EXPERIMENTAL STUDY

Cilostazol-induced relaxation of calf cardiac vein and coronary artery during cooling

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Abstract: *Objective:* At present very little is known about the role of endothelial nitric oxide (NO) in the effects of temperature on vascular reactivity. The aim of the present study is to evaluate the influence of cooling (to 28 °C) on the vasodilatation induced by cilostazol(10⁻⁹–3x10⁻⁴M) on carbachol (10⁻⁶)-precontracted calf cardiac vein and coronary artery and the role of NO in these effects.

Materials and methods: Ring preparations of great cardiac vein and the anterior interventricular branch of left coronary artery were used.

Results: Cilostazol produced concentration-dependent relaxation of calf cardiac vein and coronary artery rings precontracted with carbachol. During cooling, the pIC₅₀ values, but not the maximal responses to cilostazol were significantly lower than at 37 °C in both preparations. Cooling to 28 °C in the presence of N^G-nitro-L-arginine methyl ester (L-NAME, 10⁻⁴ M) did not modify the effect of temperature both in cardiac vein and coronary artery. These results demonstrate for the first time that cooling-induced changes of cilostazol in calf cardiac vein and coronary artery are independent of NO (*Tab. 2, Fig. 3, Ref. 32*). Full Text in PDF *www.elis.sk.* Key words: cardiac vein, cilostazol, cooling, coronary artery, nitric oxide.

Cooling has been shown to induce significant changes in noncutaneous vascular smooth muscle responses to various drugs (1, 2). Most of the previous studies examining the effect of cooling on smooth muscle responses have focused on the effects of contractile agents and information about vasodilators is rather limited.

Cilostazol is a phosphodiesterase III inhibitor and is used in diabetic patients as an antiplatelet and antithrombotic drug (3, 4). It has been found that phosphodiesterase III inhibitors including cilostazol cause vasodilation leading to a concomitant reduction in arterial pressure (5, 6). Cyclic nucleotide phosphodiesterases catalyze the degradation of cAMP and cGMP (7). An increase in levels of cAMP or cGMP in smooth muscle cells was regulated by activation of adenylyl cyclase or guanylyl cyclase and inhibition of phosphodiesterases (8). The endothelium plays an important role in regulating vascular tone, through the release of a variety of vasoactive substances. Endothelium-derived relaxing factor, identified as nitric oxide (NO) or as a nitric oxide compound, is one of the most important (9). Cilostazol is suggested to relax smooth muscle cells by elevating cAMP.

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Thus, despite current research to determine the effects of cooling on vascular reactivity of different animal species, studies with vasodilator agents remain incomplete and to our knowledge, there are no studies that analyze the effects of cooling on the cilostazoldependent relaxations.

The purpose of this study was to determine the effects of cooling (28 °C) on vascular smooth muscle responses to cilostazol in calf cardiac vein and coronary artery, analyzing the role of NO in these effects.

Materials and methods

Tissue preparations

Calf hearts were obtained from a slaughterhouse and immediately placed in Krebs-Henseleit solution. Segments of the great cardiac vein and anterior interventricular branch of left coronary artery were removed and cut into rings 2.5 mm in length. Care was taken not to damage the endothelium. Each ring was mounted in 25 ml organ baths containing Krebs-Henseleit Solution (KHS), aerated with 95 % O_2 and 5 % CO_2 . KHS was composed of (mM): NaCl 119, KCl 4.70, MgSO₄ 1.50, KH, PO₄ 1.20, CaCl, 2.50, NaHCO₃ 25, Glucose 11.

Changes in isometric tension were recorded by a force-displacement transducer (BIOPAC MP36, Santa Barbara, California, USA) connected through amplifiers to a ITBS08 Integrated Tissue Bath System (Commat, Ankara, Turkey). The tissues were allowed to equilibrate for 60 mins under a resting tension of 1 g with repeated washing every 15 min.

Experimental design

The endothelial cell integrity was determined in each ring before all experiments. Relaxation responses to acetylcholine (ACh, 10-6

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M) in rings pre-constricted with 5-hydroxytryptamine (5-HT, 10^{-6} M) were used to test endothelial cell integrity. Preparations which were relaxed by >70 % of the 5-HT-induced tone after addition of ACh were considered to have undamaged endothelium. Thereafter, experimental procedures were performed as describe below.

