 10, and 100 μ M, the most effective was DITH followed by BPA, CPA and JNJ7777120. LOR was active in the highest concentration used. Histamine was without effect and THIO decreased CL in 100 μ M concentration by 20%. JNJ 10191584, on the other hand, potentiated CL in the highest concentration by 20%.

Figure 2 shows the dose-dependent effect of histamine and eight antihistamines tested on extracellular isoluminolenhanced CL of isolated neutrophils stimulated with PMA (0.05 μ M). DITH, LOR, PA, BPA, CPA and histamine decreased extracellular CL in concentration-dependent manner, JNJ 10191584 and THIO had no effect. DITH and



Figure 1. Effect of histamine (HIST) and antihistamines dithiaden (DITH), loratadine (LOR), pheniramine (PA), brompheniramine (BPA), chlorpheniramine (CPA), JNJ7777120, JNJ 10191584 and thioperamide (THIO) on human whole blood luminol-enhanced chemiluminescence (CL) expressed as percent CL of PMA (phorbol- 4β -12 β -myristate-13 α -acetate, 0.05 μ M) stimulation. Data are mean \pm SEM (n = 4-6), * p < 0.05; ** p < 0.01; ${}^{0}p > 0.01$.

LOR in 100 μ M concentration completely inhibited PMAstimulated CL. Due to JNJ7777120; a significant decrease in CL by 40% CL started at 0.1 μ M concentration.

The effect of histamine and antihistamines tested on intracellular CL of isolated neutrophils stimulated with



Figure 2. Effect of histamine and antihistamines dithiaden, loratadine, pheniramine, brompheniramine, chlorpheniramine, JNJ7777120, JNJ 10191584 and thioperamide on human neutrophil extracellular isoluminol-enhanced chemiluminescence expressed as percent of PMA (0.05 μ M) stimulation. Data are mean \pm SEM (n = 4-6), * p < 0.05; ** p < 0.01. For abbreviations see Fig. 1.

PMA (0.05 μ M) is shown in the Figure 3. DITH and LOR dose-dependently decreased CL with complete inhibition at 100 μ M concentration. Histamine, PA, BPA, CPA and JNJ 10191584 had no effect in any concentration used, JNJ7777120 decreased CL by 40% at 100 μ M concentration. THIO in 100 μ M concentration potentiated CL by 75%.

The effect of histamine and antihistamines tested, expressed as the mean of four concentrations used, on the percentage of PMA-stimulated CL (= 100%) in whole blood (WB), extracellular and intracellular level is summarised in Figure 4. The rank order of potency for inhibition of WB CL was: DITH \ge BPA > CPA > JNJ7777120 > LOR. PA, THIO, histamine and JNJ 10191584 had a minor or no effect.

For extracellular inhibition of stimulated CL the following rank order of potency was evaluated: JNJ7777120 > DITH > LOR > CPA > BPA > PA > histamine > THIO. JNJ 10191584 was without any effect.

At the intracellular level, tested compounds decreased CL in the following rank order of potency: DITH > LOR > JNJ7777120 > JNJ 10191584. Histamine, PA, BPA and CPA were ineffective, while THIO significantly potentiated CL.

Table 1 summarizes the ED_{50} values calculated from four concentrations used for percentage inhibition of CL with histamine and the antihistamines tested and stimulated with PMA. The most effective was DITH with 5.7, 8.2 and 16 μM concentrations for whole blood, extra- and intracellular CL, respectively. LOR was the second most effective compound. For histamine and for the other antihistamines tested the ED_{50} values for whole blood, extra and intracellular CL were unequivocal.

DITH increased significantly the activity of human recombinant caspase 3 starting at the concentration of 1 μ M



Figure 3. Effect of histamine and antihistamines dithiaden, loratadine, pheniramine, brompheniramine, chlorpheniramine, JNJ7777120, JNJ 10191584 and thioperamide on human neutrophil intracellular luminol-enhanced chemiluminescence expressed as percent of PMA (0.05 μ M) stimulation. Data are mean ± SEM (n = 4-6), * p < 0.05; ** p < 0.01, $^{\circ}p > 0.01$. For abbreviations see Fig. 1.



(Figure 5). The caspase-3 activity increased with DITH in concentrations of 1, 10 and 100 μ M by 25.2, 29.8 and 32.3% of the control value, respectively.

