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Review

243

# Clinical drug-drug interactions of bosentan, a potent endothelial receptor antagonist, with various drugs: Physiological role of enzymes and transporters

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**Abstract.** Bosentan, an endothelin-1 (ET) receptor antagonist is an important drug for the effective management of patients with pulmonary arterial hypertension. Bosentan has a rather complicated pharmacokinetics in humans involving multiple physiological components that have a profound influence on its drug disposition. Bosentan is mainly metabolized by cytochrome P450 (CYP) 3A4 and 2C9 enzymes with the involvement of multiple transporters that control its hepatic uptake and biliary excretion. The involvement of phase 2 metabolism of bosentan is a key to have an enhanced biliary excretion of the drug-related products. While bosentan exhibits high protein binding restricting the drug from extensive distribution and significant urinary excretion, bosentan induces its own metabolism by an increased expression of CYP3A4 on repeated dosing. Due to the above properties, bosentan has the potential to display drug-drug interaction with the co-administered drugs, either being a perpetrator or a victim. The intent of this review is manifold: a) to summarize the physiological role of CYP enzymes and hepatic-biliary transporters; b) to discuss the mechanism(s) involved in the purported liver injury caused by bosentan; c) to tabulate the numerous clinical drug-drug interaction studies involving the physiological interplay with CYP and/or transporters; d) to provide some perspectives on dosing strategy of bosentan.

**Key words:** Bosentan — Drug-drug interaction — Pharmacokinetics — CYP3A4 — Transporters — Biliary excretion — Hepatic uptake — Endothelin receptor antagonist

Abbreviations: AUC, area under the plasma concentration *versus* time curve; BCRP, breast cancer resistance protein; BSEP, bile sat export pump; CL, systemic clearance; CYP, cytochrome P450; DDI, drug-drug interaction; ERAs, endothelin receptor antagonists; ET, endothelin-1; MRP2, multidrug resistance-associated protein 2; NTCP, Na+ taurocholate co-transporting polypeptide; OATP, organic anion transporter protein; PAH, pulmonary arterial hypertension; PDE-5, phosphodiesterase type 5; Pgp, P-glycoprotein; UGT, UDP glucuronosyl transferase; ULN, upper limit of normal.

# Introduction

Pulmonary arterial hypertension (PAH) is a debilitating and fatal disease involving the pulmonary vasculature that progresses over time; essentially the luminal space in the pulmonary vasculature is drastically reduced due to continuous proliferation of both epithelial and smooth muscle cells along with extracellular matrix (McLaughlin et al. 2009; Tuder et al. 2009). The narrowing of the luminal space translates into an increased pulmonary arterial pressure leading to varying degrees of clinical events such as shortness of breath, reduced functional capacity, causing right heart failure and death (Badesch et al. 2009). In spite of the availability of three distinct drug classes with unique mechanisms of action such as prostacyclin and prostacyclin analogues (comprising of epoprostenol, treprostinil, iloprost), endothelin receptor antagonists (ERAs; comprising of bosentan, ambrisentan, sitaxsentan and macitentan), and phosphodiesterase type 5

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(PDE-5) inhibitors (comprising of sildenafil, tadalafil) the prognosis of the PAH patients remains poor (Barst et al. 2009; Wu et al. 2013; Patel et al. 2015).

Bosentan was the first approved ERA to treat PAH. Bosentan is a specific and competitive antagonist at the endothelin-1 (ET) receptors acting on both receptor subtypes  $\text{ET}_A$  and  $\text{ET}_B$ ; although bosentan carries more affinity towards  $\text{ET}_A$  receptor subtype. Since ET plays a significant and central role in the pathogenesis and progression of PAH (Verhaar et al. 1998; Galie et al. 2004) the effective blockade of ET receptors by the pharmacologic intervention (i.e., bosentan) is expected to aid in reversing vasoconstriction and proliferative properties of the ET peptides which are overwhelmingly produced in the PAH patients.

Bosentan is a compound with interesting pharmacokinetic properties that includes high protein binding, cytochrome P450 (CYP)-related metabolism, altered pharmacokinetics due to auto-induction, phase 2-related metabolisms, and involvement of drug transporters in its biliary excretory pathways (Weber et al. 1999a, 1999b; Dingemanse et al. 2004). Owing to the above properties, bosentan is a candidate that has the propensity to manifest drug-drug interaction potential with the co-administered drugs, either being a perpetrator or a victim, as the case may be.

#### Scope

The focus of the review is manifold: a) to provide an overview of the physiological role including the CYP enzymes and hepatic-biliary transporters that govern the drug disposition of bosentan; b) to provide the mechanistic basis for the purported liver injury caused by bosentan and other drugs that belong to the ERA class; c) to review the various drug-drug interaction clinical studies of bosentan either as a perpetrator or victim due to the interplay with CYP and/or transporters (Table 1); d) to provide some perspectives on the dosing strategy in lieu of the complicated disposition of bosentan.

#### Salient features of human disposition of bosentan

Regardless of intravenous or oral dosing, almost complete recovery (i.e., 92 to 95%) of the radioactivity of the administered dose occurred in 3 to 5 days in human subjects (Weber et al. 1999b). Almost negligible radioactivity was observed in the urine suggesting that renal pathway was insignificant for the overall disposition of bosentan. Since majority of the radioactivity was found in the feces, biliary excretion played a critical role in the disposition of bosentan. It was noted that the majority of the circulatory radioactivity, without regard to oral or intravenous route, was represented by the intact parent drug (75 to 80%) and the remainder of radioactivity was represented by the two major metabolites of bosentan, namely: Ro 48-5033 and Ro 47-8634 (Weber et al. 1999b).

Therefore, the data clearly established that hepatic metabolism was an important component for the elimination of bosentan followed by an effective biliary excretion of both intact bosentan and the metabolites (Weber et al. 1999b). Since the half-life for bosentan was short (4–5 h), it necessitated every twelve hour (q12h) oral dosing of bosentan (Webber et al. 1999a). CYP3A4 and CYP2C9 are responsible for the metabolism of bosentan and inhibition of these two enzymatic pathways may cause enhanced oral bioavailability of bosentan. Also, any degree of hepatic dysfunction can potentially alter the pharmacokinetics of bosentan because of dependence on the hepatic metabolism. Upon multiple dosing, bosentan caused time-dependent auto-induction of CYP3A4 enzymes reducing its own exposure (Webber et al. 1999a) and as a consequence of auto-induction the pharmacokinetics of the co-administered drugs that are metabolized by CYP3A4 enzyme may potentially get affected.

