

## Recombinant beta interferon could clear the low-dose infected porcine reproductive and respiratory syndrome virus (PRRSV) in MARC-145 cells

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**Summary.** – Porcine reproductive and respiratory syndrome virus (PRRSV) causes one of the most economically devastating and pandemic porcine diseases. Previous study has shown that MARC-145 cells pretreated with recombinant IFN- $\beta$  (rIFN- $\beta$ ) couldn't develop cytopathic effect (CPE) of PRRSV. However, up to date, it is not clear whether MARC-145 cells post-treated with rIFN- $\beta$  could develop CPE of PRRSV. The present work showed that the MARC-145 cells didn't develop the CPE at 120 hr post-infection (p.i.) with low-dose of PRRSV when the cells were pre-treated with rIFN- $\beta$  (Group 1), post-treated with rIFN- $\beta$  at 4 hr p.i. (Group 2), or post-treated with rIFN- $\beta$  at 8 hr p.i. (Group 3), while the MARC-145 cells could develop CPE when the cells were infected with high-dose PRRSV and then treated with rIFN- $\beta$  at 24 hr p.i.. Furthermore, the indirect immunofluorescence assay confirmed that there were a few N protein-positive cells in the high-dose infected cells in Group 1, Group 2 and Group 3, while there were no N protein-positive cells in the low-dose infected cells in all rIFN- $\beta$  treatment groups. In addition, the numbers of N protein-positive cells in high-dose infected cells (MOI = 10) in Group 1 were lower than that in Group 2 and Group 3. The results above demonstrated that both pre-treatment with rIFN- $\beta$  and an earlier post-treatment with rIFN- $\beta$  could inhibit the PRRSV replication and could clear the low-dose infected PRRSV, which indicated that the rIFN- $\beta$  had efficient antiviral activities when the cells have been infected with PRRSV.

**Keywords:** PRRSV; recombinant IFN- $\beta$

### Introduction

PRRSV, a positive-stranded RNA virus, is a member of the family *Arteriviridae* (Meulenbergh, 2000). PRRSV has caused one of the most economically important diseases of swine, which is characterized by severe reproductive failure

in sows and respiratory distress in piglets and growing pigs (Rossow, 1998). Infection with PRRSV also predisposes pigs to secondary infection by bacterial and viral pathogens, which may be due to the immunosuppression induced by the virus (Mateu and Diaz, 2008).

Type  $\alpha/\beta$  interferons (IFN- $\alpha/\beta$ ) are the first responders against the infection with animal virus (Weber *et al.*, 2004). When virus infects cells, it is recognized by the pattern-recognition receptors and finally induces IFN- $\alpha/\beta$  transcription (Bowie and Unterholzner, 2008). Then, IFN- $\alpha$  or IFN- $\beta$  induces the IFN-regulated genes responsible for the antiviral response (Sadler and Williams, 2008), and, finally, the virus infection is cleared. Type I interferons also play a role in adaptive immune response (Le Bon and Tough, 2002).

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**Abbreviations:** CPE = cytopathic effect; IFN- $\alpha/\beta$  = Type  $\alpha/\beta$  interferons; MOI = multiplicities of infection; PRRSV = porcine reproductive and respiratory syndrome virus; p.i. = post-infection; rIFN- $\beta$  = recombinant IFN- $\beta$ ; TCID<sub>50</sub> = 50% tissue culture infected dose

Previous study has shown that MARC-145 cells pretreated with recombinant IFN- $\beta$  (rIFN- $\beta$ ) didn't develop CPE of PRRSV (Overend *et al.*, 2007), however, it's not clear whether post-treatment with rIFN- $\beta$  could also control the virus *in vitro*, which could mimic the clinical trials for the prevention and treatment of the virus. So the purpose of this work was to explore whether the MARC-145 cells could develop the CPE of PRRSV when the MARC-145 cells were pre-treated with rIFN- $\beta$  and then infected with different doses of PRRSV, and also explore whether the MARC-145 cells developed the CPE of PRRSV when infected with different doses of PRRSV and then treated with rIFN- $\beta$  at different times p.i.

### Materials and Methods

**Cells and Virus.** MARC-145 cells, a fetal green monkey fibroblast cell line derived from MA-104 (Kim *et al.*, 1993), was maintained in Dulbecco's Modified Eagle medium (Gibco) supplemented with 10% fetal bovine serum (Hyclone). PRRSV strain BJ-4 was a kind gift from Dr. Hanchun Yang (China Agricultural University).