After the stabilization period, cardiac vein and coronary artery preparations were contracted with 10^{-6} M carbachol. After the contraction had reached steady state, cilostazol was added to the organ bath cumulatively (10^{-9} – $3x10^{-4}$ M) at 37 °C. The maximal carbachol contraction was used as a standard by which subsequent responses of the tissue could be expressed (as a percentage of this contraction).

After the first concentration-response curve was completed, preparations were washed and allowed to reestablish resting tension. After the contractile responses to carbachol, the temperature was changed from 37 to 28 °C (cooling). Cooling was rapidly achieved and preparations were allowed to equilibrate at this temperature for 30 mins before a second concentration-response curve was determined for cilostazol. Cilostazol was prepared daily and added to the organ bath cumulatively.

The influence of NO on relaxations to cilostazol was specifically addressed by pre-treating the rings with the nitric oxide synthase inhibitor NG nitro-L-arginine methlyl esther (L-NAME, 10^{-4} M) (10). Again, after the contractile response to carbachol, the temperature was changed from 37 to 28 °C. The tissues were allowed to equilibrate at 28 °C for 30 mins. L-NAME was added to the organ bath 20 mins before concentration-response curves were obtained. Endothelium was not denuded because only the role of endothelial NO was examined in this study.

In another series of experiments, the relaxant effect of ACh was investigated in preparations precontracted with 5-HT at 37 and 28 °C. In a different series of the study, the action of sodium nitroprusside $(10^{-9}-3x10^{-4} \text{ M})$ in preparations pre-contracted by carbachol (10^{-6} M) was investigated at 37 and 28 °C.

Tab. 1. pIC_{50} values for cilostazol in calf cardiac vein and coronary artery at 37, 28 °C and in the presence of L-NAME (10-6 M). Each value is derived from six experiments. Data are means ± S.E.M.

	pIC50	
_	Cardiac vein	Coronary artery
37°C	5.9±0.3	7.0±0.3
37°C – L-NAME	$4.4 \pm 0.2*$	$5.8 \pm 0.4*$
28°C	6.4±0.3**	8.0±0.4**
28°C – L-NAME	5.8±0.3***	6.5±0.2***
*,**p<0.05 compared to pl	IC50 values obtained at 37	°C

*** p<0.05 compared to pIC50 values obtained at 37 °C

Tab. 2. Maximum responses (Emax) for cilostazol at 37 °C, 28 °C and

six experiments.			
	Emax(%)		
_	Cardiac vein	Coronary artery	
37°C	100 ± 0.0^{a}	100 ± 0.0	
37°C – L-NAME	89.0 ± 3.0	90.0 ± 4.0	
28°C	81.3 ± 9.0	93.3 ± 6.0	
28°C – L-NAME	82.0 ± 2.0	95.6±4.3	

in the presence of L-NAME (10-6 M). Each value is derived from

^a Data are means ± S.E.M.

Statistical analysis

Relaxation responses to cilostazol were expressed as percentages of the carbachol (10^{-6} M) induced contraction. Concentrations of cilostazol causing 50 % of the maximal response (IC_{50}) were calculated from each individual concentration-response curve. Maximal responses (Emax) and pIC₅₀ (-log IC₅₀) values for curves obtained before and during cooling were compared by using Student's t test. Statistical significance was set at p<0.05.

Drugs

Carbachol chloride, NG nitro-L-arginine methlyl ester, acetylcholine chloride (all dissolved in distilled water) and cilostazol (dissolved in dimethyl sulphoxide; DMSO. The concentration of DMSO in the tissue bath has always been kept below 0.4%) were used. Carbachol and ACh were obtained from Sigma (St. Louis, MO, USA). Cilostazol was kindly provided by Abdi İbrahim Drug Industry (Istanbul, Turkey).

Results

Cardiac vein

In calf cardiac vein, carbachol (10⁻⁶ M) produced reproducible contractions. After the maximal contractile response to carbachol, cooling to 28 °C did not change this contraction. Maximal response (g) to carbachol was found 0.65±0.04 and 0.62±0.03, at 37 and 28 °C, respectively. Cilostazol (10⁻⁹-3x10⁻⁴ M) produced concentration-dependent relaxation of calf cardiac vein preparations pre-contracted with carbachol at both 37 and 28 °C (cooling).

