# Malignant melanoma: diagnosis, treatment and cancer stem cells

# Minireview

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#### Received February 5, 2016 / Accepted April 1, 2016

Malignant melanoma represents a neoplasm stemming from melanocytes or the cells that develop from melanocytes. Melanocytes, pigment-producing cells, arise from the neural crest and migrate to their final destinations in the skin, uveal tract, meninges, and mucosa. Most melanocytes are found at the epidermal-dermal junction of the skin, and the vast majority of melanocytes arise from cutaneous sites. Cancerous growths develop when unrepaired DNA damage to skin cells (most often caused by ultraviolet radiation from sunshine or tanning beds) triggers mutations (genetic defects) that lead the skin cells to multiply rapidly and form malignant tumours. Malignant tumours consist of heterogeneous populations of tumour cells. Cancer stem cells (CSC) represent a population of cells within a tumour with highly tumorigenic and chemoresistant properties. These cells may be identified by the expression of CSC markers and also by functional assays as tumour-initiating properties in vivo, high aldehyde dehydrogenase activity tested by Aldefluor assay. There are several key stem cells markers specified for malignant melanoma: CD20, CD133, ABCB5, CD271 and ALDH1A. The review provides a detailed overview of risk factors, diagnosis, treatment possibilities and specific properties of cancer stem cells in malignant melanoma.

Key words: malignant melanoma, cancer stem cells markers, aldehyde dehydrogenase ALDH1

# Epidemiology and risk factors

Trends indicate that the incidence of melanoma continues to increase, particularly in individuals over 65 years. Additionally, recent data demonstrate a real increase for both males and females, including young women [1]. There are four major types of melanoma, which account for almost 100 % of diagnosed cases: superficial spreading melanoma, nodular melanoma, lentigo malignant melanoma, acral lentiginous melanoma [1].

- Superficial spreading melanoma is the most common type, accounting for 70 % of all melanomas. It is usually flat and irregular in shape, multicoloured, with different shades of black and brown.
- Nodular melanoma tends to develop quite quickly if it is not removed. It begins to grow downwards, deeper into the skin. There is often a raised area on the skin surface with this type of melanoma. Nodular melanomas are often very dark brownish black, or black, in colour.
- Lentigo malignant melanoma develop from very slow growing pigmented areas of skin and are most common in elderly people. They appear in areas of skin that get a lot of sun exposure. It may gradually get bigger over several years and may change shape. If it becomes a lentigo malignant melanoma, it starts to grow down into the deeper layers of the skin and may form lumps (nodules).
- acral lentiginous melanoma is rare and is most commonly found on the palms of the hands and soles of the feet or around the big toenail. It can also grow under the nails.

Although the etiology of melanoma is unknown, casecontrol studies have identified a number of characteristics present in populations at high risk for developing melanoma [2]. These include:

• ultraviolet light: duration of exposure to mainly UV-B radiation

- exposure to sunlight: acute, intense and intermittent exposure, history of severe blistering sunburn
- exposure during childhood: vulnerability to UV radiation early in life; multiple studies show association between childhood exposure to sunlight and melanoma risk in adults
- the use of a sunbed: the use of a sunbed more than 10 times per year is associated with a doubling in the risk of melanoma
- fair complexion: individuals with red or blond hair and fair skin with freckles and nevi, who do not tan well and burn easily even after minimal exposure
- prior personal and family history: familial human melanoma is characterised by an increased risk of developing a primary tumor, a higher incidence of multiple primary tumors, and an earlier age at onset
- specific genetic conditions: xeroderma pigmentosum, retinoblastoma. [1-3].

# Symptoms, diagnosis, staging

Cutaneous melanoma can occur anywhere in the body. Clinical features of melanoma include irregular raised surface, asymmetrical shape, irregular perimeter, variegated colour, changing appearance, surface ulcerations, bleeding, inflammation, itching and pain [1]. The **ABCDE** rule can be used to distinguish between benign and malign lesions and if you see one or more there is a warning sign for melanoma.