**Antiviral recombinant human IFN- $\beta$  Assay.** MARC-145 cells were divided into five groups (see details in Fig. 1) and were grown in 96-well plates overnight. Only the cells in Group 1 were pretreated with the rIFN- $\beta$  (1000 unit/ml) (Peprotech, USA). Twenty-four hours later, the cells in Group 1, Group 2, Group 3 and Group 4 were infected with PRRSV at different multiplicities of infection (MOI), while the negative control cells were mock infected. At 4 hr p.i., the cells in Group 2 were treated with rIFN- $\beta$  (1000 unit/ml), while at 8 hr p.i., the cells in Group 3 were treated with rIFN- $\beta$  (1000 unit/ml), and at 24 hr p.i., the cells in Group 4 were treated with rIFN- $\beta$  (1000 unit/ml). For detection of CPE, the cells were incubated until 120 hr p.i. and the virus titers were measured by 50% tissue culture infected dose (TCID<sub>50</sub>) using the Reed-Muench method. For indirect immunofluorescence assay, the selected infected cells were fixed with methanol for 20 min. Then the cells were incubated overnight at 4°C with the monoclonal antibody specific for nucleocapsid (N) protein of PRRSV (VMRD, 2D6), and finally incubated with the FITC-conjugated sheep anti-mouse IgG antibodies (Sigma) for 1 hr, after which the cells were counted using a fluorescence microscope.

**Cell viability assay.** MARC-145 cells were grown in 96-well plates overnight, then the cells were divided into three groups and incubated with rIFN- $\beta$  (1000 unit/ml) for 20 hr, 44 hr and 92 hr, respectively. MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide) 5 mg/ml was added to cells in each well (Sigma) for 4 hr. The medium was then removed, the cells were solubilized with 100  $\mu$ l/well dimethyl sulfoxide, and the plate was read in enzyme-linked immunosorbent microplate reader (Bio-Rad 2550, USA) at 490 nm.

**Statistical analysis.** Statistical analysis was performed using Student's t-test, and the comparisons were considered as statistical significance when  $P < 0.05$ .

### Results

*Both pre-treatment with rIFN- $\beta$  and earlier post-treatment with rIFN- $\beta$  could clear low-dose infected PRRSV*

To investigate the effect of pre-treatment and post-treatment with recombinant human IFN- $\beta$  on the replication of PRRSV, MARC-145 cells were divided into five groups (see details in Fig. 1) and were grown in 96-well plates overnight, when only the cells in Group 1 were pretreated with the rIFN- $\beta$  (1000 unit/ml), and 24 hr later, the cells in Group 1, Group 2, Group 3 and Group 4 were infected with PRRSV at the different MOI, while the negative control cells were mock infected. At 4 hr p.i., the cells in Group 2 were treated with rIFN- $\beta$  (1000 unit/ml), while at 8 hr p.i., the cells in Group 3 were treated with rIFN- $\beta$  (1000 unit/ml), and at 24 hr p.i., the cells in Group 4 were treated with rIFN- $\beta$  (1000 unit/ml). The results in Table 1 show that the cells in Group 1, Group 2 and Group 3 didn't develop the CPE after 120 hr p.i. Only the cells following high-dose infection (Group 4) developed CPE, while the cells infected with PRRSV at MOI between  $10^{-5}$  to 10 in Control group could develop CPE. The virus titers, which were measured by TCID<sub>50</sub>, showed similar results to those in Table 1 (Fig. 2f), that is, both pre-treatment with rIFN- $\beta$  and earlier post-treatment with rIFN- $\beta$  inhibited PRRSV replication.