#### Understanding molecular mechanisms

#### Role and functionalities of enzymes and transporters

Fahrmayr et al. (2013) investigated the liver uptake of bosentan, formation of Phase 1 metabolite(s), conjugative Phase 2 metabolic reactions, and efflux of the Phase 2 metabolite of bosentan using transfected cell lines that carried multiple functionalities. In order to achieve, they developed a MDCKIIOATP1B1-CYP3A4-UGT1A1-MRP2 quadrupletransfected cell line (Figure 1).



**Figure 1.** Schematic representation of the quadrupole transfected cell lines that carries various enzymatic and transporter functions: 1) hepatic uptake transporter (OATP1B1); 2) Phase 1 metabolism (CYP3A4); 3) Phase 2 metabolism (UGT1A1) and 4) biliary excretion *via* efflux (MRP2) transporters.

	Study Particulars	Ph	armacok	inetic ]	parameter	6	
Drug	Subjects, Dose Design	Type	C <sub>max</sub> (ng/ml)	$\mathbf{T}_{\max}^{\mathbf{T}}$	AUC (ngxh/ml)	CL/F (ml/ min)	Key conclusions
Sildenafil	N = 55 Double blind aloreby controlled multiple does chide for	Day 10 Bocenton		100	5004		Sildenafil increased the steady state AUC of bosen-
al. 2008)	Double build placego controlled, inductore dose study for 17 days; sildenafil: 80 mg tid;	Bosentan +	912	2.82	320 <del>4</del> 4355		AUCtau of sildenafil by 2.9-fold on day 16. Interesting
	Three separate groups categorised:	sildenafil					enzymatic and transporter related interactions were
	Sildenatil + placebo group; <i>n</i> = 18 Bosentan + sildenafil øronn: <i>n</i> = 18	Day 16 Bosentan	12.79	2.71	5337	I	reasoned to explain the DDI between the two drugs. Since very high dose of sildenafil and a standard dose
	Bosentan and sildenafil PK comparisons at steady state on	Bosentan +	1547	2.85	6925	I	of bosentan were used in the DDI study, the clinicians
	both days 10 and 16 with and without sildenafil	sildenafil					need to be cognizant of this mutual PK interaction.
Simvastatin	N = 9						Simvastatin had no influence on the pharmacoki-
(Dingemanse	Three period randomized multiple dose crossover with	Treatment 1	1006	3.5	4586	I	netic disposition of bosentan and/or its metabo-
et al. 2003)	3 treatments		112"	4.0 <sup>ª</sup>	551"	I	lites. Bosentan markedly reduced the exposure of
	Ireatment 1: 125 mg, bosentan, q12 n (5.5 days) Treatment 2: 40 mg. simvastatin. 624h (6 days)	Treatment 3	1118	ц с	4928	I	both sunvastatin and its active metabolite by 34 and 46%, respectively Due to the auto-inducing
	Treatment 3: 125 mg bosentan, $a12h$ (5.5 davs) + 40 mg		$114^{a}$	$4.0^{a}$	628 <sup>a</sup>	I	effects by bosentan, the lipid lowering effective-
	simvastin, q24 h (6 days)						ness of simvastatin needs to be monitored in the
	Bosentan and simvastatin PK comparisons at steady state on the last day of dosing						clinical practise.
Lopinavir/	N = 12						Lopinavir/ritonavir increased the exposure of
ritonavir	Two period randomized multiple dose crossover with	Treatment 1	835	I	3630	I	bosentan and its key metabolite (R0-48533) by
(Dingemanse	three treatments		83.6 <sup>a</sup>	T	$492^{a}$	I	5-6 fold. Interestingly, trough concentrations
et al. 2010)	Treatment 1: 125 mg bosentan, q12 h (9.5 days)						for bosentan increased during combination
	Treatment 2: 400 mg lopinavir/100 mg ritonavir, q12h	Treatment 3	3984	I	18958	I	but decreased from day 4 onwards. The PK of
	(9.5 days)		$442^{a}$	I	$2394^{a}$	I	Lopinavir was marginally affected by bosentan;
	Treatment 3: 125 mg bosentan, q12h (9.5 days) + 400 mg						however, the PK of ritonavir was not affected by
	lopinavir/100 mg ritonavir						bosentan. Based on the data, HIV patients who
							are on ritonavir boosted protease inhibitors may
							be at a risk of substantially higher exposure of
							bosentan and appropriate dose adjustment may
Digovin	N = 18	Treatment 2	3760		12600		De necessary Dignorin did not alter the nharmacokinetics of
(Weber et al.	Two period randomized crossover study, open label with	(day 14)	2400	I	14000		bosentan at steady state when compared to litera-
(b999d)	two treatments and 2-weeks washout	~					ture data. The auto-induction of CYP3A4 was evi-
	Treatment 1: LD 0.375 mg day 1 and daily dosing of dig-						dent since trough bosentan levels dropped >5-fold
	oxin for the next 13 days at 0.375 mg						during the study. Bosentan did not influence the
	Treatment 2: LD 0.375 mg day 1 and daily dosing of dig-						pharmacokinetics of digoxin. There is no need of
	oxin for the next 13 days at 0.375 mg + daily dose of 500						dosage adjustments for either bosentan or digoxin

Table 1. Tabulation of clinical study information, pharmacokinetic parameters and key conclusions for the various drug-drug interaction studies with bosentan

