

## Significance of qualitative PCR detection method for preemptive therapy of cytomegalovirus infection in patients after allogeneic hematopoietic stem cell transplantation – single-centre experience

D. ŠKAPOVÁ, Z. RÁČIL, D. DVOŘÁKOVÁ, D. MINAŘÍKOVÁ, J. MAYER

*Department of Internal Medicine – Hematooncology, e-mail: dskapova@ibp.cz, University Hospital Brno, Czech Republic*

**Received July 28, 2004**

Both early cytomegalovirus (CMV) monitoring and prophylactic antiviral therapy can decrease clinical complications or can prevent them in patients after allogeneic hematopoietic stem cell transplantation (HSCT). Presented paper summarizes experiences with using regular monitoring of reactivation of CMV after allogeneic HSCT by qualitative polymerase chain reaction (PCR) method to prevent the development of symptomatic CMV disease. Samples of peripheral blood leukocytes (PBL) in 71 patients were monitored. Because of retransplantations in two patients, 73 transplantations, each followed by the monitoring, were performed. Patients were monitored weekly after the transplantation for CMV DNAemia in PBL. An episode of CMV infection representing an indication for pre-emptive ganciclovir (GCV) or foscarnet (FOS) therapy was defined as two consecutive positive PCR results in 4–7 days. Median time of monitoring was 313 days. The CMV infection was found in 28/73 monitorings (38.4 %) and always was followed by pre-emptive therapy. One recurrence of CMV infection was observed in 4/28 (14.3 %) monitorings and two recurrences in 1/28 (3.6 %) monitorings. Presented approach resulted in complete prevention of overt CMV disease and this study enable to show that qualitative PCR method for determination of incipient CMV infection followed by pre-emptive therapy is suitable for preventing patients after allogeneic transplantation from CMV disease.

*Key words: cytomegalovirus, polymerase chain reaction, allogeneic hematopoietic stem cell transplantation*

Cytomegalovirus (CMV) represents a serious infectious complication in patients after allogeneic hematopoietic stem cell transplantation. The outbreak of active CMV infection can lead to life-threatening diseases, including interstitial pneumonia.

Many precautions have been taken in order to decrease the rate of CMV infection and CMV disease, including the administration of blood products of CMV-seronegative donors to CMV-seronegative recipients and prophylactic administration of acyclovir (ACV) or ganciclovir (GCV) [24]. GCV is the most often used antiviral agent because of its effective suppression of CMV replication. Administration of GCV to patients is accompanied frequently by serious side effects (nephrotoxicity and myelosuppression). However, only a subset of patients is at substantial risk for CMV infection and CMV disease. In addition, long-termed use of GCV is followed by more frequent occurrence of late CMV disease (>100 days after the allogeneic transplantation) [8, 10, 22, 23]. Therefore, the prophylactic administration of this agent

is often replaced by pre-emptive therapy in all patients, during which antiviral agents are used only in high-risk patients. This pre-emptive therapy should prevent CMV disease progression in the majority of patients.

The application of pre-emptive therapy demands the use of a sufficiently sensitive, rapid and specific diagnostic method. In 1988 an assay for detection of CMV antigens in PBL was developed, consisting in monitoring of antigenemia [38, 39, 40], which enables regular monitoring of patients and prompt obtaining of results. Monitoring of antigenemia proved to be fast, sensitive and specific [2, 3, 27]. Nevertheless, the serious problem with antigenemia detection is that in some patients CMV disease occurs without prior antigenemia positivity, or the positivity precedes the disease for only a brief period of time [3].

The use of PCR for the diagnostics of incipient CMV infection represents a possible solution of these problems because PCR method detects the CMV positivity earlier than antigenemia [3, 4]. In presented paper, experiences with the

use of regular monitoring of CMV reactivation after allogeneic HSCT by a qualitative one-round PCR method for preventing the development of symptomatic CMV disease are summarized. The PCR method was introduced into clinical practice, e.g., by EHRNST et al [11], LJUNGMAN et al [20, 21] and GRUNDY et al [16], who introduced the qualitative nested PCR technique for detection of CMV DNAemia in PBL. The method used in our study represents a modification of their approach. Its advantages consist in a shorter time interval for obtaining results and in better prevention of contamination connected with false positivity, because of only one-round PCR. Regular monitoring of reactivation of CMV after allogeneic transplantation by qualitative PCR method is a useful tool for the prevention of development of symptomatic CMV disease.