Stimulation of isolated human neutrophils with PMA (0.15 μ M) resulted in the increase protein kinase C a and β II by 34% (Figure 6). Dithiaden in concentrations of 10 and 100 μ M decreased stimulated phosphorylation by 21 and 22%, respectively.

Discussion

The antihistamines studied of the H_1 and H_3/H_4 group affected oxidative burst of human professional phagocytes *in vitro*. In the concentration of 10 μ M, the antihistamines tested inhibited oxidative burst of whole blood CL in the rank order of potency: dithiaden >> brompheniramine > chlorpheniramine = JNJ7777120. At the extracellular site

Table 1. Micromolar ED_{50} values calculated from concentrations (0.1,1.0,10 and 100 $\mu M)$ of used compounds

Compound	ED ₅₀ (μM)		
	whole blood	extracellular	intracellular
Histamine	n.d.	>100	n.d
Dithiaden	5.7	8.2	16
Loratadine	31.2	13	14.3
Pheniramine	n.d.	>100	n.d
Brompheniramine	13.5	49.2	n.d
Chlorpheniramine	57.7	61.9	n.d.
JNJ7777120	n.d.	>100	>100
JNJ 10191584	n.d.	n.d.	>100
Thioperamide	>100	>100	n.d.

n.d., not determined.

Figure 4. Effect of histamine and antihistamines dithiaden, loratadine, pheniramine, brompheniramine, chlorpheniramine, JNJ7777120, JNJ 10191584 and thioperamide expressed as the mean of all four concentrations (0.1; 1.0; 10; 100 μ M) used on percentage of PMA-stimulated CL (=100%) in human whole blood (WB), extracellular and intracellular level of isolated neutrophils. Data are mean ± SEM (*n* = 4–6). For abbreviations see Fig. 1.

of isolated neutrophils DITH, LOR and JNJ7777120 were the most active compounds. Inhibition of ROS generation by antihistamines might beneficially contribute to the treatment of allergic noninfectious inflammation and support the treatment of acute exacerbation of pathological inflammation (Thurmond et al. 2008). It has been suggested that the suppression of CL by antihistamines is not a result of their direct scavenging activities; rather, it originates from their interference with calcium movement, enzyme pathways, or second messenger interaction (Lieberman 2002; Králová et al. 2006). However, compounds without any intracellular effect should not interfere with generation of ROS in neutrophils. Effect of antihistamines on intracellular CL with the rank order of potency: DITH > LOR > JNJ7777120 > JNJ 10195184 confirmed this suggestion, indicating a putative reduction in host defence against infectious components and redox-sensitive signal transduction (Kopprasch et al. 2003). Inhibition of CL due to DITH and LOR was accompanied by a decrease in superoxide generation and myeloperoxidase release from isolated neutrophils (Nosáľ et al. 2006b).

Intracellular inhibition of ROS generation with antihistamines might impair innate immune responses to bacteria and should be used with caution in patients with severe bacterial infections (St Peter et al. 2010; Metz et al. 2011).

The difference between pheniramines might result from their halogenisation, as demonstrated by inhibition of oxidative burst of blood phagocytes during ischaemia/reperfusion (Jančinová et al. 2006; Nosáľ et al. 2009b; Nosáľová et al. 2009). Pheniramines, on the other side, decrease extracellular CL, which might indicate their ability to minimise the decrease in regulation of neutrophil functions and in microbial killing (Jančinová et al. 2006).

Significant differences were found between the drugs tested. Histamine did not affect stimulated whole blood CL. The difference between particular H_1 antihistamines



Figure 5. Effect of dithiaden (DITH) on activity of human recombinant caspase-3 in cell-free system. Data are mean \pm SEM (n = 4), ** p > 0.01, DITH (1, 10, 100 µM) *vs.* control (0 µM).

