

# Leonurine exerts a protective effect in dextran sodium sulfate-induced experimental inflammatory bowel disease mice model

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**Abstract.** Inflammatory bowel disease (IBD) is a common chronic inflammatory gastrointestinal disease. The therapeutic strategies of IBD are limited. IBD mouse models were established by administering 4% dextran sodium sulfate (DSS), which were further treated with Leonurine (7.5, 15, 30 mg/kg). The disease phenotypes, cell apoptosis, inflammation factors and oxidative stress related chemicals were evaluated. In addition, the potential related mechanism was also explored. Consequently, Leonurine ameliorated IBD-associated disease phenotypes and increase colon lengths and inhibited intestinal cell apoptosis in DSS-induced IBD mice. In addition, Leonurine reduced the expression of inflammation factors and oxidative stress level in DSS-induced IBD mice. Finally, Leonurine inhibited TLR4/NF- $\kappa$ B signaling pathway and activated of Nrf2/HO-1 signaling pathway. Leonurine can ameliorate IBD-induced apoptosis, inflammation response and oxidative stress *via* the activation of Nrf2/HO-1 signaling pathway and suppression of TLR4/NF- $\kappa$ B pathway.

**Key words:** Leonurine — Inflammatory bowel disease — Apoptosis — Oxidative stress — Nrf2/HO-1 signaling pathway — TLR4/NF- $\kappa$ B pathway

## Introduction

Inflammatory bowel disease (IBD) is a common chronic inflammatory gastrointestinal disease including Crohn's disease and ulcerative colitis (Arkuran et al. 2000). IBD is characteristic by chronic diarrhea, abdominal pain, rectal bleeding, weight loss, and a shortened colon. Although the etiology of IBD remains uncertain, the pathogenesis of

IBD is known to be related to irregular immune response, intestinal microflora, and genetic and environmental factors (Baumgart et al. 2007; de Souza et al. 2016). For the treatment of IBD, currently commonly used drugs include amino salicylate, corticosteroids and immunosuppressants, but these drugs have therapeutic limitations and cause side effects (Mowat et al. 2011). Vitamin D has recently been recognized as an immunoregulator, and vitamin D can regulate gastrointestinal inflammation and affect the gut microbiome (Kakodkar et al. 2017). Previous study has shown that vitamin D supplementation is available and can be a therapeutic option for IBD (Tabatabaeizadeh et al. 2018; Arihiro et al. 2019). In addition, the therapeutic effect of targeted drugs on single target of IBD (such as IL-7, CCR9 receptor, etc.) is also

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not obvious (Alimohammadi et al. 2020). Therefore, there is an urgent need to develop a multi-target drug to treat IBD.

Traditional Chinese medicine monomer has multi-target characteristics and has been used for immunoregulation in many therapeutic fields (Chen et al. 2018). Leonurine, the active ingredient of *Herba Leonurine*, has been shown to have a variety of biological activities, including heart protection, antioxidant, anti-apoptosis and anti-inflammatory properties (Hu et al. 2019; Xu et al. 2020). Leonurine has been shown to regulate multiple signaling pathways. For example, Leonurine improves the inflammatory response to LPS-induced endometritis by inhibiting TLR4 and NF- $\kappa$ B expression (Wu et al. 2018). Furthermore, Leonurine can activate Nrf2 signaling pathway and improve D-galactose-induced aging in mice (Chen P et al. 2019), and it can also relieve inflammatory symptoms and antioxidant stress in mice with ischemic stroke (Xie et al. 2019). In addition, motherwort alkaloid also has anti-apoptotic effect. It has been reported that Leonurine inhibits NF- $\kappa$ B and MAPK signaling and inhibits chondrocyte apoptosis, thereby improving adverse symptoms of arthritis (Hu et al. 2019). Leonurine also inhibits osteoclast production and prevents osteoporosis associated with estrogen deficiency by inhibiting the NF- $\kappa$ B and PI3K/Akt signaling pathways (Yuan et al. 2015). However, there are few reports about the effects of Leonurine on the IBD model, and the mechanism is not clear. Therefore, in this study, we aim to clarify the role of Leonurine in the IBD mice. We also primarily explore the underlying regulatory mechanism of Leonurine in the IBD mice.