- Asymmetry: the shape of one half does not match the other half
- Border that is irregular: the edges are often ragged, notched, or blurred in outline; the pigment may spread into the surrounding skin
- Colour that is uneven: shades of black, brown, and tan may be present; areas of white, grey, red, pink, or blue may also be seen
- Diameter: there is a change in size, usually an increase; most of the melanomas are larger than 6 millimeters
- Evolving: the mole has changed size, shape, colour, has risen or scabbed over the past few weeks or months [4, 5]

To confirm the diagnosis of the disease, histological examination is performed. The tumor, nodes, metastases (TNM) system of American Join Committee of Cancer (AJCC) is used for melanoma staging.

- **Stage 0** the melanoma is in situ, meaning that it is in the epidermis but has not spread to the dermis.
- **Stage IA** the melanoma is less than 1.0 mm in thickness. It is not ulcerated and has a mitotic rate of less than 1/mm<sup>2</sup>. It has not been found in lymph nodes or distant organs.
- **Stage IB** the melanoma is less than 1.0 mm in thickness and is ulcerated or has a mitotic rate of at least 1/mm<sup>2</sup>, or it is between 1.01 and 2.0 mm and is not ulcerated. It has not been found in lymph nodes or distant organs.
- **Stage IIA** the melanoma is between 1.01 mm and 2.0 mm in thickness and is ulcerated, or it is between 2.01 and

4.0 mm and is not ulcerated. It has not been found in lymph nodes or distant organs.

- Stage IIB the melanoma is between 2.01 mm and 4.0 mm in thickness and is ulcerated, or it is thicker than 4.0 mm and is not ulcerated. It has not been found in lymph nodes or distant organs.
- **Stage IIC** the melanoma is thicker than 4.0 mm and is ulcerated. It has not been found in lymph nodes or distant organs.
- **Stage IIIA** The melanoma can be any thickness, but it is not ulcerated. It has spread to 1 to 3 lymph nodes near the affected skin area, but the nodes are not enlarged and the melanoma is found only when they are viewed under the microscope. There is no distant spread.
- **Stage IIIB** The melanoma can be any thickness and is ulcerated. It has spread to 1 to 3 lymph nodes near the affected skin area, but the nodes are not enlarged and the melanoma is found only when they are viewed under the microscope. There is no distant spread.
- Stage IIIC The melanoma can be any thickness and is ulcerated. It has spread to 1 to 3 lymph nodes near the affected skin area. The nodes are enlarged because of the melanoma. There is no distant spread.
- Stage IV The melanoma has spread beyond the original area of skin and nearby lymph nodes to other organs such as the lung, liver, or brain, or to distant areas of the skin, subcutaneous tissue, or distant lymph nodes. Neither spread to nearby lymph nodes nor thickness is considered in this stage, but typically the melanoma is thick and has also spread to the lymph nodes [6].

# Oncogenic alterations in melanoma

Melanoma is not a homogenous disease but instead is composed of biologically distinct subtypes. Evidence is accumulating that the underlying genetic alterations drive the observed morphologic (phenotypic) variation among melanomas [1]. Mutation in the BRAF gene was discovered to play a significant role in development of melanoma. RAF proteins are a family of protein-serine/threonine kinases. Oncogenic mutations in BRAF lead to constitutive activation of the RAS/ RAF/MEK/ERK pathway, a signal transduction cascade that participates in the regulation of a large variety of processes including apoptosis, cell cycle progression, differentiation, proliferation, and transformation to the cancerous state [7]. MEK proteins are upstream regulators of the ERK pathway, which promotes cellular proliferation. BRAF V600E mutations result in constitutive activation of the BRAF pathway, which includes MEK1 and MEK2. BRAF isoform was found to be mutated in nearly 70 % of melanomas. Over 90 % of all BRAF mutations in melanoma are caused by a glutamicacid-for-valine substitution at position 600 (V600E). Other mutations, including NRAS, c-KIT, AKT and GNAQ have also been identified among patients with melanoma[8-10]. The identification of BRAF V600 somatic mutations in melanoma

[11] led to the development of molecularly targeted therapies, which improved the prognosis of metastatic melanoma patients compared to chemotherapy [12-14].