Table continued on next page

	Study Particulars	Ph	armacok	inetic ]	parameters		
Drug	Subjects, Dose Design	Type	C <sub>max</sub> (ng/ml)	$\mathbf{T}_{\max}$ (h)	AUC (ngxh/ml)	CL/F (ml/ min)	Key conclusions
Glyburide	N = 12	Treatment 1	754	2.5	3495	1	Glyburide decreased the exposure of bosentan
(van Giers-	Two period randomized cross over study with two treat-		70.8 <sup>a</sup>	$4.5^{a}$	428 <sup>a</sup>	I	by approximately 30%. Bosentan decreased the
bergen et al.	ments with a washout of at least 19 days	E	Ē	~			exposure of glyburide by 40%. Therefore caution
20020)	Ireaument 1: Dauy 412 n dosing 01 125 mg bosentan (10 davs) + from davs 6–10 daily ما 64 dosing of 25 mg of	Ireaument 2	1/5 53 <sup>a</sup>	ر 4 ج <sup>م</sup>	24/2 320 <sup>a</sup>	1 1	neeus to be exercised when the two drugs are co- administered as the exposures get reduced and
	glyburide		)		1		may have a consequence on the efficacy of the
	Treatment 2: Daily q12 h dosing of 2.5 mg glyburide (10 days) + from days 6–10 daily q12h dosing of 125 mg of bosentan						two agents.
Clarithromy-	N = 16	Day 1	1890	ı	11900	176	The exposure of bosentan was increased by >3.3-
cin (Markert	Open label, single sequence, non-randomized study that				662 <sup>a</sup>	I	fold by clarithromycin. The increased exposure
et al. 2013)	involved daily dosing of bosentan to steady state						was much greater than what was observed with
	Dosing period of 125 mg q12h bosentan was done for 14	Day 10	1460	I	6830	305	ketoconazole suggesting involvement of other
	days. Clarithromycin dose of 500 mg/q24h was admin-				$497^{a}$	I	pathway(s) outside of CYP3A4 inhibition to ex-
	istered from day 11 to day 14 along with 125 mg q12 h						plain the increased bosentan exposure. In lieu of
	bosentan.	Day 14	5570	I	25500	81.7	the interaction with clarithromycin, dosage adjust-
	Bosentan PK was established on day 1 (sd), day 10				$1510^{a}$	I	ment of bosentan is necessary when the two drugs
	(steady state alone) and day 14 (steady state with clari-						are co-administered.
	thromycin						
Treprostinil	N = 24	Treatment 2	1392.7	ю	5826.6	23.2	The pharmacokinetics of bosentan was not altered
(Gotzkowsky	Open label, 3-sequence randomized crossover study with		$138.5^{a}$	$4^{a}$	786.8 <sup>a</sup>	177 <sup>a</sup>	by the co-administered treprostinil. Likewise
et al. 2010	three treatments. Washout of 5 days between treatments.						bosentan did not lead to altered pharmacokinetic
	Treatment 1: oral treprostinil SR 1 mg, q12h. alone for	Treatment 3	1537.6	4	6093.0	22.9	disposition of treprostinil. The two drugs could be
	4.5 days		$145.7^{a}$	$4^{a}$	798.9 <sup>a</sup>	$181^{a}$	administered together without any consequences
	Treatment 2: Bosentan 125 mg, q12h alone (4.5 days)						of a drug-drug interaction.
	Treatment 3: Treprostinil SR 1 mg, q12h (daily for 4.5						
,	days) + bosentan 125 mg	į					
Ketoconazole	N = 10	Treatment					Ketoconazole significantly increased the exposure
(van Giers-	Open label, randomized two-way crossover with 2 treat-	1	617	4.5	4234	I	to bosentan at steady state by >2-fold in the short
bergen et al.	ments. Washout of $7-8$ days between treatments.	Day 1	$34.4^{a}$	$4.5^{a}$	$522^{a}$	I	study duration. The exposure to metabolite(s) was
2002c)	Treatment 1: Bosentan sd, 62.5 mg on day 1; from days		516	4.5	2744	I	reduced by 20-25% with ketoconazole. Bosentan
	2–6 62.5 mg, q12h and on day 7 sd 62.5 mg	Day 7	$41.6^{a}$	$4.5^{d}$	$309^{d}$	I	dosage adjustment would be necessary due to this
	Treatment 2: Bosentan, 62.5 mg, q12h from days 1–5						interaction.
	and on day 6 sd 62.5 mg + Ketoconazole, 200 mg, q24h	Treatment 2	1005	4.5	6093	I	
	from days 1–6	Day 6	$70.4^{a}$	$4.5^{a}$	$494^{a}$	I	
Cyclosporine	N = 10	Treatment	4743	2.9	24780	I	There was a significant exposure in the exposure
(Binet et al.	Double blinded, randomized, placebo controlled, crosso-	1					of bosentan due to cyclosporine. However, the ex-
2000)	ver study		7916	4.3	48900	I	posure of cyclosporine at steady state was reduced
	Treatment 1: Bosentan 500 mg, sd	Treatment 2					by bosentan. Also, cyclosporine trough levels were
	Treatment 2: Bosentan, 500 mg, q12h for 7.5 days +						also reduced by bosentan. Dosage adjustments of
	cyclosporine, 300 mg, q12h for 7.5 days						both drugs need to be considered during the co- administration

Srinivas

	Study Particulars	Pha	rmacok	inetic p	arameters		
Drug	Subjects, Dose Design	Type (	C <sub>max</sub> [ng/ml]	T <sub>max</sub> (h) (	AUC ngxh/ml)	CL/F (ml/ min)	Key conclusions
Tadalafil	N = 14	Treatment 1					Tadalafil did not alter the pharmacokinetic dis-
(Wrishko et	Open label, randomized, 3- way crossover study, with three	Day 1	1890	3.5	7540	I	position of bosentan. However, the exposure of
al. 2008)	drug treatments and washout of at least 7 days	Day 10	1190	4.0	4700	26.6	tadalafil was reduced by bosentan by almost 40%.
	Treatment 1: Bosentan, 125 mg, q12h for 10 days	Treatment 3					The co-administration of tadalafil with bosentan
	Treatment 2: Tadalafil, 40 mg, q24h for 10 days	Day 1	2020	3.0	8200	I	may need dosage adjustment for tadalafil but not
	Treatment 3: Bosentan, 125 mg, q12h for 10 days +	Day 10	1420	3.9	5330	23.4	for bosentan in the PAH patients.
	Tadalafil, 40 mg, q24h for 10 days	·					
Rifampicin	N = 10	Treatment 1	1097	4.5	4127	I	Coadministration of rifampicin decreased the
(van Giers-	Open label, randomized, 2-way crossover, steady state		115 <sup>a</sup>	$4.5^{a}$	641 <sup>a</sup>	I	exposure of bosentan and its key metabolite. Also,
bergen et al.	study						rifampicin shortened the peak time of bosentan
2007)	Treatment 1: Bosentan, 125 mg, q12h for 6.5 days	Treatment 2	515	ю	1748	I	and led to a faster elimination of bosentan (7.9 h vs
	Treatment 2; Bosentan 125 mg, q12h for 6.5 days + Ri-		76.4 <sup>a</sup>	$4^{a}$	$341^{a}$		5.8 h half-life value). The effects of rifampicin are
	fampicin, 600 mg, q24h for 6 days						consistent with its CYP3A4 induction capacity.
<sup>a</sup> the pharmac	cokinetic data of Ro 48-5033, the key metabolite of bosentan,	wherever avail	able; AU	C, area	under the	plasma con	centration vs. time cure; C <sub>max</sub> , peak concentration;
CL/F, apparen	nt oral clearance; DDI, drug-drug interaction; PK, pharmaco	kinetics; T <sub>max</sub> , t	ime to p	eak cor	ncentration	; q12h, eve	y twelve hour; q24h, every twenty four hour.

Prior to this ground breaking work of Fahrmayr et al. (2013), characterization of oxidative metabolites formed *via* CYP3A4 and CYP2C9 enzymes was available (Figure 1) (Weber et al. 1999b; van Giersbergen et al. 2002a; Treiber et al. 2007). Also, the involvement of OATP1B1 transport for bosentan and Ro 48-5033 was also established with a Michaelis constant ( $K_m$ ) value of 44 mM and 60 mM, respectively (Treiber et al. 2007).