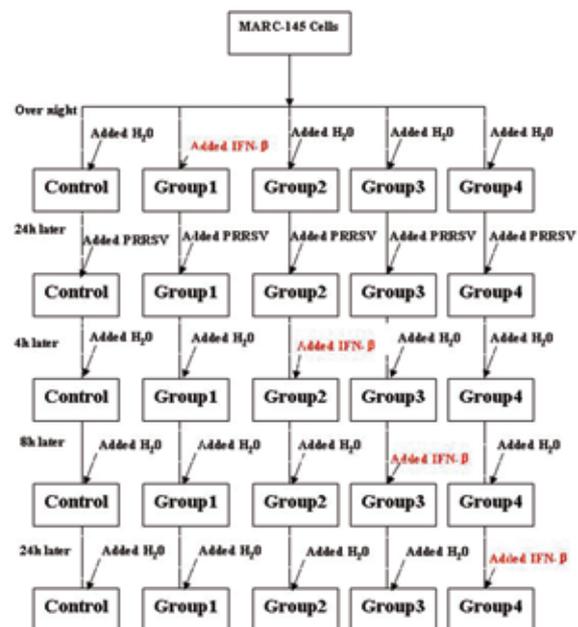


Fig. 1

**Design of the antiviral human recombinant IFN- $\beta$  assay**

The rIFN- $\beta$  was dissolved by Double-distilled water (H<sub>2</sub>O), so the equal volume of H<sub>2</sub>O was added for control.

Table 1. MARC-145 pre- and post-treated with rIFN- $\beta$  did not develop CPE in Group 1, Group 2 and Group 3

	CPE at dilution (CPE number / total number)							
	10 MOI	1 MOI	0.1 MOI	0.01 MOI	0.001 MOI	10 <sup>-4</sup> MOI	10 <sup>-5</sup> MOI	10 <sup>-6</sup> MOI
Control	8/8	8/8	8/8	8/8	8/8	8/8	2/8	0/8
Group 1	0/8	0/8	0/8	0/8	0/8	0/8	0/8	0/8
Group 2	0/8	0/8	0/8	0/8	0/8	0/8	0/8	0/8
Group 3	0/8	0/8	0/8	0/8	0/8	0/8	0/8	0/8
Group 4	8/8	3/8	0/8	0/8	0/8	0/8	0/8	0/8