#### Malignant melanoma CSC

Malignant tumors consist of morphologically and functionally heterogeneous population of cells [15]. Cancer stem cell theory says that only a minority of tumor cells, so called cancer stem cells (CSC), has the exclusive property of driving the growth and spread of a tumor [16]. CSC are potentially tumorigenic and chemoresistant through their relative quiescence, ABC transporter expression, dysregulation in apoptotic signalling, and their capacity for DNA repair. They also demonstrate self-renewing abilities and differentiation capacity [17, 18]. CSC niche is the specific microenvironment in which CSCs grow and it is of a great clinical potential for development of novel therapeutic strategies selectively target CSCs and their micro environmental niche [19].

In most tissues in which cancer originates, stem cells have the longest life span and therefore they are exposed to more genotoxic stresses than their shorter-lived, differentiated progeny. This quiescence and dormancy protect CSC population from genotoxic stress and also from high rate of DNA damage and repair [20-22].

In addition, CSC share the expression of some markers with normal stem cells, therefore, it was originally postulated that cancer stem cells arose from normal stem cells [23]. Several recent studies now entertain the possibility of "tumor cell plasticity", where non-CSC can dedifferentiate and acquire CSC-like properties under certain conditions [24, 25].

Malignant melanoma CSC may be identified by the expression of CSC markers and also by functional assays as tumor-initiating properties in vivo, high aldehyde dehydrogenase activity tested by Aldefluor assay. There are several key stem cells markers specified for malignant melanoma: CD20 [26], CD133 [27], ABCB5 [28], CD271 [29] and ALDH1A [30]. It was demonstrated that human metastatic melanoma cells were able to self-renew in vitro and in vivo, retained multipotent potential, grew as spheroid cells, and were enriched for tumor-forming potential. Melanoma sphere-forming cells did not demonstrate CD133 expression; however, melanoma spheroid cells initiated tumor growth in vivo and CD20+ cells proliferated to give larger spheres than CD20- cells. In another study, drug efflux transporter ABCB5 was found to be specifically expressed on CD133+ tumors cell phenotype-expressing subpopulations within clinical human malignant melanomas of both primary and metastatic origin [28, 31]. Later study identified CD271+ cells as melanoma stem cells [29, 32] and the most recent study showed that human malignant melanoma CSC possess high aldehyde dehydrogenase (ALDH) activity with ALDH1A1 and ALDH1A3 being the predominant ALDH isozymes. The ALDH-positive melanoma cells were more tumorigenic and more resistant to chemotherapeutic agents than ALDH-negative cells and ALDH1A silencing led to cell cycle arrest, apoptosis, decreased cell viability in vitro, reduced tumorigenesis *in vivo* and sensitized melanoma cells to druginduced cell death [33]. A number of recent studies propose an important role of ALDH1A1 in the response to chemotherapy of patients with colon cancer [22, 34] or other neoplasia. The ALDH1A1 is also associated with worse progression-free survival and overall survival in clear cell renal cell carcinoma [35] and breast cancer patients treated with neo-adjuvant chemotherapy [36]. Moreover, ALDH1A1 expression associates with chemoresistance of cultured and xenografted ovarian cancer and pancreatic adenocarcinoma cells [37, 38]. Likewise, gastric cancer cells with high level of ALDH1A1 expression are more resistant to 5-FU and *cis*-diamminedichloroplatinium than those cells with lower level [39].

Long-term-melanoma growth depended on the expression of the histone 3K4 demethylase JARID1B/KDM5B. Roesch et. al. [40] identified a subpopulation of melanoma cells with high levels of JARID1B expression, themselves characterized by slow proliferation but still able to initiate rapidly proliferating cellular progeny. Stable knockdown of JARID1B- in long-term cultures and serial xenotransplantation experiments resulted in cessation of melanoma growth. Unexpectedly, JARID1B-negative cells turned JARID1B-positive depending on environmental conditions (for example, hypoxia) [40]. However, there might be also other mechanisms which regulate cancer stem cells in melanoma, e.g. metabolic regulation and epithelial-mesenchymal transition [41-43]. Our unpublished data indicated that there was very high plasticity among the melanoma cells and the tumor initiating capabilities were induced by alteration in their metabolic state (manuscript under revision).