However, there was hitherto little information regarding the formation of Phase 2 metabolites of bosentan or the efflux of the Phase 2 metabolites or the parent drug into the bile. Since biliary excretion of bosentan and metabolites account for nearly 90% of the eliminated drug from the body (Weber et al. 1999b). The mechanism leading to the biliary secretion was important to identify. Previously, the work of Fouassier et al. (2002) has confirmed that bosentan alters the cannalicular bile formation by modulating predominantly the multidrug resistance-associated protein 2 (MRP2) transporter protein expression. Hence there was an impetus to fully understand the molecular mechanism to explain the disposition of bosentan from the time of its absorption to the final stage of biliary excretion.

The study involved firstly generation of a stable transfected cell line that carried the higher mRNA expression for each of the desired functionality that was incorporated to assess metabolism and transport function to reflect the intact in vivo system (Fahrmayr et al. 2013). Subsequently immunoblot analysis and quantification of microsomal enzyme activities ensured the functionality and viability of the transfected cell line for its intended application (Fahrmayr et al. 2013). Once the transfected cell line was operational, further optimization with vector transporter assays and midazolam probe testing ensured the technical applicability of the recombinant cell system for characterization of hepatobiliary elimination of bosentan (Fahrmayr et al. 2013). Accordingly, the use of transfected cell line suggested the involvement of uptake transporters as well as the formation of CYP3A4 mediated metabolites of bosentan. Most importantly, it confirmed the formation of bosentan glucuronide via UGT1A1 and efflux of both bosentan and bosentan glucuronide by the MRP2 efflux transporters.

The recent work of Fahrmayar et al. (2013), when put in context with the known disposition of bosentan (Webber et al. 1999b), enabled the detailed description of the metabolic pathways that govern the disposition of bosentan (Figure 2).

# *Putative mechanism(s) for liver injury via hepatobiliary transport*

Notwithstanding the clinical benefits of bosentan and sitaxsentan in the management of patients with PAH, both



**Figure 2.** Schematic representation of the various biotransformation involving Phase 1 (CYP3A4 and CYP2C9 enzymes) and Phase 2 (UGT1A1 enzyme) pathways relevant to bosentan.

bosentan and sitaxsetan produce elevated serum transaminase levels leading to liver toxicity (Rubin et al. 2002; Galie et al. 2011). In contrast in a long-term follow-up clinical study involving ambrisentan, the risk of elevation of serum transaminase levels were observed to be less of a concern (Oudiz et al. 2009). Interestingly, although elevations of serum transaminase levels >3 times upper limit of normal (ULN) was comparable between macitentan and placebo group, the analysis of data in patients with elevations of transaminase levels >8 times upper limit of normal (ULN) suggested that such an occurrence was 5-fold greater on macitentan as compared to placebo (Channick et al. 2015; TRACLEER \*product information).

One of the leading hypotheses that may lead to elevated serum transaminase levels and liver toxicity is cantered around perturbations of the hepatobiliary mechanisms involved in the efficient elimination of bile salts (Fattinger et al. 2001; Wang et al. 2003; Kemp et al. 2005; Morgan et al. 2010). These perturbations are due to the net effect which would involve multiple factors such as accumulation of bile salts intracellularly, inhibition of the transporter, altered metabolism and clearance of the bile salts.

The involvement of both uptake and efflux transporters of bile acids/salts are essential to keep a balance: a) uptake: Na+ taurocholate co-transporting polypeptide (NTCP) which is primarily participates in the liver uptake of bile acids and as well as on organic anion-transporting polypeptides which also contributes for the uptake transport of bile acids; b) efflux: Bile sat export pump (BSEP) which is responsible for the removal of bile components from the liver and multidrug resistance-associated protein 2 (MRP2). Both sitaxsentan and bosentan have been shown to inhibit one or more of uptake or efflux transporters; while sitaxsentan has been documented to inhibit NTCP, organic anion transporter protein (OATP) and BSEP (Hartman et al. 2010), bosentan was shown to inhibit MRP2 and BSEP (Fattinger et al. 2001; Kemp et al. 2005). The importance and key role of BSEP was confirmed in the preclinical transgenic mouse model where BSEP inhibition gradually progressed to severe and fatal cholestasis upon daily cholic acid feeding (Wang et al. 2001a, 2003). Furthermore, Morgan et al. (2010) showed strong correlation between inhibition of BSEP vs. reports of liver toxicity and in a follow-up study which involved a systematic evaluation of hundreds of marketed or withdrawn drugs it was shown that inhibition of BSEP at a certain threshold level was highly correlated with the incidence of liver injury in humans (Morgan et al. 2013). Adding to the evidence of the role of BSEP in causing liver toxicity were few other observations: a) BSEP deficiency due to hereditary defect was shown to cause end-stage liver disease (Strautnieks et al. 1998, 2008; Jansen et al. 1999); b) three case reports of patients with established hereditary BSEP deficiency who underwent liver transplantation re-developed cholestatic dysfunction after transplant and the titre of BSEP antibodies in these patients provided a temporal evidence of the potent inhibition of BSEP transport (Jara et al. 2009); however, immunosuppressive therapy reversed the cholestatic dysfunction in these patients linking the causative role of antibodies (Jara et al. 2009).

Therefore the recent work of Lepist et al. (2014) was focussed on the evaluation of various ERAs such as bosentan, ambrisentan, sitaxsentan and macitentan as potential candidates to influence the hepatobiliary transport and elimination of bile acids and bile salts with the key objectives of understanding possible mechanisms for clinical hepatotoxicity and relative capacities of the candidates to cause cholestatic liver injury.

The work was accomplished using the *in vitro* sandwich cultured human hepatocytes to ensure similarity and recreate the process to mimic the *in vivo* situation (Lepist et al. 2014). The work with sandwich cultured human hepatocytes enabled the study of hepatocellular accumulation and efflux of bile acid transport. In order to pin point the mechanisms of possible inhibition of key transporters, *in vitro* membrane vesicles or transfected cell lines were employed along with the study of model substrates as applicable (Lepist et al. 2014).