### Patients and methods

**Patients.** From January 1, 1999 to December 1, 2002, 71 consecutive patients after 69 allogeneic peripheral blood stem cell transplantations (PBSCT) and 4 bone marrow transplantations (BMT) (median age 44 years, age range 19–65) were included in the study. In two patients retransplantations were performed, and therefore, in total 73 monitorings were realized. Patient characteristics are shown in Table 1. As a prophylaxis against CMV infection and disease we used filtered leukocyte-depleted blood products [7] and administered acyclovir (ACV) (3x750 mg/day intravenously (i.v.) until day +30, then 4x800 mg/day per os (p.o.) until day +100) [32]. An episode of CMV infection was defined as two consecutive positive PCR results in 4–7 days. The diagnosed CMV infection represented indication for pre-emptive GCV or foscarnet (FOS) therapy. FOS was indicated if myelosuppression was present. GCV was given i.v. at a dose of 5 mg/kg of body weight twice a day, until two consecutive PCR negative results were obtained. Patients still PCR-positive after 3–4 weeks of therapy with GCV received FOS (60–90 mg/kg i.v. three times a day).

**Samples.** All 71 patients were monitored by PCR weekly for signs of CMV reactivation using PBL DNA. Blood samples for examination by PCR were taken at least until day 100 after transplantation. A total of 1619 PCR testings were carried out. Examinations were performed promptly and the results were known on the second day after the blood was taken. Five ml of peripheral blood (PB) in EDTA (10 ml in patients with leukopenia, i.e. less than  $4 \times 10^9$  white blood cells/l) were used for isolation of DNA. PBL were isolated by osmotic lysis of erythrocytes followed by washing with saline.  $2 \times 10^6$  leukocytes were used for isolation of DNA using commercial kit (DNA Blood Mini Kit, Qiagen, Hilden, Germany). DNA from  $2 \times 10^6$  leukocytes was eluted into 100  $\mu$ l sterile milliQ water (if patients had lower counts of leukocytes, i.e.  $< 2 \times 10^6$ , DNA was eluted into 50  $\mu$ l sterile milliQ water) and was stored at 4 °C.

**PCR detection.** The method of qualitative one-round

PCR for detecting CMV-DNA in PBL represents a modification of the PCR technique used in the studies of EHRNST et al [11], LJUNGMAN et al [20, 21], and GRUNDY et al [16]. The primers used were from the conserved region of the exon 3 of the CMV major immediate-early (IE) gene (IEP/3A: 5'-GACCAAGGCCACGACGTT-3', IEP/3B: 5'-TCTGCCAGGACATCTTTCTC-3') [29]. A master mix solution consisting of 10 mM Tris-HCl (pH 8.3), 50 mM KCl (GeneAmp PCR Buffer II, Applied Biosystems, Foster City, CA, USA), 2.0 mM MgCl<sub>2</sub> (Applied Biosystems), 1 U AmpliTaq Gold DNA polymerase (Applied Biosystems), 200  $\mu$ M deoxynucleotidetriphosphates (Roche Diagnostics GmbH, Mannheim, Germany) and 0.2  $\mu$ M each specific primers (IEP/3A, IEP/3B). Five  $\mu$ l of DNA were used as the template for the PCR reaction. The PCR mixture was placed in a thermocycler (MJ Research, PTC-200, Waltham, MA, USA). The parameters were as follows: the first denaturation for 10 minutes at 95 °C, 35 cycles of denaturation for 50 seconds at 95 °C, annealing for 50 seconds at 55 °C, and extending for 50 seconds at 72 °C, closed by 7 minutes at 72 °C. After finishing PCR, 10  $\mu$ l of the PCR reaction mixture was loaded onto a 8 % polyacrylamide gel. The gels were stained with ethidium bromide and specific PCR amplification products (167 bp) were detected using an UV-transilluminator. Each PCR analysis included positive control (CMV strain AD 169 obtained from National Institute of Public Health, National Reference Laboratory for Herpes Virus, Prague, Czech Republic or samples with evidence of CMV positivity) and negative control (sterile milliQ water).