Figure 1 shows the results in cardiac vein at 37, 28 °C and also in the presence of L-NAME. Compared with 37 °C, the pIC₅₀ value of cilostazol was significantly higher (p<0.05) at 28 °C (Tab. 1). Furthermore, E_{max} value was not significantly different (p>0.05) (Tab. 2).



Fig. 1. Concentration-response curves for cilostazol at 37 and 28 °C and in the presence of N^G nitro-L-arginine methyl esther (L-NAME, 10^{-6} M), at 37 and 28 °C, in calf cardiac vein. The preparations were pre-constricted with carbachol (10^{-6} M). Each point is the mean ± SEM of six experiments.





Fig. 2. Concentration-response curves for cilostazol at 37 and 28 °C and in the presence of N^G nitro-L-arginine methyl ester (L-NAME, 10⁻⁶ M), at 37 and 28 °C, in calf coronary artery. The preparations were pre-constricted with carbachol (10⁻⁶ M). Each point is the mean \pm SEM of six experiments.

Pre-incubation with L-NAME significantly decreased the pIC_{50} values of cilostazol at both temperatures (p<0.05) (Tab. 1). Furthermore, the sensitivity to ACh was not significantly different between the two temperatures studied (pD₂=6.56±0.05 at 37 °C and 6.58±0.06 at 28 °C, p>0.05).

Coronary artery

Figure 2 shows the effects of cilostazol $(10^{-9}-3x10^{-4} \text{ M})$ on calf coronary artery at 37 and 28 °C and also in the presence of L-NAME. Carbachol (10^{-6} M) produced contraction in calf coronary artery. Responses to carbachol were reproducible. After the maximal contractile response to carbachol, cooling to 28 °C did not change this contraction. Maximal response (g) to carbachol was found 0.92 ± 0.04 and 0.90 ± 0.12 , at 37 and 28 °C, respectively. Cumulative addition of cilostazol $(10^{-9}-3x10^{-4} \text{ M})$ produced concentration-dependent relaxation of calf coronary arteries precontracted with carbachol at both 37 and 28 °C (cooling). During cooling the pIC₅₀ value (Tab. 1) of the coronary artery was significantly higher (p<0.05) than at 37 °C. Furthermore, E_{max} value was not significantly different (p>0.05) (Tab. 2).

The sensitivity to ACh was not significantly different between the two temperatures studied ($pD_2=6.81\pm0.08$ at 37 °C and 6.85±0.04 at 28 °C, p>0.05).

Effect of sodium nitroprusside

Sodium nitroprusside-induced concentration-dependent relaxation in cardiac vein and coronary artery and the relaxation to this agent was not influenced by cooling in both preparations (Fig. 3).

Discussion

In the present work, we studied the effects of cooling on cilostazol-induced vasodilatation of calf cardiac vein and coro-



Fig. 3. Responses of calf cardiac vein (CV) and coronary artery (CA) to sodium nitroprusside at 37 and 28 °C. Each point is the mean \pm SEM of six experiments.

nary artery, paying special attention to the role of NO in these responses. The calf cardiac vein and coronary artery are easily accesible smooth muscle preparations and there is limited information (11-13) about the effect of temperature in these vessels.

The temperature utilized in this study; 28 °C, for cooling was considered to be 'moderate cooling' temperature according to our previous studies (14,15).