resulted from the physico-chemical properties of particular drugs rather than from their specificity to affect histamine receptors, as demonstrated in platelets and neutrophils (Jančinová et al. 1995; Králová et al. 2009), as well as in the inhibition of ischaemia/reperfusion damage of vessels (Nosáľ et al. 2009b; Nosáľová et al. 2009). The non-receptor interaction of H1-antihistamines with oxidative burst was most probably due to their cationic amphiphilic structure (Nosál et al. 2009a), underlying their ability to scavenge free radicals extracellularly and their ability to pass neutrophil membranes intracellularly. This was demonstrated in blood platelets with beta-adrenoceptor blocking drugs inhibiting platelet aggregation by changing the calcium movement and fluidity of their membranes (Nosáľ et al 1985; Jančinová et al. 1996). In addition, in pharmacological non-toxic concentrations, H1-antihistamines significantly inhibited nitrite accumulation in RAW 264.7 cells which was not caused by the scavenging ability of the drugs against nitric oxide, yet the actual mechanism remains unclear (Králová et al. 2009). The degree of inhibition of nitrite accumulation positively correlated with the degree of lipophilicity tested, measured by reversed-phase thin layer chromatography. Furthermore, H1-antihistamines differentially modulated the iNOS protein expression (Králová et al. 2008, 2009). This was confirmed also for the ability of the H1-antihistamines tested to interfere with an extracellularly measured generation of free oxygen radicals.

DITH increased the activity of recombinant caspase *in vitro* in all concentrations tested (1 to 100 μ M). Caspase-3 belongs to the effector group of caspases, which are responsible for the executive phase of apoptosis (Fan et al. 2005). Caspases activation from their pro-caspase form has been widely described in apoptosis undergoing cells including neutrophils. Programmed cell death – apoptosis – is an important process for successful removal of recruited neu-

trophils. Neutrophils express high levels of pro-apoptotic proteins (Fox et al. 2010; Witko-Sarsat et al. 2011). Activation of recombinant caspase-3 by DITH might thus contribute to the inhibition of oxidative burst in human neutrophils resulting from suppression of PKC activation and to the antiinflammatory effect of DITH. A similar effect was described for natural stilbene derivatives on human neutrophils (Perečko et al. 2012).

DITH decreased PKC activation in PMA-stimulated neutrophils, indicating its interference with regulatory pathways of the oxidative burst in neutrophils. This finding might contribute also to the mechanism of the antioxidative effect of DITH in whole blood phagocytes and isolated neutrophils. Similar results were found in human gastric adenocarcinoma and Caski cells (Atten et al. 2001; Woo et al. 2004) and also for the polyphenolic compound N-feruloylserotonin and resveratrol in human neutrophils (Nosál' et al. 2011, 2014).

Thus DITH may interfere with modulation of intracellular signalling pathways involved in down-regulation of COX-2 and in iNOS expression and NF- κ B activation, as demonstrated for resveratrol (Surh et al. 2001; Kundu et al. 2006).

Variability in ability of different antihistamines to interfere with stimulated CL at different sites of action is evident from ED_{50} values. The numbers for DITH and LOR are comparable to previously published data (Nosáľ et al. 2009a).

In comparison with the H_1 antihistamines tested, only compound JNJ777120 suppressed oxidative burst in whole



Figure 6. Protein kinase C (PKC) phosphorylation in PMA (0.15 μ M) stimulated isolated neutrophils treated with 10 and 100 μ M dithiaden. The values represent the percentage of resting control phosphorylated PKC isoenzymes (α and β II) detected by Western blotting and detected by phospho-PKC alpha/beta II (Thr638/64) antibody. Data are mean \pm SEM (n = 4), ** p > 0.01, ## $p \le 0.01$.

blood and in isolated neutrophils at both extra- and intracellular sites. Interestingly, this effect was not concentration-dependent. Compound JNJ 10191584 in 100 μ M concentration potentiated CL in whole blood, yet it inhibited CL intracellularly. Thioperamide was effective in the same concentration in whole blood but potentiated CL intracellularly. This effect may result from the chemical structure of the compounds tested: JNJ7777120 is methylpiperazin-indole, JNJ 10191584 benzimidazol-carbonyl-methylpiperazine and thioperamide cyclohexyl-imidazol-piperidinecarbothioamide and thus they differ from the chemical structure of H₁-antihistamines tested.

The structure-activity relationship requires further detailed investigation. The antihistamines tested showed marked differences in the inhibition of oxidative burst in human blood and isolated neutrophils. It is evident from our results that compared with H_3/H_4 antihistamines; H_1 -antihistamines are much more potent in inhibiting stimulated chemiluminescence.

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