As shown in Figure 3a, the employment of sandwich cultured human hepatocytes suggested a concentrationdependent reduction in both total accumulation and cellular accumulation of  $d_8$ -taurocholate into the hepatocytes. At the top bosentan concentration of 100 µM, there was approximately 20–30% reduction in the accumulation of  $d_8$ -taurocholate. While the biliary efflux of d8-taurocholate appeared to be minimally effected, the biliary clearance of  $d_8$ -taurocholate was concentration-dependent (Figures 3b and 3c). To further understand the molecular mechanisms, the data from the hepatocyte transporter inhibitor assays



Figure 3. Relationship between bosentan concentration and the various intracellular processes comprising of accumulation, efflux and biliary clearance of the target marker ( $d_8$  – taurocholate).

are presented in Figure 4. The transporters that were maximally affected in the uptake category by bosentan were both OATP1B1 and OATP1B3 with an IC<sub>50</sub> of 5  $\mu$ M while NTCP inhibition needed a 7-fold higher concentration (Figure 4). With regard to efflux transporters, with the exception of BSEP (IC<sub>50</sub> value = 42.1  $\mu$ M), bosentan did not affect the other three transporters (Figure 4). Interestingly, in this study accumulation of all 4 ERAs was tested in sandwich cultured human hepatocytes (Lepist et al. 2014). The accumulation of bosentan, although relatively higher than ambrisentan, was found to be significantly lower as compared to either macitentan or sitaxsentan; macitentan was found to accumulate the most among all the four ERAs (Lepist et al. 2014). The characterization of hepatic uptake into human hepatocytes with and without rifampicin/cyclosporine suggested a 6-7-fold higher accumulation of macitentan as compared to bosentan and the presence of the transport inhibitors reduced the uptake of either bosentan or macitentan in a proportional manner (Lepist et al. 2014).

# Absorption profile dilemma in children relative to adults

Bosentan is subjected to solubility limited absorption at higher doses; however, the absorption up to 500 mg appeared to obey first order kinetics based on the dose proportional exposure observed in adults. However, at a dose of 1000 mg a clear plateauing of the area under the plasma concentration *versus* time curve (AUC) was observed suggesting that the saturation limit was exceeded (Weber et al. 1999a). In the study that involved clinical profile delineation and pharmacokinetic characterization of bosentan in children with PAH, it was observed that doses of 2 mg/kg and 4 mg/kg produced similar exposure suggesting that solubility limitation in absorption was achieved at a lower threshold in children as compared to adults where the threshold level was at 7 mg/kg (Beghetti et al. 2009). It was reasoned that discrepancy between adults and children was not due to metabolic or excretory mechanism but was attributable to a physical phenomenon of smaller stomach/intestinal lumen size which may limit the absorptive surface area. Another reason may also be due to specific window of absorption of bosentan in the gut and due to lesser surface area in children vis-à-vis adults it may translate into lower absorption of bosentan. However,



**Figure 4.** Influence of various uptake transporters (OATP1B1, OATP1B2, NTCP) and efflux transporters (BCRP, PGP, NRP2 and BSEP) that govern the disposition of bosentan.

the lower absorption profile was not a concern since the clinical activity of bosentan was as good as that observed in adults. In addition, this phenomenon was not just due to a formulation effect since it was observed for the suspension formulation also (Dingemasse et al. 2002).

# Drug-drug interaction studies

#### Sildenafil

The multiple dose study carried out by Burgess et al. (2008) showed mutual interaction between the two drugs. Bosentan and sildenafil are both substrates for CYP3A4 (Hyland et al. 2001; Dingemanse et al. 2004) and therefore it should be expected that there is a potential for competitive interaction with CYP3A4. However, since bosentan has the induction capability of CYP3A4 on repeated dosing, the propensity of such an interaction may be greater at steady state. Therefore, as a result of induced CYP3A4, a disproportionate reduction in the AUC of sildenafil was observed at steady state (Burgess et al. 2008). Further support to this observation was provided by an increased metabolite/parent ratio for sildenafil. The pharmacokinetic data obtained on day 10 after daily dosing bosentan, indicated lack of interaction potential of bosentan on the exposure of sildenafil; suggesting the importance of the duration of the study to detect the interaction (Burgess et al. 2008). Hence from a physiological perspective, while the increased duration of daily treatment with bosentan will induce CYP3A4 enzyme, the propensity may differ from individual to individual. Also, it may be important to carry out the interaction study with bosentan for at least 2 weeks. As a consequence of this interaction at therapeutically relevant bosentan doses, the exposure to sildenafil was substantially decreased. However, the formation of the active metabolite of sildenafil may have somewhat compensated for the reduced parent levels from a PD/efficacy perspective.

Since bosentan is also a substrate for CYP3A4 the auto induction of CYP3A4 expression by bosentan can lead to its own rapid metabolism (Weber et al. 1999a; Dingemanse et al. 2004). Therefore, the steady state data in this study with the placebo reflects the reduced exposure of bosentan due to auto-induction phenomenon (Burgess et al. 2008). Once again glaring difference was observed between the exposure values of bosentan on day 10 vs. day 16 (Burgess et al. 2008). However, in the presence of sildenafil, the bosentan exposure increased suggesting that sildenafil directly was competing with bosentan for metabolism with CYP3A4 (Burgess et al. 2008). Also, it is possible that competition may have occurred at the OATP/BCRP transporter level for a possible inhibition of the uptake or efflux transport of bosentan leading to an increased exposure when dosed together (Treiber et al. 2007).

Because both sildenafil and bosentan are approved drugs for the treatment of PAH and in combination have been shown to be a promising therapeutic option for PAH (Hoeper et al. 2004; Mogollon et al. 2006), it may be very important to carefully review such an interaction to ensure the efficacy and/or safety is not compromised.

#### Simvastatin

While simvastatin did not influence the disposition of bosentan, the co-administration of bosentan significantly reduced the exposure of simvastatin (Dingemanse et al. 2003). It was not expected that simvastatin would alter the pharmacokinetics of bosentan since it is not known to be an inhibitor or inducer of CYP3A4 or CYP2C9 (Prueksaritanont et al. 1997). However, there was a potential for a possible interaction *via* the lactone of simvastatin which has the capacity to inhibit Pgp-related efflux transport (Wang et al. 2001b). But the pharmacokinetics of bosentan was not altered in this study (Dingemanse et al. 2003) suggesting that perhaps bosentan is not a substrate for Pgp efflux. However, it is conceivable that given the reduced exposure of simvastatin it may have not achieved the required threshold *in vivo* to elicit Pgp inhibition (Wang et al. 2001b).

A number of interesting observations were noted in this drug-drug interaction study (Dingemanse et al. 2003). There was a continuous drop in the Ctrough of bosentan starting from day 2 and until the day of the full pharmacokinetic profiling. The phenomenon occurred with or without the presence of simvastatin, suggesting that even a substrate such as simvastatin was not able to arrest the auto-induced bosentan metabolism by competing with the CYP3A4 enzymes (Dingemanse et al. 2003). Therefore, it was not surprising that bosentan pharmacokinetics was unaltered in the study. On the contrary, the pharmacokinetics of simvastatin and its metabolite were altered (Dingemanse et al. 2003) because of the strong dependence of both simvastatin and metabolite on CYP3A4 enzyme (Prueksaritanont et al. 1997). The lack of any noticeable impact on the  $C_{max}$  of either simvastatin or metabolite by bosentan suggested that hepatic CYP3A4 was being induced rather than intestinal CYP3A4.