## Materials and Methods

### *Animals and experiments*

A total of 30 ( $n = 5$ ) 20-week-old female C57BL/6 mice (Jackson Laboratory, Bar Harbor, USA) weighing at least 26 g were used in this study. Each cage has 6 mice, with the light/dark cycle 12:12 h (lights turn on at 7 o'clock), and food and water are provided freely. All mice were acclimatized to the feed group and water bottle for a week before treatment began. All procedures were approved by the First Affiliation Hospital of AnHui Medical University. Dextran sodium sulfate (DSS; molecular weight 40,000; Sigma-Aldrich, USA) was mixed in their drinking water (4% v/v) for 7 days, followed by 7 days of recovery with distilled water for consumption. Mice were grouped into 5 groups with 6 mice in each group: sham, DSS model, DSS + Leonurine (7.5 mg/kg), DSS + Leonurine (15 mg/kg), and DSS + Leonurine (30 mg/kg). The Sham group animals were administered distilled water. The mice were treated with different dose of Leonurine by gavage. The mice's survival and weight were monitored daily.

### *Assessment of disease activity index*

To assess the severity of IBD, IBD was scored based on body weight, stool consistency, and blood content in the stool. Weight score 0, none; Score 1, 5%; Score 2, 5–10%; Score 3, 10–20%; Score 4, >20%. Diarrhea score: 0, normal; 2 points, loose stool; 4 points, watery diarrhea. Blood in stool score: 0, normal; 2 points, mild bleeding; 4 points, massive bleeding. The disease activity index (DAI) score was derived from the above score and used to assess the severity of IBD.

### *Tissue collection*

The mice were euthanized by carbon dioxide (CO<sub>2</sub>) asphyxia. The mice were dissected, the colon tissue was separated, washed in PBS solution, and the excess water was removed. The full lengths of the colon were measured and then tissues were weighed. Colon segments for histology analysis were placed into tissue embedding cassettes for 12 h and fixed in 10% neutral buffered formalin. The segments for other analyses were snap frozen in liquid nitrogen and then stored at  $-80^{\circ}\text{C}$ .

### *Tissue processing*

Colon samples were sectioned at a thickness of 5  $\mu\text{m}$  and collected on the slides in a ratio of 1:10. At least two slides were collected from each mouse, with each containing four or more sections. Finally, staining was performed with hematoxylin and eosin (H&E), followed by pathological evaluation with Alcian blue solution. The stained slides were imaged at 40 $\times$  magnification using an automatic imager (Leica, model SL801).

### *TUNEL*

The TUNEL staining was used to detect the level of apoptosis in the colon tissue according to the manufacturer's instructions (Roche, Shanghai, China). Briefly, the samples were fixed by 4% PFA in PBS (phosphate buffered saline) for 30 min, incubated with H<sub>2</sub>O<sub>2</sub> for 10 min, and then incubated with PBS containing 0.3% Triton X-100 for 2 min, followed by the TUNEL reaction at 37 $^{\circ}\text{C}$  for 1 h in the dark. Finally, DAPI was applied to the reaction for 5 min and an *in situ* cell death detection kit was used to detect apoptosis. The images were obtained with a fluorescence microscope.

### *Western blotting*

Colon tissue was ground into powder in liquid nitrogen, and then RIPA buffer containing protease inhibitor was added immediately, and the protein concentration of samples in each group was determined. 40  $\mu\text{g}$  proteins from each sample

were separated by 12% sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and then transferred to a polyvinylidene fluoride (PVDF) membrane activated with methanol. The protein was sealed with 5% skimmed milk for 1 h at room temperature. Then the primary antibodies were incubated at 4°C overnight, the antibodies incubated mainly include anti-BAX (1:5000, ab32503, Abcam), anti-Cleaved Caspase-3 (1:5000, ab214430, Abcam), anti-BCL-2 (1:5000, ab182858, Abcam), anti-TLR4 (1:500, ab217274, Abcam), anti-p-NF-κB (phosphor S536, 1:5000, ab239882, Abcam), anti-NF-κB (1:2000, ab16502, Abcam), anti-Nrf2 (1:1000, ab92946, Abcam), anti-Heme Oxygenase 1 (HO-1; 1:2000, ab52947, Abcam) and anti-β-actin (1:5000, ab8227, Abcam). The second day, the membranes were washed with PBST and incubated with the goat anti-rabbit immunoglobulin G (IgG) for 1 h at 37°C, and then target proteins were visualized by chemiluminescence (Millipore, USA), and imaged using imaging software (GE Healthcare, Life Sciences, USA).

#### RT-qPCR

The total RNA in the colon tissues was extracted with TRIzol Reagent (Gibco, USA) according to the manufacturer's instructions, and then cDNAs were synthesized by the Transcriptor first-strand cDNA synthesis kit (Roche Diagnostics, Mannheim, Germany). The mRNA expressions were determined using RT-qPCR and β-actin was used as an internal reference. The primers were listed as following: IL-6, F: AAGTCCGGAGAGGAGACTTC; R: TGGATGGTCTTG-GTCCTTAG. TNF-α, F: AACTCCAGGCGGTGCCTATG; R: TCCAGCTGCTCCTCCACTTG; IL-1β, F: AGCTTCAG-GCAGGCAGTATC; R: TCATCTCGGAGCCTGTAGTG. β-actin, F :5'- TCACCCACATGTGCCCATCTACGA -3'; R: 5' -CAGCGGAACCGCTCATTGCCAATGG-3'.