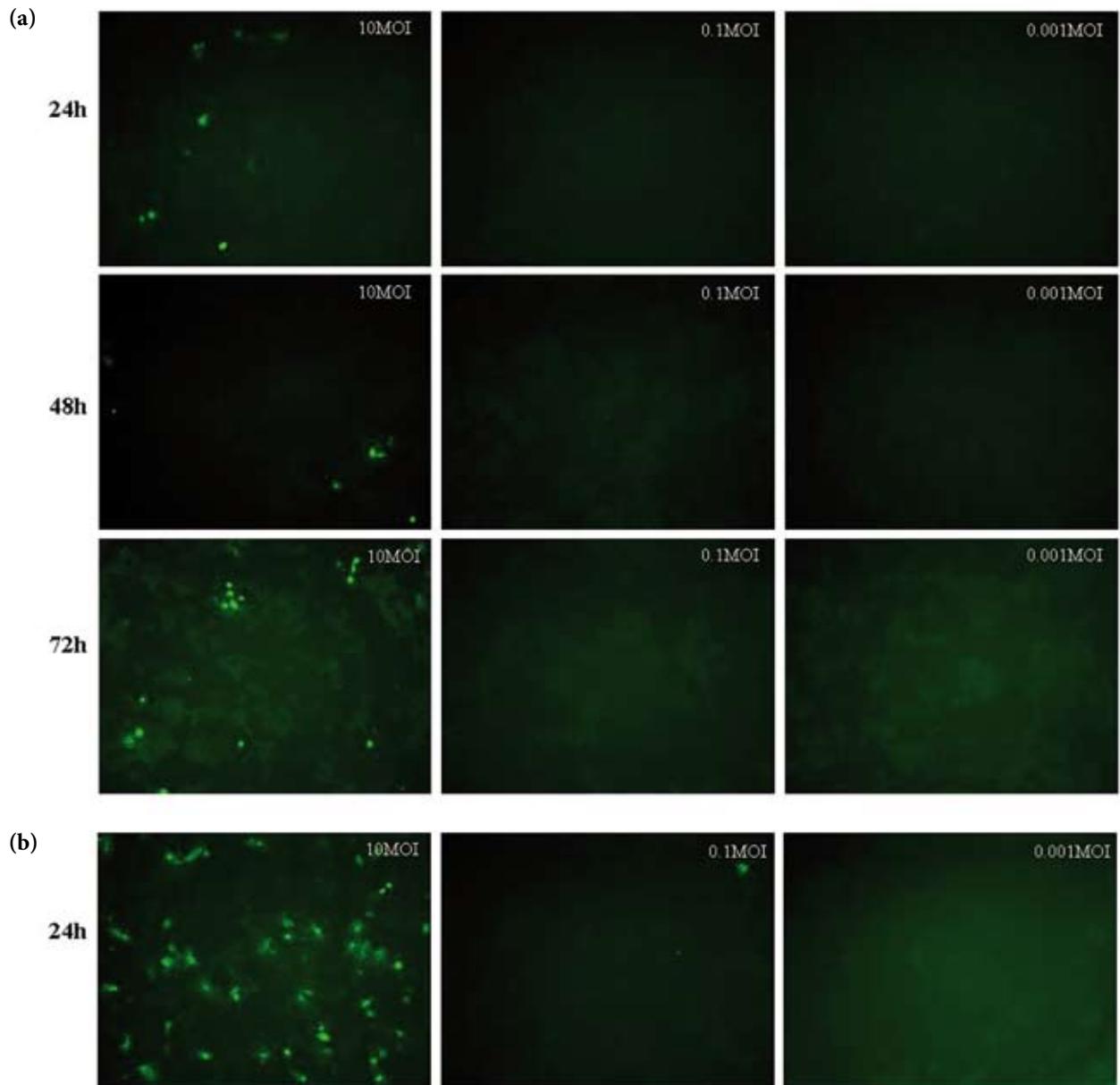


Fig. 2a, b

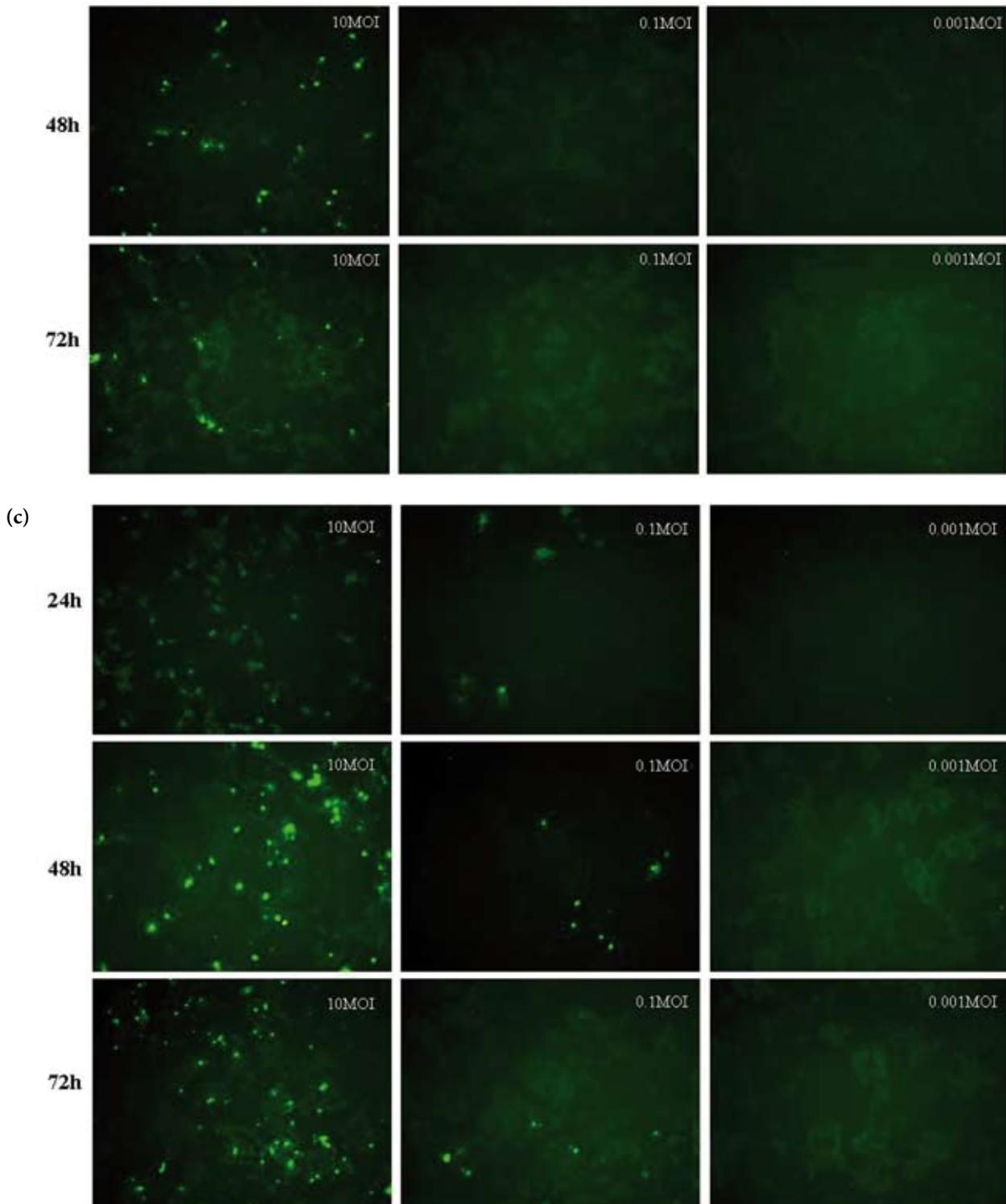


Fig. 2c

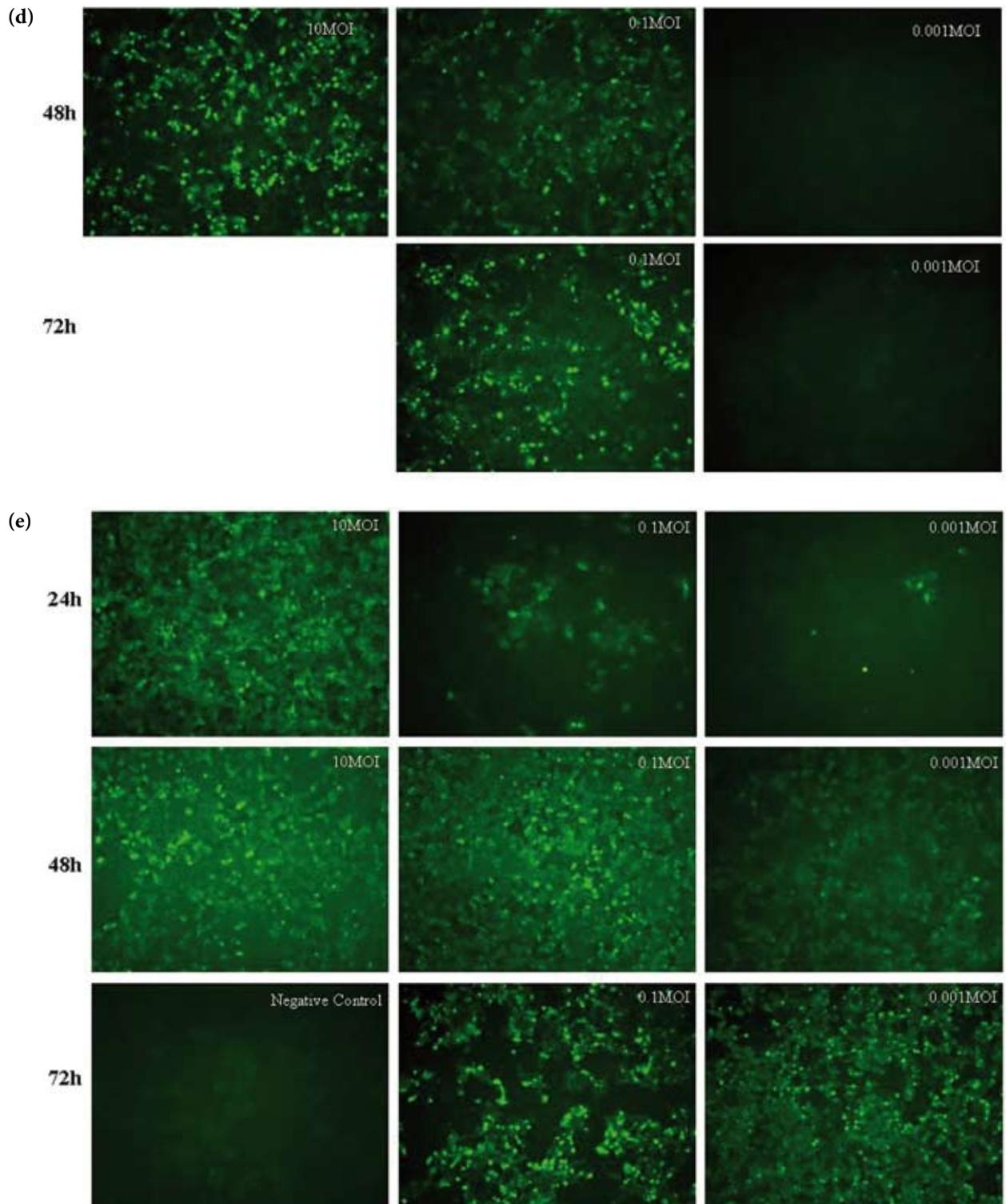


Fig. 2d, e

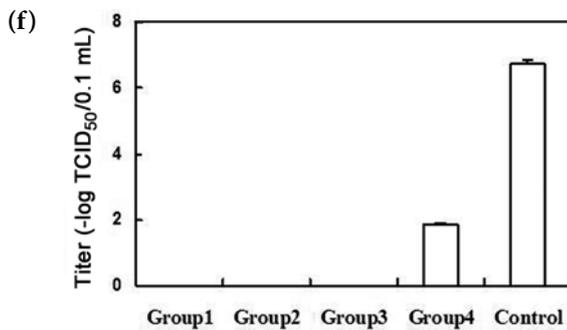


Fig. 2

Recombinant IFN- $\beta$  could clear the low-dose infection with PRRSV. MARC-145 cells were divided into five groups [Group 1 (a), Group 2 (b), Group 3 (c), Group 4 (d) and Control (e)] and treated as the design of Figure 1 (see details in Fig. 1) then the cells were analyzed by immunofluorescence (100 $\times$ ) at 24 hr, 48 hr and 72 hr p.i., respectively. The negative control, which was mock-infected with PRRSV, is also shown in e. (f) the virus titers which were measured by 50% tissue culture infected dose (TCID<sub>50</sub>) using the Reed-Muench method. MOI: multiplicity of infection.