The study provided some interesting clues from a mechanistic perspective (Dingemanse et al. 2003) which could be deduced in relation to a previous study (Kyrklund et al. 2000). The other known CYP3A4/CYP2C9 inducer namely rifampicin showed a 2–3-fold higher reduction of simvastatin and its metabolite when co-administered in a multiple dose study (Kyrklund et al. 2000). The larger impact in the reduction suggested that rifampicin may affect the presystemic metabolism of simvastatin and its metabolite as well as the hepatic metabolism; as a result of this interaction even the half-life values of simvastatin and its metabolite were altered (Kyrklund et al. 2000). In comparison to rifampicin, bosentan appeared to be a milder auto-inducer (Dingemanse et al. 2003). In a head to head study, the assessments of the *in vivo* induction capacities of both rifampicin and bosentan was made using R-warfarin as a specific substrate. The exposure of R-warfarin was reduced by 1.6-fold by bosentan in relation to a 3-fold reduction by rifampicin (Heimark et al. 1987; Weber et al. 1999c). Typically auto-inducing effects are observed for compounds that are either constitutive adrostane receptor (CAR) or pregnane XR receptor (PXR) agonists (Fuhr 2000; Quattrochi and Guzelian 2001).

#### Lopinavir/ritonavir

Although lopinavir is a CYP3A4 substrate, the autoinduction caused by bosentan apparently had no bearing on its pharmacokinetics (Dingemanse et al. 2010). Because of elevated bosentan levels it would be expected that it may have an indirect consequence on the exposure of lopinavir but the data was not suggestive of such an occurrence (Dingemanse et al. 2010). However, it was interesting to note that the trough levels of lopinavir continued to fall during the co-administration of bosentan. The same phenomenon was not observed for ritonavir (Dingemanse et al. 2010).

Bosentan trough levels initially went up during the co-administration with lopinavir/ritonavir presumably as a direct result of CYP3A4 inhibition. However after day 4, the trough levels of bosentan declined steadily during the course of the treatment (Dingemanse et al. 2010). While the steady-state trough levels of bosentan declined, the extent of exposure of bosentan increased during the co-ingestion of the drugs (Dingemanse et al. 2010). This strongly suggested that the increased bioavailability of bosentan during the coadministration lopinavir/ritonavir was mediated by the inhibition of the intestinal CYP3A4 by ritonavir. However, since induction of hepatic CYP3A4 was imminent as a result of excess bosentan generated by the ritonavir interaction, it led to the continuous drop of bosentan in spite of its increased bioavailability. The hypothesis that ritonavir inhibited the CYP3A4 metabolism of bosentan is well supported by the well-established role of ritonavir in CYP3A4 inhibition (Greenblatt and Harmatz 2015; Greenblatt 2016). In order to explain the >5-fold increase in exposure (Dingemanse et al. 2010), it was postulated that another mechanism may be involved because ketoconazole a very potent CYP3A4 inhibitor only caused a 2-fold increase in AUC of bosentan (van Geinsberg et al. 2002a).

Both bosentan and R0-48533 are substrates for OATP1B1 (Treiber et al. 2007) and therefore, it is possible that ritonavir, a potent inhibitor of OATP1B1 as demonstrated by the interaction study with statins (Hirano et al. 2006) would have additionally inhibited the hepatic uptake of bosentan and its metabolite leading to a substantially higher exposure of bosentan than would be expected from CYP3A inhibition alone.

# Digoxin

Because digoxin is a substrate for Pgp, the study was rationalized that high daily doses of bosentan may influence the Pgp efflux mechanisms both at the intestinal and renal level (Webber et al. 1999d). The concomitant daily intake of bosentan may alter the pharmacokinetics of digoxin, a drug that needs to be carefully titrated given its narrow therapeutic index.

From a physiological perspective it was not expected that the two drugs would pose a challenge of drug-drug interaction when given together. This is because the metabolic fate of bosentan is controlled by hepatic metabolism and biliary excretion; while that of digoxin is primarily governed by kidneys *via* renal elimination of the intact drug.

The physiological mechanism for both control/regulation of systemic and renal hemodynamics is mediated via ET-1 (Clavell and Burnett 1994; Noll et al. 1996). Especially in certain pathological conditions inclusive of renal failure, elevated systemic levels of ET-1 have been reported (Clavell and Burnett 1994; Pernow et al. 1998). In a pig model, the renal vasculature was found to respond to the vascoconstricting effect of ET-1 (Pernow et al. 1998). In a similar situation, renal vasculature in man expresses ET-1 receptors and the intravenous infusion of ET-1 in healthy humans caused decreased renal blood flow as a direct consequence of increased renal vascular resistance (Maguire et al. 1994). Hence it was postulated that drugs such as bosentan which is a potent ETA-specific ET-1 receptor antagonist may provide therapeutic benefit in acute and chronic renal failure by modulating the renal blood flow (Ignasiak et al. 1997).

The consequence of increased renal blood flow may have a bearing on the digoxin elimination since it augments the tubular secretory clearance of digoxin (Koren 1987). Such a drug-drug interaction is not uncommon for digoxin since it has been shown to occur with hydralazine or sodium nitroprusside in congestive heart failure patients on a standard digitalization therapy (Cogan et al. 1981). Another area that contributes for the renal tubular elimination of digoxin is the Pgp mediated efflux mechanism (Dorian et al. 1988) The blockade of Pgp-mediated efflux by cyclosporine led to very high circulatory levels of digoxin (Dorian et al. 1988).

In the short duration of 1-week co-administration of bosentan at a relatively high dose, there was a minimal alteration in the steady-state pharmacokinetics of digoxin; there was a slight reduction in the numerical AUC values for digoxin at steady state (Weber et al. 1999d). Due to high-dose administration of bosentan, it translated into a significant drop in the trough levels of bosentan of >5-fold within the first week of administration. However, digoxin did not alter the pharmacokinetics of bosentan (Weber et al. 1999d).

# Glyburide

The PK study was originally planned to address the possibility that the increase in liver transaminase levels was related to an increased bosentan interaction when coadministered with glyburide in patients with chronic heart failure on both drugs (van Giersbergen et al. 2002b).

Because bosentan is a moderate inducer of number of CYPs such as CYP3A4, CYP2C9, CYP2C19, the study confirmed that glyburide was a substrate for the various CYPs that bosentan was likely to induce (van Giersbergen et al. 2002b).