The sensitivity of the method was ascertained using a cloned product prepared from positive control. The detection limit was set up at 10 copies of CMV plasmid DNA/ total DNA from  $10^5$  leukocytes.

### Results

Because of 2 patients with HSCT retransplantations out of 71 patients included in the study (see Table 1), a total of 73 monitorings of CMV DNAemia were performed. Median time of monitoring was 313 days. The CMV infection with pre-emptive therapy developed in 28/73 monitorings (38.4 %). We observed one recurrence of CMV infection in 4/28 (14.3 %) monitorings and two recurrences in 1/28 (3.6 %) monitorings. In each monitoring in which CMV positivity was found, pre-emptive therapy with GCV (30 cases) or FOS (5 cases, four as primary treatments and one as secondary treatment) was introduced. In all patients the pre-emptive therapy was successful: by week 4 from starting the therapy, all patients with CMV detected originally were again free of CMV positivity. Twenty patients died (20/71, 28.1 %), five patients from the progress of the basic disease, eight patients from infectious complications other than CMV, two patients from GVHD, three patients for other causes and two patients due to unknown etiology. No patient developed overt CMV disease.

**Table 1. Characteristics of patients at risk of developing CMV disease**

	All patients at risk of developing CMV disease (n = 71)
Total no. of patients	71
No. of patients/ transplantations	71/73
Median age (range)	44 (19–65)
Gender	
Female	31
Male	40
CMV serostatus before transplantation	
R+/D+	42
R+/D–	14
R–/D+	7
R–/D–	10
Diagnosis	
Acute myelogenous leukemia	24
Acute lymphoblastic leukemia	5
Chronic myelogenous leukemia	22
Chronic lymphoblastic leukemia	3
Aplastic anemia	2
Myelodysplastic syndrome	2
Non-Hodgkin's lymphoma	9
M. Hodgkin's lymphoma	2
Multiple myeloma	2
Other diagnosis	2
Conditioning	
BUCY2	29
TBI+CY	6
Non-myeloablative	33
Other	5
Type of transplantation	
BMT	4
PBSCT	69
Type of donor	
HLA-identical sibling	1
Mini allogeneic	35
HLA-matched family	29
Unrelated donor	8
GVHD	
Acute GVHD	27
Chronic GVHD	28

D – donor; GVHD – graft-versus-host disease; R – recipient; TBI – total body irradiation

## Discussion

Literature data show that effective prevention of CMV disease after allogeneic HSCT is obtained if GCV or other antiviral drug is given prophylactically or as pre-emptive therapy. Currently the most common strategies are universal prophylaxis with ganciclovir and hybrid strategies utilizing both prophylaxis and pre-emptive therapy in different patient groups [1, 35].

Long-termed prophylaxis with GCV in all patients after allogeneic transplantation has good effects in preventing CMV reactivation. However, administration of GCV is frequently associated with neutropenia, late onset of CMV dis-

ease, opportunistic infections and risk of the development of GCV-resistant CMV strains. Low-potency anti-CMV prophylaxis (acyclovir or valacyclovir) is useful for permitting active CMV replication at a low level and may possibly favour immunologic priming decreasing thus the risk of late CMV disease [31].

Various types of pre-emptive strategies to decrease the number of treated patients have been developed. Pre-emptive therapy based on sensitive and early-detection markers of CMV reactivation can determine patients with higher risk of infection and enable the use of the rather toxic GCV treatment only in a lower number of patients. In addition, short courses of pre-emptive GCV therapy do not lead to the development of CMV UL97 mutations [14]. The pre-emptive administration of antiviral drugs for a short time interval has a good response [36]. In our study, 73.3 % of PCR-positive results disappeared already after seven days of GCV therapy (results not shown).