PRRSV nucleocapsid (N) protein is a major structural component essential for viral assembly, so its expression was a prerequisite for viral assembly and survival. Next, we did the indirect-immunofluorescence of N protein and found that there were a few N protein-positive cells in Group 1 (Fig. 2a, MOI = 10), Group 2 (Fig. 2b, MOI = 10) and Group 3 (Fig. 2c, MOI = 10 and 0.1), but the number of N protein-positive cells in Group 1, Group 2 and Group 3 didn't increase in the following days (Fig. 4) and the number was much lower than that in Group 4 (Fig. 2d, MOI = 10 and 0.1) and in Control (Fig. 2e, MOI = 10 and 0.1). The treatment with rIFN- $\beta$  (1000 unit/ml) did not influence the cell viability of MARC-145 cells (Fig. 3).

As shown in Fig. 4, the number of N protein-positive cells in high-dose infected cells (MOI = 10) in Group 1 was lower than that in Group 2, while the number of N protein-positive cells in high-dose infected cells (MOI = 10) in Group 2 was lower than that in Group 3.

*Both pre-treatment and post-treatment with rIFN- $\beta$  could clear the low-dose infected PRRSV*

Fig. 2 shows that there were no N protein-positive cells in cultures infected with 0.001 MOI of PRRSV in Group 1, Group 2, Group 3 and Group 4, but in contrast, the control cells infected with 0.001 MOI of PRRSV not only had many N protein-positive cells, but finally developed CPE.

## Discussion

It has been extensively documented that CPE induced by PRRSV infection in MARC-145 cells only appeared after 72

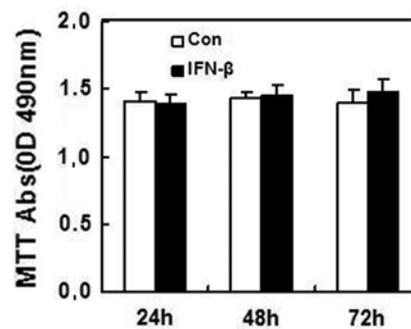


Fig. 3

Effect of rIFN- $\beta$  on MARC-145 cell viability after 24 hr, 48 hr, 72 hr of rIFN- $\beta$  incubation

The cell viability was assessed by MTT method.

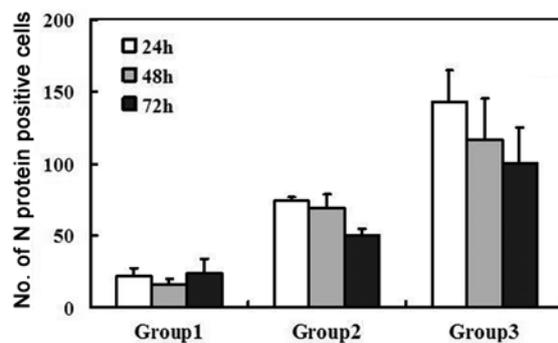


Fig. 4

The numbers of N protein-positive cells in cells infected with PRRSV at an MOI of 10 in Group 1, Group 2 and Group 3 didn't increase in the following days