While the study did not find a pharmacokinetic reason to explain the increased liver transaminase levels, it proposed an interesting mechanism where both bosentan (with active metabolite, Ro-58533) and glyburide could potentially act synergistically *via* inhibition of the bile salt export pump (BSEP) (van Giersbergen et al. 2002b). BSEP is necessary for the elimination of bile salts from the hepatocytes (Gerloff et al. 1998). BSEP inhibition has been proposed as a molecular mechanism for the induction of cholestatis (Bolder et al. 1999; Stieger et al. 2000).

Since bosentan and its metabolite can significantly inhibit BSEP (Fattinger et al. 2001) and when coupled with glyburide which can also independently inhibit BSEP (Steiger et al. 2000), the two in combination of the two drugs can cause an imbalance in the bile salt transport leading to accumulation and occurrence of severe cholestasis.

Interestingly, the CYP3A4 induction phenomenon of the two agents mutually was responsible for the reduction in the exposures of both drugs. However, the induction phenomenon has not been documented in an *in vivo* setting for glyburide. The work of Golstein et al. (1999) suggested that rather than Pgp induction it was the Pgp inhibition of glyburide that was the culprit. The inhibition of Pgp is not relevant because bosentan is not a substrate for Pgp and inhibition of Pgp, if any, as a result of glyburide coadministration should have only contributed for an increase in the bosentan levels.

# Clarithromycin

The increase in the exposure of bosentan was expected in a short study with clarithromycin since clarithromycin is a potent CYP3A4 inhibitor as well as other intestinal and hepatic uptake/efflux transporters (Markert et al. 2013). The magnitude of increase in the exposure of bosentan was unexpected and it was more than what was observed when bosentan was given with ketoconazole. (Markert et al. 2013). Since the study design incorporated measurements of midazolam clearance to monitor CYP3A4 activity, it was observed that bosentan CYP3A4-mediated clearance did not correlate with the CYP3A4-mediated clearance obtained by using the probe (i.e. midazolam) substrate (Markert et al. 2013). Because bosentan showed substantially decreased clearance, it was hypothesized that clarithromycin may additionally inhibit OATP1B1 and OATP1B3 (Seithel et al. 2007); whereas ketoconazole can only inhibit (OATP1B1 (Karlgren et al. 2012). Also, since there was a report that bosentan may also be a substrate to Pgp (Hartman et al. 2010), it was also likely that clarithromycin may have inhibited the Pgp efflux pump. However, CYP2C9 inhibition was ruled out since clarithromycin is not known to inhibit CYP2C9 (Bruce et al. 2001).

Because of the inclusion of midazolam probe in this study, it was possible to tease out the auto-induction related decreased clearance of bosentan. Since the clearance of bosentan far exceeded the CYP3A4-mediated midazolam clearance, it showed that auto-inducing effects may be extended to other enzymes/transporters. One possibility would be CYP2C9 induction which has been confirmed both *in vitro* (Weiss et al. 2011) and *in vivo via* CYP2C9 specific substrate S-warfarin (Weber et al. 1999c). Since bosentan is an auto-inducer of pregnane X receptor bosentan (van Giersbergen et al. 2002) can affect other targets including Pgp (Weiss et al. 2011). However, *in vivo* this does not appear to translate substantially as evidenced by almost marginal reduction in digoxin exposure on co-administration with bosentan (Weber et al. 1999d).

#### Treprostinil

Because treprostinil was metabolized to a small extent by CYP2C9, there was a slight possibility of drug-drug interaction since bosentan can induce CYP2C9. Therefore it was anticipated that there could be a reduction in the exposure of treprostinil. However, the data suggested no interaction between treprostinil and bosentan because the majority portion of treprostinil was subjected to metabolism by CYP2C8 (Gotzkowsky et al. 2010).

In light of a recently published work on treprostinil, there was an evidence of CYP3A activation in the rat liver after multiple dose treatment (Ghonem et al. 2012). However, such translatability has not been hitherto reported in humans. Perhaps a longer duration of dosing of treprostinil along with continuous daily dosing of bosentan may translate into more CYP3A4 induction; however, this hypothesis was not tested since the drug-drug interaction study was a single-dose study with bosentan (Gotzkowsky et al. 2010).

# Ketoconazole

In order to provide context to the drug-drug interaction study of bosentan with ketoconazole (van Giersbergen et al. 2002b) the following considerations are provided: a) bosentan has been shown to increase the urinary excretion of 6-beta-hydroxycortisol an endogenous marker of CYP3A4 activity by approximately 1.7-fold (Ged et al. 1989; Ohnhaus et al. 1989); b) bosentan has been unequivocally shown to decrease the exposure of cyclosporine and Rwarfarin (Weber et al. 1999c; Binet et al. 2000) both being CYP3A4 substrates and S-warfarin (Weber et al. 1999c) being a CYP2C9 substrate).

In contrast to what was observed for bosentan with the co-administration of ketoconazole (van Giersbergen et al. 2002c) midazolam whose clearance is solely mediated by CYP3A4 but with a similar bioavailability as bosentan (Garzone et al. 1999) showed significant interaction with keto - resulting which resulted in a 16-fold increased exposure of midazolam (Tsunoda et al. 1999). However, in this study bosentan showed a modest 2-fold increase in its exposure (van Giersbergen et al. 2002b). One possible reason for the subdued increase in the levels of bosentan may be that bosentan underwent metabolism and/or excretion through other pathways independent of the effect(s) of ketoconazole. Also another speculative hypothesis was that since bosentan can auto induce CYP3A4 enzymes on repeated dosing, the increased CYP3A4 levels may negate the complete effect of ketoconazole.

## Cyclosporine

The design of the interaction study of bosentan and cyclosporine was prompted by the hypothesis that there may be therapeutic benefit offered by bosentan to improve the renal hemodynamics in renal transplant patients (Binet et al. 2000). Because cyclosporine caused renal toxicity mediated by vasoconstrictive effects, the presence of bosentan may possibly attenuate the toxicity by modulation of the renal vascular tone in general (Perico et al. 1990; Fogo et al. 1992). Accordingly, significant improvement in the renal perfusion volume was noted in the study in bosentan-treated cohorts and more importantly, bosentan completely arrested the renal hypoperfusion and the typical bi-modal fall of the renal perfusion peak in the cyclosporine cohort (Binet et al. 2000). Because the upward dose titrations of cyclosporine were done throughout the study, the positive effects of renal hemodynamics can be attributed to the bosentan effects but not due to reduced cyclosporine exposure (Binet et al. 2000). Another important point to note was that bosentan was unable to control the cyclosporine-related rise in the systemic blood pressure suggesting that the mechanism(s) for the rise in the blood pressure may be independent of ET receptor modulation (Binet et al. 2000).

