

Clinical significance of microRNA-24 expression in esophageal squamous cell carcinoma

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microRNA-24 has been reported to participate in tumorigenesis and progression by several signaling pathways in various tumors. However, its potential as a serum diagnostic factor and predictive biomarker for esophageal squamous cell carcinoma (ESCC) has not been studied. In the present study, serum samples were collected from 105 pathologically proven ESCC patients and 30 healthy volunteers. All patients were treated with concurrent chemotherapy and radiotherapy. Real-time polymerase chain reaction was carried out to measure the serum miR-24 expression level in all patients and volunteers. The data were compared among radio-sensitive group (CR+PR, 62 patients), radio-resistant group (SD+PD, 43 patients) and healthy volunteers to elucidate the diagnostic value of serum miR-24 testing for ESCC and the predictive value of miR-24 expression of treatment response. In the result, of the 105 ESCC patients enrolled in the study, 62 patients achieved partial or complete response. The serum miR-24 level in ESCC patients is 4.82 times as high as that in healthy subjects ($P < 0.01$), indicating that serum miR-24 expression could be an excellent diagnostic factor. The mean miR-24 serum levels differ by 2.05 folds between radiosensitive group and radioresistant group, indicating that it may serve as a biomarker for predicting the response of ESCC patient to CRT. Furthermore, the responsiveness of therapy is significantly correlated with Cyfra21-1 ($P < 0.05$), serum miR-24 level ($P < 0.05$) and the myelosuppression ($P < 0.01$). In the present study, we come to the conclusion that serum miR-24 has the potential to serve as a noninvasive biomarker for both ESCC diagnosis and predicting treatment responses to concurrent chemo-radiation therapy. ESCC patients with lower Cyfra21-1, higher miR-24, and severer myelosuppression were much more sensitive to CRT.

Key words: miR-24 expression, esophageal squamous cell carcinoma, chemo-radiation therapy, radiosensitivity

Esophageal cancer (EC) is the sixth most common cancer and the fifth leading cause of cancer death in men worldwide, there was an estimated 482,300 new EC cases and 406,800 EC-caused deaths in 2008 worldwide [1]. Despite improved treatments in recent years, curative surgical resection, which is initially recommend for early stage cases, feasible for only 30–40% of patients [2]. While the outcome of surgery for patients with such an aggressive tumor has been unsatisfactory, with a 5-year survival rate less than 20% [3].

Prognostic assessment is critical for making better therapeutic choices for ESCC patients, and the tumor-node-metastasis (TNM) staging system is the key prognostic determinant. However, the variations in clinical responses to CRT are most evident for esophageal squamous cell carcinoma (ESCC), and the survival rates between responders and non-responders are quite different even in the same clinical

stage [4,5]. Rapidly increasing findings on cancer biology provide prognostic information that complements and, in some cases, is more relevant than anatomical extent [6]. The discovery and application of molecular biomarkers that can be incorporated into the cancer staging system could improve the accuracy of prognostic prediction [7]. Therefore, there is a compelling need to identify novel biomarkers that hold the promise of precisely predicting tumor response to CRT to tailor treatments for different ESCC patients and enhance survival [8].

MicroRNAs (miRNAs) are single-stranded RNA molecules of approximately 21–23 nucleotides in length, which negatively regulate the translation of coding mRNAs in a sequence-specific manner [9]. MiRNA expression profiling is of increasing importance as a useful diagnostic and prognostic tool, and many studies have indicated that miRNAs act as either an

oncogene or a tumor suppressor[10,11]. The researches and knowledge on the microRNA dysfunction and tumorigenesis, development and prognosis continue to grow[12-15]. Specific miRNAs that strongly affect the progression of human tumors and the prognosis of the patients have been identified in different cancers, suggesting that miRNAs may be used as a potential therapeutic avenue for cancer treatment[16]. Furthermore, it has been shown that miRNAs are present in human serum or plasma in a remarkably stable form that is protected from endogenous RNase activity, which highlights the potential of circulating miRNAs to act as stable blood-based markers for the detection of cancer or other human diseases[17-19].