The cells in five random fields were analyzed by fluorescence microscopy (50 $\times$ ) and only one of them is shown.

hr p.i. (Cafruny *et al.*, 2006), which has also been confirmed in our experiments. Overend *et al.* (2007) showed that pre-treatment with the recombinant swine IFN- $\beta$  could reduce the viral loads in MARC-145 cells. Since the MARC-145 is a green monkey fetal fibroblast cell line derived from MA-104 (Kim *et al.*, 1993), it may be more reasonable to use human recombinant IFN- $\beta$  than the swine recombinant IFN- $\beta$ .

Besides the study from Albina *et al.* (1998), previous *in vitro* studies explored the inhibitory effect of pre-treatment with recombinant IFN- $\alpha$  on the replication of one-certain-dose PRRSV (Buddaert *et al.*, 1998; Dong *et al.*, 2012). The study of Albina *et al.* (1998) only showed that after pretreatment with higher-dose recombinant IFN- $\alpha$  a higher-dose PRRSV was needed to infect the macrophages and the study didn't show the following dynamic results (e.g. changes of PRRSV loads). The previous *in vitro* studies of rIFN- $\beta$  (Overend

*et al.*, 2007), recombinant type II interferon (Bautista and Molitor, 1999; Rowland *et al.*, 2001) or recombinant type III interferon (Luo *et al.*, 2011) also only explored the inhibitory effect on the replication of one-certain-dose PRRSV. In our present study, it was the first time that the effect of pre- and post-infection-treatment of MARC-145 with rIFN- $\beta$  on the replication of PRRSV following infection with different doses of PRRSV was explored.

Our present study showed that the rIFN- $\beta$  could inhibit PRRSV replication in MARC-145 cells infected with high dose of PRRSV, which was consistent with previous studies (Overend *et al.*, 2007; Luo *et al.*, 2011). However, there were two novel results obtained in our present work: (i) treatment with rIFN- $\beta$  could clear PRRSV after low-dose infection; (ii) post-treatment with rIFN- $\beta$  at earlier times of p.i. (4hr or 8 hr p.i.) could also control the high-dose infection with PRRSV, while treatment with rIFN- $\beta$  at later post-infection (24 hr p.i.) could not. This indicated that there may be a balance in the war between the host cell and the virus, that is, if the infection dose was high and the infection time was long, it would be advantageous for the virus survival and assembly; inversely, if the host cell established the defensive system induced by IFN- $\beta$ , then it would be useful for the host to clear or control the virus. Thus, treatment with rIFN- $\beta$  in time and the methods for control of the viral loads of PRRSV may be the useful combination therapy for treating and clearing PRRSV in an *in vivo* study in future. Treatment with rIFN- $\beta$  before infection or at earlier times of p.i. could control the high-dose infection with PRRSV, and the number of N protein-positive cells didn't increase in the following days, which indicated that the rIFN- $\beta$  may inhibit the assembly and survival of the viruses. However, this needs further study.

Previous studies have shown that PRRSV could express proteins that inhibit the production and the function of IFN- $\beta$  (Chen *et al.*, 2010; Shi *et al.*, 2010, 2011a,b, 2013; Wang *et al.*, 2013), while our present study found that pre-treatment with rIFN- $\beta$  could control the PRRSV better than post-treatment with rIFN- $\beta$ , which indicated that the production time of IFN- $\beta$  took an important role for the efficiency of IFN- $\beta$  to inhibit or control PRRSV. The present work also found that both pre-treatment and post-treatment with rIFN- $\beta$  could clear low-dose infection by PRRSV, which indicated that the viral load may have an effect on the ability of IFN- $\beta$  to inhibit or control PRRSV. Thus, a balance model between PRRSV and IFN- $\beta$  could be proposed: first, once the cells could produce IFN- $\beta$  in time and then the cells express one or more antiviral proteins or other antiviral components, it would be difficult for PRRSV to replicate in the cells even if the cells were faced with the high-dose PRRSV; Second, if the PRRSV expressed the IFN antagonists in time, adding rIFN- $\beta$  would not prevent the replication of PRRSV. It may be an important and interesting work for prevention and

treatment of PRRSV in future to determine, which genes or other components induced by IFN- $\beta$  have such important function to control and clear PRRSV.

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