

REVIEW

Point-of-care diagnosis of COVID-19 disease based on antigen tests

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ABSTRACT

AIMS: This review is focused on the laboratory diagnoses of the coronavirus disease 2019 (COVID-19) by recognizing the antigen of the causative agent SARS-CoV-2 virus. Various antigen tests are available in this moment and these tests are being further developed in order to reach a better diagnostic value. The issue is reviewed in a complex view.

METHODS: In this work, a complex survey of the current literature was made. The relevant and recent papers related to antigen tests of COVID-19 are discussed and cited. Basic specifications of the antigen tests and competitive methods were also scrutinized in the current literature.

RESULTS: The survey of the current literature (years 2019 – 2021) was made and diagnostic methods like lateral flow tests (lateral flow immunochromatographic assay) and various types of biosensors were specified as tools for COVID-19 diagnosis and their application to be used as a point-of-care test is considered.

CONCLUSIONS: Small hand-held assays applicable in the point-of-care conditions for diagnosis of COVID-19 by analysis of SARS-CoV-2 antigen are the means of a growing interest and these means undergo a significant development leading to the improvements of their specifications and applicability to the current praxis. Merit of the assays is discussed in this paper (Tab. 3, Fig. 2, Ref. 109). Text in PDF www.elis.sk

KEY WORDS: coronavirus disease 2019; diagnosis; enzyme-linked immunosorbent assay; immunoassay; lateral flow test; SARS-CoV-2.

Introduction

Since the end of year 2019, the coronavirus disease 2019 (COVID-19 or COVID) has gained a broad attention due to enormous impact on the mankind and the unprecedented urgent biomedical research on protective means, drugs, and vaccines. The means for diagnosis were recognized as an important tool for the control of the epidemic. When the disease was firstly recognized in the Wuhan city in China in the end of 2019, mankind was unprepared and urgent development of new diagnostic tests and drugs became a race with time (1). Since the 2019, the disease turned from a local epidemic to a global pandemic with more than three million of fatal victims and nearly 150 million of infected people. The progression over the population was quite fast due to limited number of vaccines and effective drugs and countries, where the worst scenarios happened are out of their medical capacities dur-

ing the most urgent periods of the epidemic and the disease tends to easily disseminate over the world countries (2–5). New drugs, vaccines and therapies has been developed since the disease appearing (6–11).

Early diagnosis of COVID-19 is a crucial step for the epidemiological measures and preventing from spreading of the disease by the isolation of the infected individuals. In the current time, various immunochemical and genetical tests are available in the market and serve for the purpose of early diagnosis (12–14). In this review, point-of-care antigen tests are surveyed as the tool for a simple diagnosis of COVID-19. Important facts about the assays, current literature and discussion of the antigen tests' significance are given in this review. These tests are also compared to the other types of diagnostic means.

The basic facts about COVID-19

The COVID-19 is an infectious disease caused by the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2). The basic mechanism of SARS-CoV-2 spreading is based on microscopic particles released by coughing and sneezing by the infected people (15–17). As discussed in the text further, the release of viral particles from mucosa is a way how to receive the samples taken e.g. by swabbing from nasopharynx. The viral particles penetrate into host cells by the interaction with angiotensin-converting enzyme 2 (ACE2) on the host cells surface (18, 19). Under normal

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Tab. 1. The common specifications of COVID 19 and SARS-CoV-2.

Specification	Description
Pathogen	Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2)
Disease	coronavirus disease 2019 (COVID-19 or COVID)
Major symptoms	breathlessness, fatigue, fever and cough
Other symptoms	loss of smell (anosmia), dyspnea, loss of taste, depression, anxiety, hypercoagulability, acute ischemia stroke
Approximate size and weight of a virion	100 nm/1 fg
Genetic information of the virus	positive-sense single stranded RNA
Notable proteins	envelope (E), nucleocapsid (N), membrane (M), and spike (S) proteins