#### Treatment

Surgical resection is the primary treatment of all stages of melanoma. Removal of the tumor can be performed as local excision, wide local excision, lymphadenectomy or sentinel lymph node biopsy [44]. Histologic verification of the diagnosis is essential before embarking upon any treatment plan. Micro staging of the primary lesion can identify patients who have an increased probability of harbouring microscopic metastatic disease [45]. These are the patients who most likely benefit from lymph node dissection. Adjuvant therapy is recommended to some patients with stage II and patients with stages III and IV. However, the chemotherapy drugs now being used are of limited value in most people with stage IV melanoma. Due to poor prognosis associated with this disease, entry into a clinical trial is the preferred first line of treatment (NCCN Clinical Practice Guidelines in Oncology - NCCN Guidelines®, version 3.2015). Treatment regimens are described in the table 1 below.

# Adjuvant treatment of advanced or metastatic melanoma

Adjuvant therapy includes:

immunotherapy: melanoma vaccines, interferons (IFN alfa-2), IL-2

- radiation therapy
- chemotherapy
- biochemotherapy: combination of chemotherapy with cytokine therapy [46].

Following drugs are approved to be administered as an adjuvant therapy to patients with melanoma [47]

## Aldesleukin

Aldesleukin is recombinant IL-2 approved to treat metastatic melanoma. It acts as a regulator of the immune response. The exact mechanism by which aldesleukin-mediated immunostimulation leads to antitumor activity is not yet known [47].

## Recombinant interferon alfa-2b

Recombinant interferon alfa-2b is mainly used in patients, who are at high risk of systemic recurrence after surgery, e.g., patients with primary or recurrent lymph node involvement. It exhibits antiproliferative effects including suppression of cell proliferation and such immunomodulating activities as enhancement of the phagocytic activity of macrophages and augmentation of the specific cytotoxicity of lymphocytes for target cells [48].

## Peginterferon Alfa-2b

Peginterferon alfa-2b is indicated for the adjuvant treatment of melanoma with microscopic or gross nodal involvement within 84 days of definitive surgical resection including complete lymphadenectomy. It is a pleiotropic cytokine. IFN-PEG-2b is characterized by the incorporation of a polyethylene glycol molecule (pegylation) to IFN $\alpha$ -2 $\beta$ , which makes it larger and decreases its metabolism, with the benefit of prolonging plasma concentration [49].

## Dabrafenib, Vemurafenib

These inhibitors of RAF kinases are indicated for the treatment of adult patients with unresectable or metastatic melanoma with a BRAF V600 mutation [50, 51].

#### Trametinib

Trametinib is indicated for the treatment of patients with unresectable or metastatic melanoma with BRAF V600E or V600K mutations. It is a reversible inhibitor of MEK1 and MEK2 activation and of MEK1 and MEK2 kinase activity [52].

### Selumetinib and Cobimetinib

Selumetinib, a highly selective MEK 1/2 inhibitor, has been tested in order to assess its efficacy and safety profile in

Table 1. Malignant melanoma treatment regimens, according [67].

Stage	Treatment
0 + IA	Wide-excision surgery and discussion of sentinel lymph node biopsy (SLNB)
IB + IIA	SLNB and wide-excision surgery
IIB + IIC	SLNB and wide-excision surgery, if a node is positive – complete dissection of nodal basin, optional: adjuvant therapy – interferon alfa
III	Surgical excision with complete lymph node dissection, adjuvant therapy: clinical trials or observation or interferon alfa, optional: radiation therapy
IV	Depends on whether melanoma is limited (resectable) or dis- seminated (unresectable) Limited: resection, treatment includes clinical trials or systemic therapy, then assessment for response, if stable – treatment continues Disseminated: without brain metastases – systemic therapy,
	if brain metastases are present - treatment of the central nervous disease

numerous studies associated with various types of tumors. The combinations of selumetinib and different chemotherapeutic agents including irinotecan, docetaxel, temozolomide and doxorubicin showed the enhanced activity against tumor cells in malignancies such as BRAF-mutant melanoma [53]. Another noncompetitive inhibitor, highly specific for MEK1 and 2 kinases is a cobimetinib [54].