#### Enzyme-linked immunosorbent assay (ELISA)

The concentrations of TNF-α, IL-6 and IL-1β in the tissue suspension were determined using commercial ELISA kit including Mouse IL-6 ELISA Kit (ab222503, Abcam, Cambridge, MA, USA), Mouse TNF-α ELISA Kit (ab208348, Abcam) and Mouse IL-1β ELISA Kit (ab197742, Abcam) following the manufacturer's instructions.

#### Measurement of malondialdehyde (MDA), superoxide dismutase (SOD) and reduced glutathione (GSH) activity in IBD mice

Colon tissue was ground into powder in liquid nitrogen, and kept at 4°C. MDA, SOD and GSH activities in colon tissues were determined using relevant assay kits (#A001-3-2, #A003-1-2, #A006-2-1, Nanjing Jiancheng Biological

Engineering Research Institute Co. Ltd, Najing, China), respectively.

#### Statistical analysis

All quantitative analyses and graphical representations in the study were performed using Graphpad Prism (Prism 6.0 for Windows). For comparisons among groups, analyses of variance (ANOVAs) followed by *post hoc* analyses using Tukey tests were performed. Specifically, body weight data were analyzed using mixed Factorial ANOVAs with time. All graphs are shown as group means ± standard error of the mean (SEM). \*\*  $p < 0.01$  compared with sham group; ##  $p < 0.01$  compared with DSS group.

## Results

### Leonurine ameliorated IBD-associated disease phenotypes and increase colon lengths

Administration of DSS solution consistently induced significant body weight loss of mice compared with the sham group (Fig. 1A), and Leonurine significantly reversed the body weight loss caused by DSS in a dose-dependent manner (Fig. 2A). In addition, the DAI was scored in the 5 group mice, and the results showed that the DAI from pow to high ranked as the following: Sham group, DSS + Leonurine (30 mg/kg), DSS + Leonurine (15 mg/kg), DSS + Leonurine (7.5 mg/kg) and DSS group (Fig. 2B). The represent sample of each group was shown in Figure 2C, and the length was measured. The results showed that the sham group had the normal length of colon, while the DSS group had the shortest colon, and Leonurine can reversed the shortened colon caused by DSS in a dose-dependent manner (Fig. 2D). Colon samples from mice were stained with H&E and Alcian blue and pathological changes were shown in Figure 2E. The results indicated that inflammatory cells infiltration, mucosal necrosis, ulcerations and cryptal cell loss were observed in the colon in DSS group, while the disease phenotypes were improved in Leonurine group. These results indicated that Leonurine can alleviate the disease phenotypes induced by DSS in mice.

### Leonurine inhibited intestinal cell apoptosis in DSS-induced IBD mice

As depicted in Figure 2A, the cryptal cells were almost destroyed and the TUNEL positive cells (red) were enhanced in DSS group compared with the Sham group, which suggested that DSS induced severe apoptosis in intestinal cell. Furthermore, the apoptosis induced by DSS can be ameliorated by Leonurine treatment in a dose-dependent manner.

We assessed the expressions of apoptosis-related proteins. BAX and cleaved caspase-3 were upregulated in DSS group and decreased in Leonurine treatment group in a dose-dependent manner, while BCL-2 had contrary result. The results indicated that Leonurine can alleviate the apoptosis induced by DSS in mice.