conditions, the ACE2 is responsible for the negative regulation of the renin-angiotensin system and facilitation of amino acid transport in the lungs, nasal mucosa, cardiovascular system, gut, kidneys, nervous system and adipose tissue (20, 21). Just these tissues can be targeted by SARS-CoV-2 because of the receptor system presence on their cells. Based on the SARS-CoV-2 impact on the tissues, many visual symptoms can be observed and used for the purpose of differential diagnosis. Breathlessness, fatigue, fever and cough can be mentioned as the most common symptoms (22, 23). Neurological symptoms like a loss of smell (anosmia), dyspnea, and loss of taste can be also manifested though a delay of some days after the main symptoms can be expected (24–26). Other neurological symptoms like depression and anxiety symptoms can occur as well (27). In the patients with COVID-19 or post disease recovery, there were also observed: hypercoagulability, stroke associated with cardioembolic mechanism, focal cerebral arteriopathy and acute ischemia stroke (28, 29).

SARS-CoV-2 is an enveloped virus having virion particles with approximate diameter 100 nm and weight 1 fg, containing positive-sense single stranded RNA inside the particle and also containing the envelope protein (E), nucleocapsid (also known as nucleoprotein) protein (N), membrane protein (M), and spike protein (S) (30). The E protein plays a role in the control of life cycle, envelope formation and pathogenesis (31). The N protein participates in RNA package and spreading (32). The M protein interacts with S, E and N proteins and it is a protein with a sugar transporter-like structure having structural and stabilizing function though its role has not been fully studied yet (33). The S protein is the most abundant molecule of SARS-CoV-2 virion particle and make it a substantial target for immune system or a marker for analysis. In the virus life cycle, the S protein is responsible for the interaction with ACE2, for which it exerts specificity and further penetration into cells (34–36). The common specifications of COVID-19 respective SARS-CoV-2 are surveyed in Table 1.

The common antigen tests and comparison with the other methods

The fact that SARS-CoV-2 virion particles contains structures giving a rise of specific antibodies also gives the opportunity to use a manufactured antibody for the purpose of COVID-19 diagnosis. Two basic approaches exist in the immunochemical diagnoses of COVID-19: firstly, detection of the antibodies specific to SARS-CoV-2 produced as the results of the disease and, sec-

ondly, detection of the SARS-CoV-2 antigen in an immunoassay (37). Besides the immunochemical tests, genetic methods play a significant role (38–40).

A chemically isolated or manmade SARS-CoV-2 antigen can serve in various immunoassays for the recognition of anti-SARS-CoV-2 antibodies presented in the blood and confirming the COVID-19 by a feedback. The diagnosis based on anti - SARS-CoV-2 antibodies is possible approximately a week after the first symptoms onset, when the antibodies are produced in sufficient quantity (41). Test like immunoblot analysis (42), chemiluminescence immunoassays (43, 44), enzyme immunoassays (45), standard enzyme-linked immunosorbent assay (ELISA) (46) are described and either currently available or under development. Though the tests based on the recognition of specific antibodies to SARS-CoV-2 can be adopted for the point-of-care conditions and can be easy and cheap, they are not reliable for the early diagnosis because of the delay between the infection starting and antibodies production by the patient's immune system. The peak of the most specific immunoglobulins of G isotype can be expected between 22 – 28 days after the infection start (47). On the other hand, these tests can serve for a retrospective diagnosis and identification of people that can be resistant to the disease due to acquired immunity response.

Comparing to the antibodies testing, an assay of SARS-CoV-2 antigen can provide information about the COVID-19 before the onset of typical symptoms or in the time, when the symptoms start (48, 49). Antigens for the tests purpose are typically taken by nasopharyngeal swab, anterior nares swab (50, 51), saliva and saline gargle samples (52–54). N protein (55, 56), S protein (57–59) and M protein (60) are the most common targets for an antigen assay. A wide number of assays can be covered under the term antigen or antigenic tests and assays like ELISA (61) can be used for the antigen tests and chromatographic and mass spectrometry assays (62–65) are also suitable for the assay purpose; however, lateral flow tests (or lateral flow immunochromatographic assay or lateral flow immunochromatography) are relevant in the current clinical praxis of COVID-19 diagnosis (66). The lateral flow tests are also well suited for the point-of-care conditions. The currently available lateral flow tests are a simple analytical tool based on the migration of sample through a thin layer soaked with labelled antibodies or antigens and containing two zones with immobilized antibodies or antigens providing typical coloured lines (67–70). The principle can be described as follows. In one side of the tests, there is a spot where sample is injected. An analysed protein like