Nitric oxide is a major factor in the cardiovascular system. Its multiple roles include regulation of vasomotor tone and cell adhesion to the endothelium, inhibition of platelet aggregation and vascular smooth muscle cell proliferation (16). This suggests that NO plays a crucial role in the prevention of cardiovascular damage as seen in hypertension, atherosclerosis and other diseases (17). Our results indicate that at 37 °C, carbachol-induced reproducible contractions in cardiac vein and coronary artery. At this temperature, cilostazol-induced concentration-dependent vasodilatation in both preparations pre-contracted with carbachol. As we know, cilostazol is a selective inhibitor of phosphodiesterase III (3). By increasing intracellular cAMP, in vascular smooth muscle cells are thought to be the following: (i) stimulation of cAMP-dependent protein kinase, which activates a sarcolemmal calcium pump, (ii) stimulation of Na+/K+-ATPase, which results in hyperpolarization and removal of intracellular sodium and calcium, (iii) augmentation of dephosphorylation of the myosin light chain cilostazol activates protein kinase A (PKA), which activates eNOS (18, 19). Nakamura et al (6) reported that cilostazol induced relaxation of the phenylephrine-precontracted rat thoracic aorta in a concentration-dependent manner. In our study, compared with the control responses at 37 °C, treatment with L-NAME, a NO synthase inhibitor decreased the sensitivity, but not maximal relaxation to cilostazol in both vessels. Our results are in aggrement with another reports (20, 21) showing that cilostazol has elicited a vasodilation of rabbit spinal arterioles regardless of the endothelium function. Birk et al (22) also demonstrated that cilostazol produced a vasodilation of guinea-pig basiler arteries which was not dependent on the NO pathway. On the other hand, Nakamura et al (6) have reported that the vasodilative action of cilostazol is partially endothelium-dependent, and NO production is increased with cilostazol in the rat thoracic aorta. It is also reported that (23) urinary excretion of nitrites, a stable metabolite of NO, and basal production of NO of the aortic ring obtained from cilostazol-treated rats were greater than in control animals. These data suggest that cilostazol-induced vasodilation is dependent on NO.

In our study, compared with the control responses at 37 °C, cooling increased the sensitivity, but not maximal relaxation to cilostazol in both vessels. No previous data on the effects of cilostazol of calf cardiac vein and coronary artery during cooling have been published. On the other hand, there are limited and conflicting reports about the effects of cooling due to using vasodilator agents and tissues. For example, Fernandez et al (24) reported that cooling increased the sensitivity of the relaxation of the central ear artery, a cutaneous vessel, but it did not affect the response of the femoral artery, a noncutaneous vessel, to histamine. It has also been shown that the relaxation to cholinergic stimulation of ear artery, but not of femoral artery, from rabbit was increased during cooling (25). Tiritilli (26) reported that cooling decreased nicorandil, an ATPsensitive K+ channel-opener-induced relaxation in umbilical arteries. Furthermore, Suzuki et al (27) supported that when temperature was decreased, human pulmonary arteries presented a dilatation which has not been observed in pulmonary veins; during cooling the pulmonary veins constrict while pulmonary arteries dilate. In this study, we used cardiac vein and coronary artery preparations of calf, and observed the same responses in both vessels.

Limited data suggest that changing temperature may also alter the ability of the endothelium to generate or release NO (28-30). In this study, we also investigated the role of NO in cooling induced responses to cilostazol. At 28 °C, inhibition of NO synthesis decreased the sensitivity to cilostazol in both vessels, thus suggesting that during cooling the response to cilostazol may be modulated by NO. With our data we cannot suggest which mechanisms underlie this decreased sensitivity to cilostazol during cooling because the sensitivity was also decreased similarly at 37 °C, in the presence of L-NAME. In a previous study, we observed cooling-induced decreased sensitivity to diazoxide, a KATP opening drug in calf cardiac vein and coronary artery; the same tissues with this study (15). However, Monge et al (25) reported that changes in temperature might affect the production of NO in a different way depending on vascular beds. Moreover, it is also reported that the increased sensitivity of the relaxation in ear arteries (cutaneous vessels), but not in femoral arteries (deep vessels), to histamine found during cooling seems to be independent of the release of NO (24). The discrepancy between this study (24) and ours may be related to the different relaxant agent used. However, no studies have analyzed the role of NO on cilostazol-induced relaxation during cooling of cardiac vein or coronary artery. In our study, the relaxation to ACh was also studied in preparations pre-contracted with 5-HT at 37 and 28 °C. The sensitivity to ACh was not significantly different between two temperatures studied. Furthermore, L-NAME had no effect on ACh-induced relaxations during cooling. This finding is in line with the findings of others in non-cutaneous vessels such

as femoral arteries (23, 31). In our study, the effects of cooling to sodium nitroprusside, a nitrous compound believed to relax vascular smooth muscle cells in a similar way to NO (32) were also studied, and it was found that the relaxations to this substance were not influenced by cooling and it can therefore be assumed that the ability of the smooth muscle cells to relax to nitrous compounds remains essentially unaltered at lowered temperatures both in cardiac vein and coronary artery of calf.

In conclusion, the present results suggest that in calf cardiac vein and coronary artery cooling increased the sensitivity to cilostazol independently on NO. Further studies must be performed to clarify the mechanism of cooling-induced increase in the sensitivity of cilostazol.

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