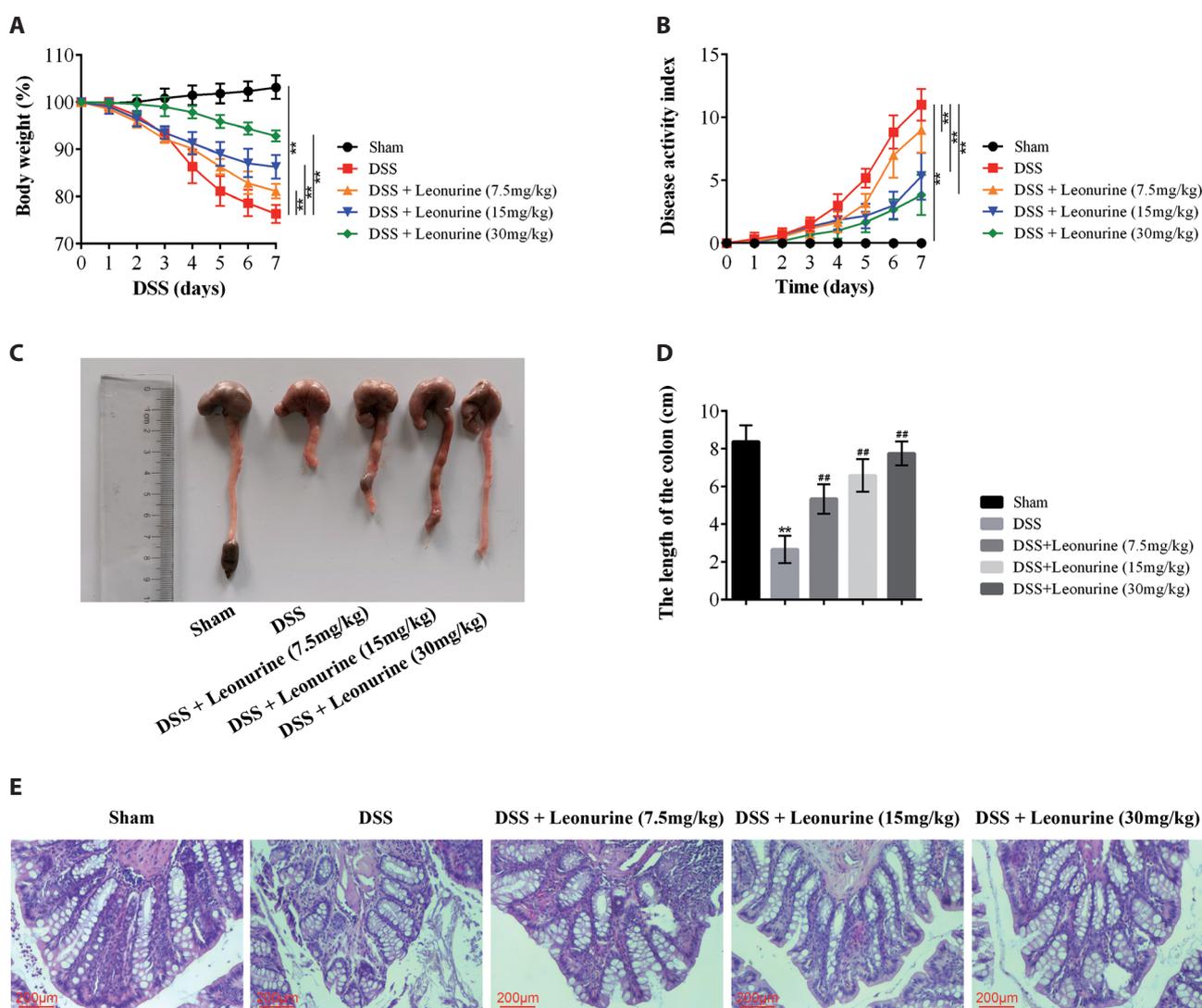
#### Leonurine reduced the inflammation factors level in DSS-induced IBD mice

As shown in Figure 3A, ELISA results showed that the serum inflammation factors including TNF- $\alpha$ , IL-6 and L-1 $\beta$  were