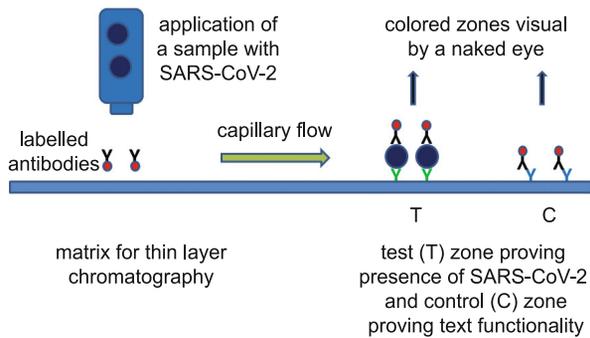


Fig. 1. General principle of the lateral flow test for SARS-CoV-2 antigen assay.

the S or N interacts with specific and labelled antibodies soaked into the matrix. The whole mixture migrates through the matrix by capillary flow up to the sites, where an antibody specific to the analysed proteins captures the complex protein – labelled antibody. Positive spot is formed by this way. The unreacted antibodies are caught by the immobilized anti-antibodies and a control spot is formed. Principle of the lateral flow test for SARS-CoV-2 antigen assay can be learned from the Figure 1.

In the current market, there is a number of products working on the principle of lateral flow tests for SARS-CoV-2 antigen assay. An example of a test is depicted as Figure 2. These commercially available lateral flow tests represent the first line tools for COVID-19 diagnosis (71). Nasopharyngeal swab specimens are typically better (the results are more sensitive and accurate) for the assay purpose than the saliva samples (72). The commercial

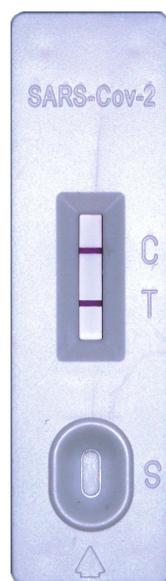


Fig. 2. An example of a commercial SARS-CoV-2 antigen assay test working on principle of lateral flow test; S – site for specimen (extracted swab) application, T – test site where a line is formed in the case of positive tests, C – site for control line.

tests have a fluctuating quality depending on the materials used by the manufacturer, used type of antibody and coloured or fluorescent label. Sensitivity estimated by brand is between 66.0–93.8 % of the currently available tests (73). In the study by Thakur and co-workers, there was conducted a diagnosis of 677 patients (74). The antigen tests exerted the positive predictive value equal to 96.6 % and the negative predictive value 91.5 %. In another study, specificity 99.96 % using a commercially available antigen tests were reached on the swab samples (75). The limit of detection of the tests should be taken into consideration, when a patient with an expected higher tolerability to the COVID-19 is diagnosed. In the work by Caputo and co-workers performed on 4266 samples, the limit of detection figured out was 222 pg of SARS-CoV-2 in one millilitre of isolate suspension while lower concentrations did not prove coloured lines in the used standard antigen test (76).