Different strategies for CMV prevention in allogeneic HSCT programmes utilize a variety of diagnostic tests for CMV. Detection of CMV antigenemia and/or CMV DNA or RNA has become a very effective means for detection of CMV reactivation [1, 30, 45].

Earlier the detection of CMV antigenemia was tested in our center as a way out for contingent pre-emptive therapy, but later it was changed for PCR detection [25]. The particular disadvantages of antigenemia are the need of quick preparation of samples, lower sensitivity, worse correlation with the course of CMV infection, laborious procedure and the effect of human subjectivity [13, 15, 18, 25, 34]. When neutrophil function is impaired or the number of neutrophils is decreased, the antigenemia assay may not be sufficient to detect active CMV infection.

In our laboratory very good results with PCR-guarded pre-emptive therapy were obtained. We have been attempting to reach the maximum standardization of the method for the detection of CMV reactivation. At first samples of whole blood were used (data not published). Because of differences in leukocyte counts in patients after transplantation, in the presented study counting of leukocytes was introduced and standardized count ( $2 \times 10^6$ ) was used for isolation of DNA. Commercial kits for isolation of DNA were employed to reduce the risk of PCR contamination.

Table 2 summarizes all PCR data in patients who showed at least one positive finding of CMV DNAemia. At least one positive result was detected during 41/73 (56.1 %) monitorings. As stated in Patients and methods, two consecutive positive findings of CMV DNAemia represented an indication for starting the pre-emptive treatment. Under these conditions, pre-emptive therapy was introduced during 28 monitorings. Four patients underwent two cycles and one patient three cycles of pre-emptive treatment. In 13 patients, positive PCR results appeared only sporadically and were not succeeded by the therapy (Tab. 2). The initiation of antiviral therapy after detection of CMV DNA in two consecutive test-

**Table 2. Schema of all positive PCR results**

Patient No.	< Day +100	> Day +100
1.	●○○○○ ○○○○	○○○○○ ○○○○○ ○○○○○○ ○○○○○○ ○○ †
2.	○○○○○ ○○●○○	○○○○○ ○○○○○ ○○○○
3.	○○○○○ ○○○○○ ○○○○○○	○○○○○ ○○○○○● ○○○○○○ ○○○○
4.	○○○○○ ○○●●○ ○●●○	○○○○○ ○○○○○ ○○○○○○ ○○○○○○ ○○○○
5.	○○○○○ ○○○○○ ●○○○●	○○○○○ ●●○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○
6.	○○○○○ ●●●○○ ○○○○	○○○○● ○○○●○ ○○○○○○ ○○○○○○ ○●●○○○ ○○○○ ○○○○
7.	○●○○○ ○○○○● ●●○○○ ○○	●○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○
8.	○○○○○ ○○●●● ○○○○	○○○○○ ●○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○
9.	○○○○○ ○○○○●●○ ○○○○○○ ○	○○○○○ ○○○○○○
10.	○●○○○ ●○○○○ ○○○○ †	
11.	●○○○○ ●●○○○ ○○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○
12.	○○○○○ ○○○●○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○ †
13.	○○●○○○ ○○○○○○ ○○○○	○○○○○ †
14.	○○○○○ ○○○○●○○○ ○○○○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○
15.	○○●○○○ ○○○○○○ ○○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○●○○○○○ ○○○○○○ ○○○○○○
16.	○○○○○ ●○○●○ ●○○○○○	○○○○ †
17.	○○○○○ ○○○○○○ ○●	●○○○ ●○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○ ○○
18.	○○○○○ ●●○○○ ○○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○●○○○ ○
19.	○○○○○ ○●●●● ●○○○○○●	●○○○ ○○○○○○ ○○○○○○ ○○
20.	○○○●○ ○○○○○○ ○○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○
21.	○○○○○ ○○○○●○○○ ○○○○●	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○
22.	○○○○○ ○○○○●●●○○○	○○○○○ ○●○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○
23.	○○○○○ ●●○○○ ○○○○○○ ○	○○○○○ ○●○○○ ○○○○○○ ○○
24.	○○○○○ ○○○○○○ ○○○○	○○○○○ ○○○○○○ ○●○○○ ○○○○○○
25.	○○○○○ ●○○●○ ●○○○○○ ○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○
26.	○○○○○ ○○○○●○○○ ○○○○	○○○○○ ○○
27.	○○○○○ ○○○○●○○○ ○○○○	○○○○○ ○○○○○○
28.	○○○○○ ○○○○●○○○○○	○○○○○ ○○○○○○ ○○○○○○ ○○○○○○ ○○○○ ○○○○
29.	○○○○○ ○○●●● ○○○○	○○○○○ ○○○○○○ ○○○○
30.	○○○○○ ●● auto.Tx ○○○○○○ ○	
31.	○○○○○ ○○○○○○ ●○○○	○○○○○ ○○○○○○
32.	○○○○○ ○○○●○○○ ○○○○	○○
33.	○○○○○ ○○●●● ●○○○	○●●●● ○●○○○ ○○ †
34.	○○○○○ ○○○○●○○○○○	○○○○○ ○
35.	○○○○○ ○○○●○○○ ○○	○○
36.	○○○○○ ●●●○○ ○○○○	○○○○
37.	○○○○○ ●●○○○ ○○○○	
38.	○○○○○ ○○○●○○○ †	
39.	○○○○○ ●○○○○○	
40.	●●○○○ ○○○○	
41.	○○○○●●●	