Since the exposure of bosentan increased and that of cyclosporine decreased, necessitating upward dose titrations of cyclosporine (Binet et al. 2000), there may be overlap of molecular mechanisms to explain the observed interaction. Since both bosentan and cyclosporine are substrates to CYP3A4, the auto-induction of CYP3A4 by bosentan should have led to the lower exposure of both drugs. While cyclosporine is also a potent inhibitor of CYP3A4, the inhibition of CYP3A4 must have overcome the auto-inducing capacity to elevate bosentan levels. Because it is somewhat farfetched to use this hypothesis, two other alternate mechanisms are proposed: a) the inhibition of CYP3A4 by cyclosporine is more directed towards intestinal CYP3A4; b) the auto-induction of CYP3A4 is primarily at the hepatic level. Hence, differential metabolism of bosentan and cyclosporine may have occurred due to the relative affinities of the two drugs and differences in the CYP3A4 expression between the intestine and liver. Since cyclosporine can also effectively block the liver uptake of bosentan, it may be possible that lower induction of CYP3A4 may have occurred and consequent to both mechanism increased bosentan was observed in the presence of cyclosporine. One other alternate mechanism relates to the competition of Phase 2 metabolism and biliary excretion: it may be possible that cyclosporine may preferentially get conjugated and excreted via bile as compared to bosentan leading to decreased cyclosporine and increased systemic levels of bosentan. Indirect evidence to this hypothesis was supported by an increased bioavailability of cyclosporine when co-administered with tigecycline whose disposition is governed by significant biliary excretory pathway (Srinivas 2009).

# Tadalafil

The well-planned steady-state pharmacokinetic interaction study between tadalafil and bosentan suggested drug-drug interaction potential (Wrishko et al. 2008). However, unlike sildenafil, another member of the same PDE-5 class (Burgess et al. 2008), tadalafil did not influence the exposure of bosentan in this study. The reduced exposure of tadalafil, a substrate for CYP3A4 enzyme, was attributed to the autoinduction of the CYP3A4 enzymes produced by bosentan. Therefore, although the exposures of the two PDE-5 inhibitors are reduced by concomitant bosentan treatment, it was interesting to note that sildenafil but not tadalafil reduced the exposure of bosentan. The above observations need to be factored in making a drug combination strategy of a PDE-5 inhibitor with bosentan in the clinic based on the PAH patient's requirement.

#### Rifampicin

The pharmacokinetic interaction study between rifampicin and bosentan suggested drug-drug interaction potential (van Giersbergen et al. 2007). As expected, a 6-day treatment with rifampicin resulted in a 2 to 2.5-fold reduction in the steady state exposure of bosentan and its metabolite. Since bosentan can cause auto-induction, the data with rifampicin suggested additivity of the two drugs in the activation of the pregnane X nuclear receptor (van Giersbergen et al. 2002d).

# Perspectives

The number of drug-drug interaction studies covered in this review when put in context with the mechanistic aspects unequivocally demonstrates that the use of bosentan needs be done with caution. However, this should not deter the clinical utility of bosentan in PAH patients if: a) suitable dosage adjustment(s) of either bosentan or the co-administered drug is made; b) appropriate monitoring protocol is in place to verify the clinical use of the drug combination from a safety angle.

On the issue of auto-induction caution needs to be exercised since it may not universally affect all the coadministered drugs. This was evident with lack of effect on the pharmacokinetics of lopinavir, a CYP3A4 substrate, in spite of CYP3A4 induction caused by bosentan. However, it should be noted that the presence of ritonavir, a potent CYP3A4 inhibitor, as part of the lopinavir regimen may have somewhat arrested CYP3A4-related metabolism of lopinavir. As noted in the review, ketoconazole was able to modestly decrease the exposure of bosentan as compared to midazolam suggesting that there may other mechanism(s) in play for bosentan. Therefore, if any new drug is added to bosentan, the auto-inducing effects (victim or perpetrator) need to be considered in a diligent manner.

Since biliary excretion of the intact parent drug and its formed metabolites are critical for the disposition of bosentan, it may be very important to review the clinical pharmacology of the co-administered drugs to understand the degree of involvement of biliary excretory pathways in its elimination. In case biliary excretory mechanisms are involved for the co-administered drugs, it needs to be ascertained if the co-administered drug can be classified as a victim or a perpetrator for arriving at appropriate dosing decisions.

Given the increased consumption of flavonoids as dietary supplements, the PAH patients who are on stable therapy with bosentan need to be cautious of including dietary supplements that have flavonoids (Srinivas 2015a). Because the disposition of several flavonoids such as biochanin A, baicalin, quercetin etc. are controlled by presystemic metabolism with the formation of Phase 2 conjugates and involvement of biliary excretory mechanisms with transporters (Srinivas 2010, 2015a, 2015b), opportunity exists for a drug-drug interaction potential of flavonoids when consumed with concomitant bosentan administration. Dosing considerations of bosentan and monitoring may be critical for patients that have varying degrees of hepatic impairment, elderly patients who generally exhibit reduced hepatic metabolism, and/or patients who may suffer from not having a fully functional biliary excretory pathway. The administration of bosentan to such patients needs to be done with caution because any impediment to metabolism and biliary excretion mechanisms may increase the exposure of bosentan.

If one suspects a reduced exposure of bosentan (victim) with the co-administered drug such as rifampicin (perpetrator), it may be important to consider the following course of actions in the interest of preserving efficacy in PAH patients: a) switch the perpetrator drug to an alternative agent that may not or minimally exhibit drug-drug interaction with bosentan; b) if increasing the dose of bosentan does not represent an viable option and the switch of the perpetrator drug is not an optimal approach, it may be important to replace bosentan by another ERA.

# Conclusions

Bosentan is an important drug for the treatment of PAH patients. The disposition of bosentan is largely influenced by the physiological interplay of CYP enzymes and transporters. The other phenomena such as auto-induction, high protein binding and extensive Phase 2 metabolism may need to be considered along with the inspection of the roles of CYP enzymes and transporters in determining the extent of drug-drug interaction potential that bosentan may display with the co-administered drugs. Regardless of bosentan being a victim or perpetrator, the clinical treatment with bosentan need to be carefully weighed in for the dosing decisions in PAH patients who are on other concomitant drugs. Along with the efficacy in PAH patients, the possible role of bosentan on the biliary transporters need to be cautiously viewed for any potential safety issues arising due to liver injury. Despite reports of liver injury, bosentan represents a useful drug in the effective management of PAH. As in any chronic therapy, the continuous assessment(s) of benefit:risk appears to be a good practise in making continuous dosing decisions with bosentan.

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