Though an antigen test can be reliable as the first line diagnostic tool for COVID-19, the unambiguous confirmation of the disease is made by genetical tests like polymerase chain reaction (PCR) or by another genetic assay like loop-mediated isothermal amplification (LAMP). Regarding the PCR, real-time reverse transcription variant is the most common (77–81). The real-time reverse transcription PCR exerts a good sensitivity and selectivity. For instance, Zhang and co-workers proved the sensitivity in the range 95.0–95.3 % and specificity 93.7–98.6 % for PCR of housekeeping gene ribonuclease P/MRP subunit p30 and retrospectively re-analysed 1052 samples (82). PCR should be performed in the specialized labs and it is not suitable for the point-of-care testing; on the other hand, it represents a reliable tool for the diagnosis purposes. Reverse transcription LAMP is another method based on selective recognition of specific sequences in the genetic information and it has found an application in the COVID-19 diagnosis (83–86). Reverse transcription LAMP is a substantially simplified and more affordable genetic test compared to the PCR, it is also fully applicable for COVID-19 diagnosis and it can be also applied without an isolation of RNA from specimens (87). Though LAMP should be considered as a laboratory technique, further development can bring the point-of-care devices based on LAMP and applicable for COVID-19 diagnosis (88). The survey of basic tests and methods for molecular level COVID-19 diagnosis is depicted as Table 2.

As seen from the text above, antigen tests represent the first line diagnosis mean for COVID-19. Though they are not suitable for a replacement of the more accurate genetic tests like PCR, they are the only widely available diagnostic tool for revealing COVID-19 before the fatal symptoms onset and that is contemporary suitable for the point-of-care use. The currently available devices for SARS-CoV-2 antigen determination work on the principle of lateral flow tests.

The next development in SARS-CoV-2 antigen assays

Despite a good availability of SARS-CoV-2 antigen assays working on the principle of lateral flow tests, research on new means continues and some improved devices suitable for point-of-care use can be expected in future. The development is founded on the implementation of new technologies and materials providing

Tab. 2. Comparison of the basic tests for COVID-19 molecular level diagnosis.

Type of test	Analyte	Sample	Retrospective diagnosis	Plausible diagnosis before symptoms onset	Suitability for point-of-care testing
Antibody tests	antibodies produced against SARS-CoV-2 in the body	blood, plasma, serum	yes	no	yes
Antigen (antigenic) tests	SARS-CoV-2 antigen structures like N, S or M proteins	naso-pharyngeal swab, anterior nares swab, saliva and saline gargle samples	no	yes	yes
Genetic tests (PCR, LAMP)	genetic information of SARS-CoV-2	naso-pharyngeal swab, anterior nares swab, saliva and saline gargle samples	no	yes	no

better specifications of the assays. New nanomaterials (89–91), molecules with an improved recognition capability – biorecognition elements like new type of antibodies or aptamers (92–94) and devices suitable for the point-of-care bioassays combining the biorecognition elements with a sensor platform, biosensors, and similar point-of-care diagnostic means (95–102) are progressively evolving in the COVID-19 diagnostics.

In the work by Azad and co-workers, a biosensor was proposed, where nanoluciferase interacts with S1 subunit of S protein and the final conjugate exert bioluminescent reaction that is optically or visually detectable (103). In another paper, a surface enhanced Raman spectroscopy biosensor based on plates covered with nanostructured needles from gold and covered with ACE2 was manufactured (104). The biosensor exerted the limit of detection 80 copies of SARS-CoV-2 per one millilitre and the assay time 5 minutes. The surface enhanced Raman spectroscopy was also chosen by Gao and co-workers for COVID-19 diagnosis (105).

The researchers prepared a biosensor based on gold nanoparticles with immobilized DNA that selectively interacts with RNA of SARS-CoV-2. The interaction was detectable by colorimetry, fluorimetry and surface enhanced Raman spectroscopy as well and the limit of detection 160 fmol/l for absorbance assay, 29 fmol/l for fluorescence assay and 395 fmol/l for surface enhanced Raman spectroscopy was achieved. Another colorimetric assay was developed by Kim and co-workers (106). The researchers used the principle of lateral flow immunoassay (lateral flow test) where the recognition of N protein was made by specific single-chain variable fragment-crystallizable fragment fusion antibodies specific against N protein and cellulose nanobeads as a label. The assay provided the limit of detection 2 ng of antigen. In another study, an electrochemiluminescence biosensor was targeted to the RNA-dependent RNA polymerase gene of SARS-CoV-2 (107). The biosensor contained electrode covered with DNA tetrahedron and single stranded DNA labelled with tris(bipyridine)ruthenium (II)

Tab. 3. Survey of newly developed antigenic tests for COVID-19 diagnosis.