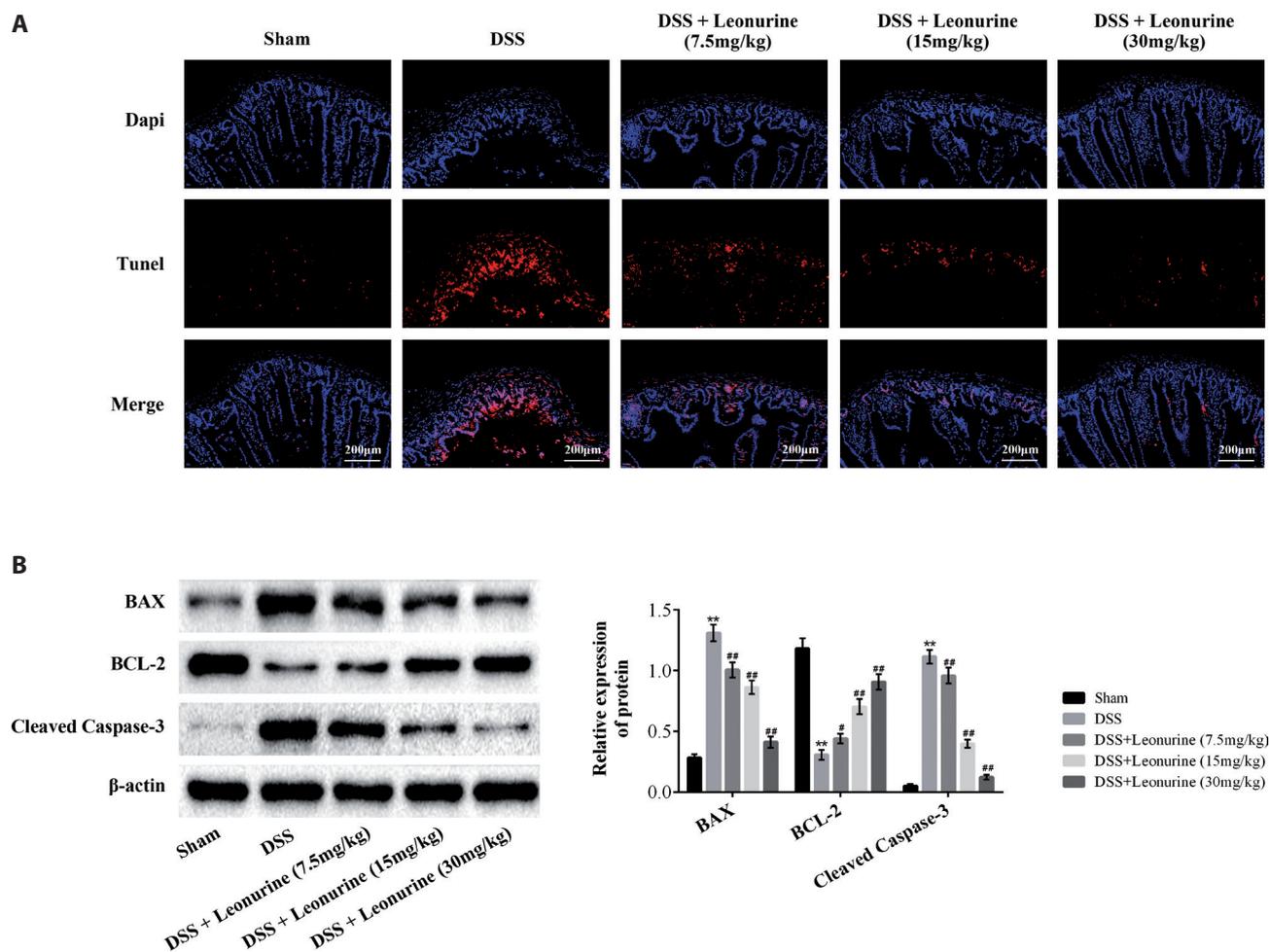
elevated in DSS group and decreased in Leonurine group in a dose-dependent manner. The expressions of inflammation factors in intestinal tissue were detected by RT-qPCR, and the results had the similar trend with the serum inflammation factor protein levels (Fig. 3B). These results indicated that Leonurine can alleviate the inflammation response in DSS-induced IBD mice.

#### Leonurine alleviated oxidative stress in DSS-induced IBD mice

The oxidative stress index in intestinal tissue was detected by commercial kit, and the results showed that the MDA



**Figure 1.** Leonurine ameliorated IBD-associated disease phenotypes and increased colon lengths. **A.** Time-dependent increasing of body weight of IBD mice and dose-dependent positive effect of Leonurine. **B.** The clinic disease activity index (DAI) of mice. **C.** The colon morphology of mice. **D.** Colon length statistical analysis. **E.** H&E staining results of colon in mice. Magnification  $\times 40$ .  $** p < 0.01$  vs. Sham group;  $## p < 0.01$  vs. DSS group. IBD, inflammatory bowel disease; DSS, IBD mouse model established by administering 4% dextran sodium sulfate.



**Figure 2.** Leonurine inhibited intestinal cell apoptosis in DSS-induced IBD mice. **A.** TUNEL staining of colon tissue in mice. **B.** Western blot result of BAX, BCL-2 and cleaved caspase-3 in the colon tissues. \*\*  $p < 0.01$  vs. Sham group; ##  $p < 0.01$  vs. DSS group. For abbreviations, see Fig. 1.

level was elevated in DSS group and decreased in Leonurine group in a dose-dependent manner (Fig. 4). The SOD level and GSH level were reduced in DSS group and increased in Leonurine group in a dose-dependent manner. These results indicated that Leonurine can increase the levels of ROS scavengers including SOD and GSH, and reduce oxidative stress product MDA, suggesting that Leonurine alleviated the oxidative stress in DSS-induced IBD mice.