○ – negative result, ● – positive result, auto. Tx – autologous transplantation, † – death

ings within a week interval seems to be a better indication for pre-emptive therapy than only one positive result, because some percentage of patients included in the pre-emptive treatment may be overtreated and their immune system would withstand CMV infection without antiviral therapy [12, 20, 28, 34]. The CMV infection developed during 28/73 monitorings (38.4 %) and pre-emptive therapy was introduced after the second positive result in 34 cases. Our approach to introduction of pre-emptive therapy correlates well with other published data on patients after allogeneic stem cell transplantation [17, 28, 33, 34].

The ideal material for PCR (whole blood, leukocytes or

plasma) is still questionable. Many studies tested plasma (or serum) as a material for PCR detection of CMV reactivation. It is documented that the use of plasma may lead to a loss of sensitivity and to later CMV detection in comparison with the use of leukocytes [6, 41,43]. In addition, CMV is known to be predominately cell-associated, and circulating antibodies may restrict the presence of the virus to the cellular compartment [41]. Therefore we decided to use leukocytes as the most suitable sample material for our needs.

Recently several studies have been published using quantitative real-time PCR methods for CMV detection [5, 9, 15, 19, 26, 37, 44]. Real-time PCR assay enables to determine exactly the number of copies of viral DNA in a sample. However, it is rather expensive and several other problems, e.g. those of the determination of the best material for CMV detection or setting the thresholds of the risk of CMV disease, remain to be solved before the method is introduced widely into clinical practice.

To summarize our study, we show that the qualitative PCR-guided pre-emptive therapy is suitable for prevention of patients after allogeneic HSCT from CMV disease, because of its sufficient sensitivity, quick obtaining of results, low overtreatment of patients and financial accessibility. This statement is supported also by the fact that used approach resulted in complete prevention of CMV disease in our HSCT patients. No one patient de-

veloped overt CMV disease. Recently published results on real-time PCR [5, 9, 15, 19, 26, 37, 44] represent further improvement of PCR detection of CMV reactivation. Therefore, we consider to supplement the qualitative PCR detection of CMV by introducing the real-time PCR detection which will serve for evaluation of the effects of therapy with antiviral agents by determination of changes in virus load.

The authors would like to thank the laboratory personnel for providing the samples and medical, nursing and clinical staff for significant contribution to this study through their dedicated care of the patients.

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