Type of assay	Description	Specifications	References
surface enhanced Raman spectroscopy	biosensor is based on plates covered with gold nano needles further modified with ACE2, the surface interacts with SARS-CoV-2 S antigen from sample, the interaction is recorder by Raman spectroscopy	limit of detection 80 copies of SARS-CoV-2 per one millilitre, assay time 5 minutes	(104)
colorimetry, fluorimetry, surface enhanced Raman spectroscopy	gold nanoparticles covered with specific DNA reacted with RNA from SARS-CoV-2 providing detectable signal	limit of detection 160 fmol/l for absorbance assay, 29 fmol/l for fluorescence assay and 395 fmol/l for surface enhanced Raman spectroscopy	(105)
lateral flow immunoassay (lateral flow test)	common lateral flow immunoassay where cellulose nanobeads covered with anti N protein antibodies were used	limit of detection 2 ng of antigen	(106)
electrochemiluminescence	biosensor with DNA tetrahedron interacted with single stranded DNA labelled with tris(bipyridine)ruthenium(II) chloride and the target RNA-dependent RNA polymerase gene of SARS-CoV-2, the formation of complex was accompanied with measurable electrochemiluminescence	limit of detection 2.67 fmol/l of RNA-dependent RNA polymerase gene	(107)
potentiometry	field effect transistor with single-walled carbon nanotubes further modified by antibody anti S or N protein providing interaction with SARS-CoV-2 from a sample, the interaction is measured potentiometrically	limit of detection 0.55 mg/ml for N protein and 0.016 fg/ml for S protein	(108)
potentiometry	field effect transistor modified with graphene coated by specific antibody specific to S protein of SARS-CoV-2, the interaction is measured potentiometrically	limit of detection 16 plaque forming units per millilitre in cultured medium analyzed and 242 copies per millilitre for clinical swab samples	(109)

chloride was also used for the recognition of the target sequence of SARS-CoV-2, the formation of complex was accompanied with measurable electrochemiluminescence that was suitable for reaching of the limit of detection 2.67 fmol/l of RNA-dependent RNA polymerase gene from SARS-CoV-2.

Semiconductive sensors can play a role in the detection of antigens from SARS-CoV-2. Such concept was for instance proposed by Shao and co-workers (108). The authors used a field effect transistor as a platform and modified it with single-walled carbon nanotubes further covered by an antibody specific to S or N protein. Interaction with SARS-CoV-2 was potentiometrically determined and the S protein was analysed with the limit of detection 0.55 mg/ml while the S protein with the limit of detection 0.016 fg/ml. A potentiometric field effect transistor founded biosensor was also described in the work by Seo and co-workers (109). The biosensor contained a field effect transistor modified with graphene coated by specific antibody specific to S protein of SARS-CoV-2. The biosensor potentiometrically determined SARS-CoV-2 with the limit of detection 16 plaque forming units per millilitre, when the cultured medium was analysed and 242 copies per millilitre for clinical swab samples (106). The Survey of the newly searched devices described in this text is presented in Table 3.

Conclusions

Small hand-held assays applicable in the point-of-care conditions for diagnosis of pathological states are the means of a growing interest and these means are gradually introduced into the market. The diagnosis of COVID-19 is not an exception and the development relates to these means as well. In the current time, the diagnosis of COVID-19 based on the commercial lateral flow tests are widely available and they fully meet the requirements placed on the point-of-care device. Though the antigen tests are less sensitive than the more advanced genetic assays like PCR, they are highly competitive to the other methods by price and overall simplicity. It is expected that the further improvements and application of advanced materials will further increase their competitiveness to the other types of SARS-CoV-2 assay. This work can be concluded by a statement that antigen tests are substantial tool for control of COVID-19 with no fully applicable commercial alternative for the point-of-care conditions.

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