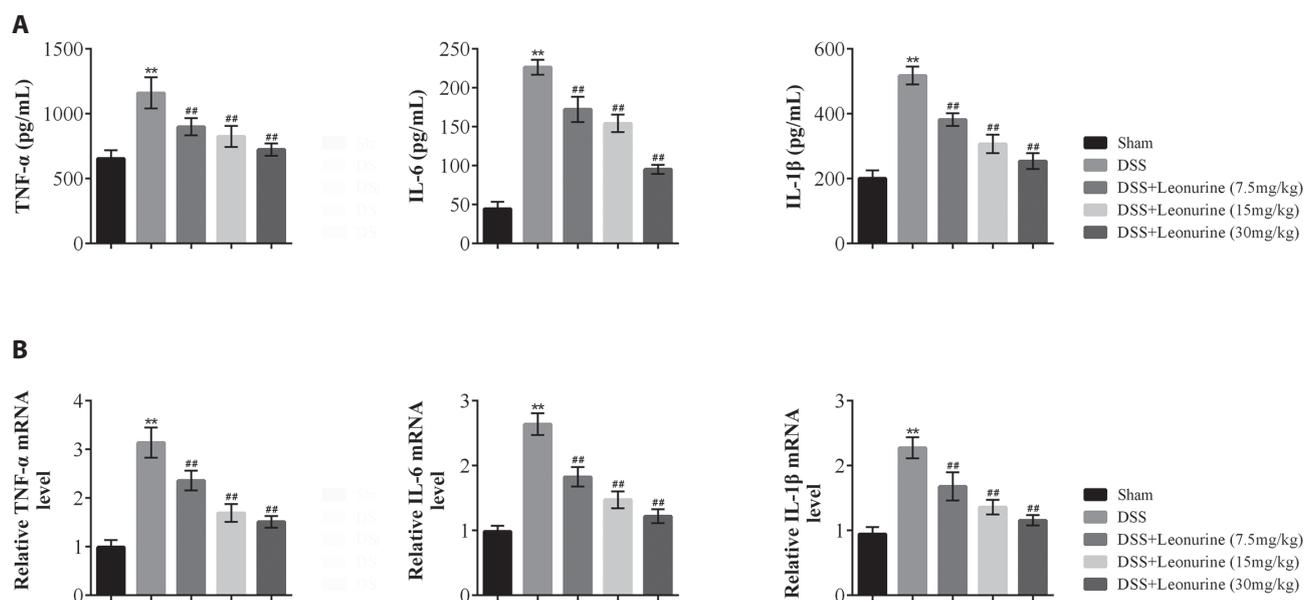
#### Leonurine inhibited TLR4/NF- $\kappa$ B signaling pathway and activated of Nrf2/HO-1 signaling pathway

To detect the inflammation associated pathway, the protein members of TLR4/NF- $\kappa$ B signaling pathway were detected by Western blot. As shown in Figure 5A, the protein expression of TLR4 and p-NF- $\kappa$ B was upregulated in DSS group and downregulated in Leonurine group in a dose-depend-

ent manner. In addition, the oxidative stress associated Nrf2/HO-1 signaling pathway was also investigated. The protein expressions of Nrf2 and HO-1 were downregulated in DSS group and gradually upregulated in Leonurine group in a dose-dependent manner (Fig. 5B). These results suggested that Leonurine inhibited TLR4/NF- $\kappa$ B signaling pathway and activated of Nrf2/HO-1 signaling pathway, which might be the protective mechanism of Leonurine in IBD mice.

#### Discussion

The DSS-induced colitis model is commonly used to study IBD in mice, because DSS is a sulfated polysaccharide especially toxic to the colonic epithelium. In current study, we established the IBD mouse model *via* giving 4% DSS



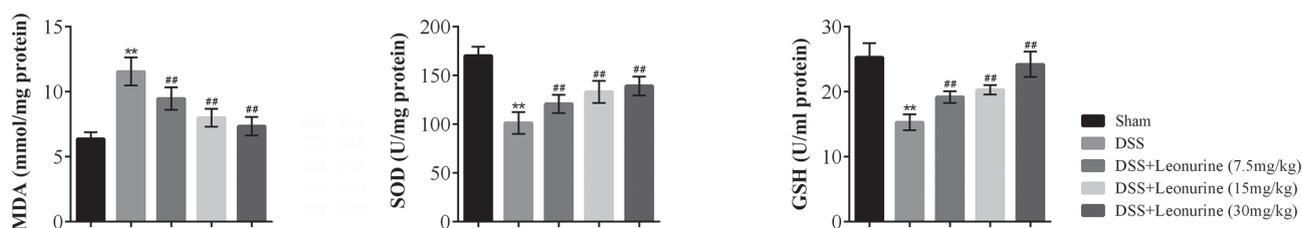
**Figure 3.** Leonurine reduced the inflammation factors level in DSS-induced IBD mice. **A.** ELISA results of the concentrations of TNF- $\alpha$ , IL-6 and IL-1 $\beta$  in the serum of mice. **B.** RT-qPCR results of the expressions of TNF- $\alpha$ , IL-6 and IL-1 $\beta$  in colonic tissues. \*\*  $p < 0.01$  vs. Sham group; ##  $p < 0.01$  vs. DSS group. For abbreviations, see Fig. 1.

for 7 consecutive days. The IBD model was successfully established evidenced by the shortened colon length, inflammatory cells infiltration, mucosal necrosis, ulcerations and cryptal cells loss.