#### Ipilimumab

Ipilimumab is a fully human recombinant anti-CTLA-4 monoclonal antibody (IgG1 $\kappa$ ). It is indicated for the treatment of advanced melanoma in adults. CTLA-4 is a negative regulator of T-cell activation. Ipilimumab is a T-cell potentiator that specifically blocks the inhibitory signal of CTLA-4, resulting in T-cell activation, proliferation, and lymphocyte infiltration into tumors, leading to tumor cell death. The mechanism of action of ipilimumab is indirect, through enhancing T-cell mediated immune response [55].

### Tremelimumab

Tremelimumab is a CTLA-4 blocking antibody. In phases I and II of the studies of tremelimumab there has been a promising response in patients under treatment. The response rates were similar to ipilimumab and could be observed in about 10% of patients [56].

# Pembrolizumab

Pembrolizumab (previously known as MK-3475 and lambrolizumab) is a potent, highly selective, fully humanized immunoglobulin (Ig) G4-kappa monoclonal antibody against PD-1. It is suitable for the treatment of patients with unresectable or metastatic melanoma with disease progression following ipilimumab, and if BRAFV600 mutation positive. Pembrolizumab has also demonstrated efficacy in other advanced in solid tumors and hematologic malignancies [57].

#### Dacarbazine

Dacarbazine is indicated for the treatment of patients with metastasized malignant melanoma. It is a prodrug converted by demethylation to cytostatic agent. The antineoplastic effect is due to an inhibition of cell growth and DNA synthesis. An alkylating effect has also been shown and other cytostatic mechanisms may also be influenced by dacarbazine [58]. Our unpublished data indicated that dacarbazine was not able to abrogate tumor initiation capabilities thus indicative that is did not target melanoma cancer stem cell population (manuscript under revision).

# Off-label use of drugs in melanoma treatment

Following drugs are, mainly in combination treatment, used in unapproved indications to treat malignant melanoma: temozolimide (prodrug, alkylating agent), cisplatin (alkylating agent), carboplatin (alkylating agent), vinblastine (inhibitor of mitosis), paclitaxel (inhibitor of mitosis), sorafenib (protein kinase inhibitor), imatinib (protein-tyrosine kinase inhibitor), sargramostim (recombinant human granulocyte macrophage colony stimulating factor (rhu GM-CSF)) with ipilimumab [55, 59].

## Prevention

Skin should be protected from intense sun exposure by wearing tightly woven clothing and a wide-brimmed hat, applying sunscreen that has a sun protection factor (SPF) of 30 or higher to unprotected skin, seeking shade (especially at midday, when the sun's rays are strongest), and avoiding sunbathing and indoor tanning. Sunglasses should be worn to protect the skin around the eyes. Children should be especially protected from the sun because severe sunburns in childhood may greatly increase the risk of melanoma. Tanning beds and sun lamps, which provide an additional source of UV radiation, can cause skin cancer and should be avoided [60].

# Conclusion

Here we summarized the current knowledge about malignant melanoma risk factors, current approaches to melanoma diagnosis, treatment and melanoma CSCs. Only deep identification of malignant melanoma properties can help to design effective anticancer therapy. Target therapy combined BRAF inhibitor (vemurafenib) plus MEK inhibitor (cobimetinib) confirmed its superior impact on progression-free survival. Although new drugs and expectations have arisen for patients with melanoma in recent years, it is generally still incurable at the stage of metastatic dissemination. The new discovered treatments prolong patient's life, achieve tumor shrinkage and relieve symptoms, but their cost is high. New treatments are not as aggressive as conventional chemotherapy and do not cause hair loss, although they are associated with a wide range of toxicities [49].

New therapeutic strategies that aim to eliminate CSCs by targeting for example CSC-specific CD44 isoform(s) may be developed that will bring new hope to patients with life-threatening cancer [61].

This strategy together with the gene therapy using genetically modified MSC, which are able to convert nontoxic prodrug to highly toxic chemotherapeutic at the site of the tumor seems to be the anticancer therapy of the near future. Combinations of traditional, targeted and stem cell-directed gene therapy could significantly advance the treatment of cancer [62-66].

Acknowledgements: The studies and experiments mentioned in this study were performed with the kind support provided by the Slovak Research and Development Agency under the contract No. APVV-0230-11 and APVV-0052-12; Slovak Cancer Research Foundation; VEGA grants No. 2/0130/13 (Z.K) and 2/0087/15 (L.K).

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