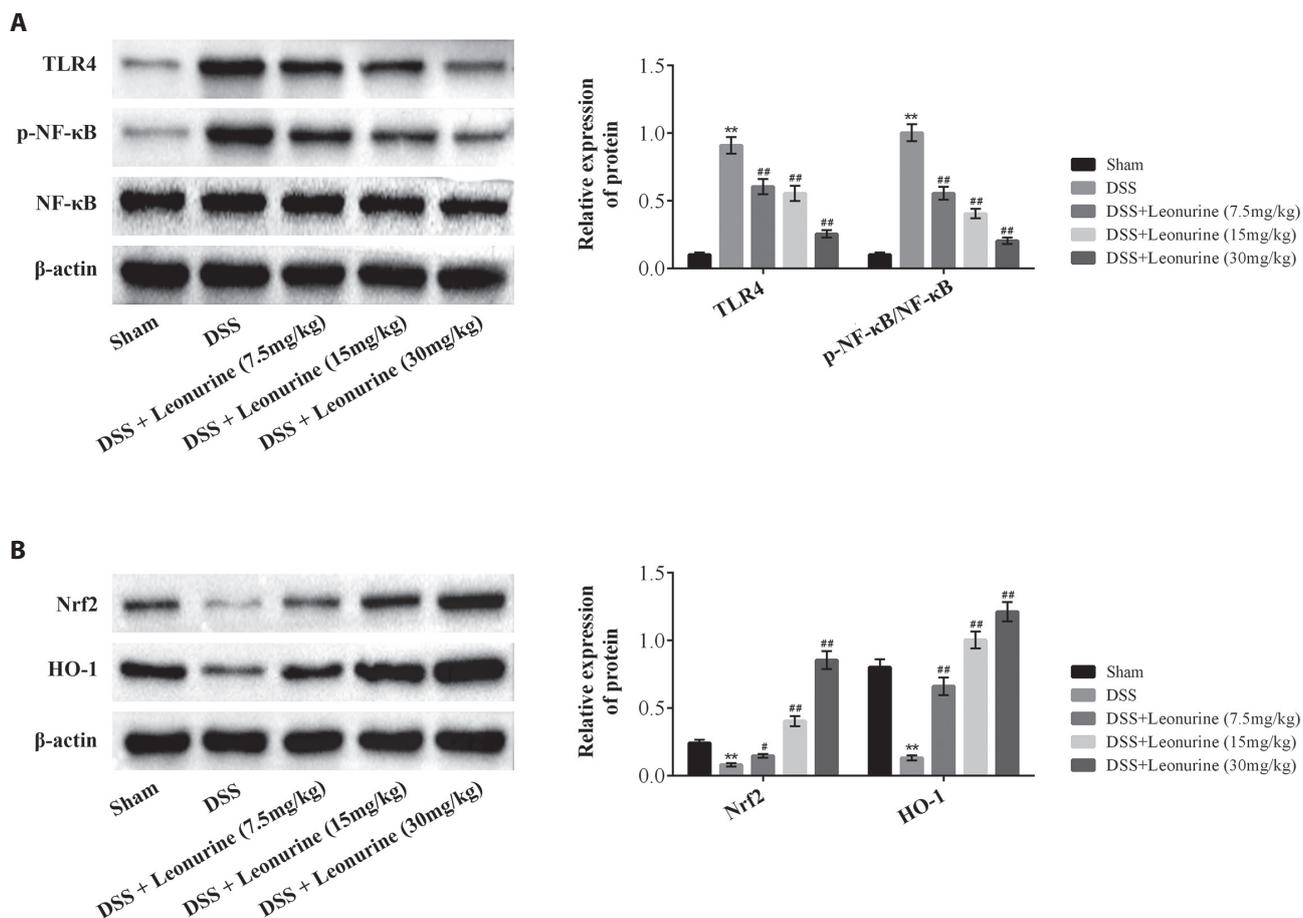
Recent study has demonstrated that apoptosis suppression can attenuate the experimental IBD in rats (Arab et al. 2021). In current study, we found that DSS induced obvious cell apoptosis in intestinal epithelial cells, while Leonurine contributed to apoptosis suppression, which suggest that Leonurine might attenuate the experimental IBD in mice *via* inhibiting apoptosis.

Inflammation is the pathological feature of IBD. TLR4 was identified as a signal receptor for lipopolysaccharide in the outer membrane of Gram-negative bacteria (Poltorak et al. 1998). Mechanically, TLR4 binds to LPS to activate

NF- $\kappa$ B, subsequently, effector cells are stimulated to secrete TNF- $\alpha$  and other cytokines, resulting in the induction of inflammatory response (Wu et al. 2019). Thus, TLR4 is also required for activating pro-inflammatory cell signaling pathways in response to endogenous molecules (Schröder et al. 2005). A lot of articles have shown that activation/inhibition of TLR4 is associated with inflammation presence. In IBD, inhibition of TLR4 can significantly inhibit the occurrence of inflammatory response and ultimately play a role in intestinal protection (Matsunaga et al. 2011). In addition, high expression of TLR4 was significantly associated with IBD risk (Liu et al. 2019). TLR4/NF- $\kappa$ B pathway suppression has been demonstrated to suppress IBD in a variety articles (Chen X et al. 2019; Liu et al. 2019; Dejban et al. 2020). Our experiments showed that



**Figure 4.** Leonurine alleviated oxidative stress in DSS-induced IBD mice. The level of malondialdehyde (MDA), superoxide dismutase (SOD) and reduced glutathione (GSH) activity in IBD mice. \*\*  $p < 0.01$  vs. Sham group; ##  $p < 0.01$  vs. DSS group. For abbreviations, see Fig. 1.



**Figure 5.** Leonurine inhibited TLR4/NF- $\kappa$ B signaling pathway and activated Nrf2/HO-1 signaling pathway. **A.** Western blot result of TLR4, p-NF- $\kappa$ B and NF- $\kappa$ B in the colon tissues. **B.** Western blot result of Nrf2 and HO-1 in the colon tissues. \*\*  $p < 0.01$  vs. Sham group; ##  $p < 0.01$  vs. DSS group. For abbreviations, see Fig. 1.

Leonurine inhibited TLR4/NF- $\kappa$ B pathway and Leonurine might inhibit inflammation in the experimental IBD in mice *via* inhibiting TLR4/NF- $\kappa$ B pathway.

Oxidative stress has recently been implicated in the pathogenesis and procession in IBD (Tian et al. 2017). Nrf2 is an important antioxidant regulator, which can combine with antioxidant reaction elements to regulate the expression of HO-1 and NQO1 (Alimohammadi et al. 2020). Nrf2 is involved in IBD (Piotrowska et al. 2021). Several reports have shown that activation of Nrf2 can reduce inflammatory response and oxidative stress in IBD, thus protecting intestinal tissues (Wang et al. 2018; Pompili et al. 2019). Khor et al. (2006) used a colitis model induced by experimental DSS and found that mice with the Nrf2 gene (Nrf2<sup>-/-</sup>) knocked out were more likely to acquire histological features of colitis (such as short colonic and rectal bleeding). Furthermore, a lot of drugs were believed to be potential benefit for IBD due to the Nrf2/HO-1 signaling pathway activation (Zhu et al. 2018; Mei et al. 2019; Tang

et al. 2020; Zhang et al. 2020; Arab et al. 2021). We found that the Nrf2/HO-1 signaling pathway was activated after treating with Leonurine in mice, and Leonurine might ameliorate oxidative stress in IBD *via* activating Nrf2/HO-1 signaling pathway, which is consistent with the above literatures.

## Conclusion

In summary, our study demonstrated that Leonurine can ameliorate IBD in experimental mouse by inhibiting apoptosis, inflammation response and oxidative stress. The underlying mechanism might be associated with the activation of Nrf2/HO-1 signaling pathway and suppression of TLR4/NF- $\kappa$ B pathway.

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**Conflict of interests.** The authors state that there are no conflicts of interest to disclose.

**Ethics approval.** Ethical approval was obtained from the Ethics Committee of the First Affiliation Hospital of Anhui Medical University for the use of animals and conducted in accordance with the National Institutes of Health Laboratory Animal Care and Use Guidelines (Approval No. 2019-0432).

**Statement of human and animal rights.** All procedures in this study were conducted in accordance with the Animal Ethics Committee of the First Affiliation Hospital of Anhui Medical University approved protocols.

**Authors' contributions.** LQ and XC designed the study, supervised the data collection; YP and ZZ analyzed the data, interpreted the data; MT, CS, BY, and HW prepared the manuscript for publication and reviewed the draft of the manuscript. All authors have read and approved the manuscript.

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