Like most miRNAs, miR-24 functions in many other biological processes and pathways[20]. MiR-24 was first reported to negatively regulate erythroid differentiation through inhibition of human activin type I receptor ALK4 [21]. In addition, miR-24 appears to inhibit the tumor suppressor p16 [22], reduce the DNA repair ability[23], inhibit cell cycle progression [24], suppress apoptosis [20], and is positively connected with hypoxia [25]. Hypoxia is an essential feature of the tumor microenvironment, while on the other hand, tumor radiosensitivity is influenced by hypoxia and angiogenesis, which are two factors that determine whether cancer cells are radiosensitive. Although dysregulation of miR-24 has been found in a variety of cancers, including oral carcinoma [26], lung cancer [27], retinoblastoma [28], colorectal cancer[29]. However, the relationship of miR-24 to esophageal squamous cell carcinoma is still unclear up to now. In view of these literatures, we focused on the serum miR-24 expression in patients with ESCC. The aim of current study is to understand the association between serum miR-24 expression and clinical response of ESCC to CRT and evaluate the possibility of using serum miR-24 as a diagnostic and predicting factor for ESCC.

Patients and methods

Ethics statement. Serum-based specimen collection and studies were approved by the institutional review boards of Shandong Cancer Hospital, Shandong Academy of Medical Sciences. All participants provided written consent and indicated willingness to donate their blood samples for research.

Patients and serum samples. Serum samples were collected from the peripheral venous blood of 105 patients and 30 healthy volunteers at the Department of Radiation Oncology, Shandong Cancer Hospital. Clinical data of enrolled patients including sex, age, tumor locations, status of lymph node metastasis, distant metastasis, the maximum diameter of tumor, and tumor differentiation were recorded. Entry criteria for this study were: (a) pathologically proven ESCC, (b) no previous treatment, (c) Karnofsky performance status (KPS) scale 70–100, (d) normal bone marrow, liver, and renal function, (e) patients without severe complications, (f) patients have computed tomography (CT) and barium swallow examinations (pre- and post-treatment), and (g) informed

consents were obtained before treatment. All patients were given the same regimen of CRT. In addition, thirty healthy controls, who came to Shandong Tumor Hospital for physical examination during the period from October 2012 to April 2013, were diagnosed without any tumor.

The blood samples were centrifuged at 3,000 rpm for 10 min, and then the serum was stored at -80°C . Repeated freeze–thawing was avoided during storage to ensure the quality of the samples. Two months after the completion of concurrent CRT, an objective evaluation was made according to the Response Evaluation Criteria In Solid Tumors (RECIST) guidelines recommended by the World Health Organization[30]: each patient's response was defined as complete remission (CR), partial remission (PR), stable disease (SD) or progressive disease (PD).

Treatment schedule. The treatment comprised two sources of protracted 5-fluorouracil (5-FU) infusion (400mg/m² daily on days 1–5 and 8–12) and a 2 hours infusion of cisplatin (40 mg/m² on days 1 and 8) combined with radiation therapy. Radiation therapy was administered using conformal radiotherapy or intensity modulated radiotherapy with 15-MV X-rays in 34 fractions with total doses of 59.6 Gy (first phase, 40 Gy/20f/2 Gy; second phase, 19.6 Gy/14f/1.4 Gy twice a day with an interval of at least 6 hours between treatments).

RNA extraction. Total RNA, including miRNAs, was extracted from 400ul of serum using the mirVana PARIS RNA isolation kit (Ambion, Austin, TX, USA) according to the manufacturer's instructions. In addition, 25 fmol of a synthetic Caenorhabditis elegans miRNA, cel-miR-39 (Sangon Biotech, Shanghai, China), was added to 400 μl serum after addition of the lysis buffer; the spike-in of a synthetic miRNA allowed us to control the variations between sample-to-sample. The purity and concentration of RNA were determined using a dual-beam ultraviolet spectrophotometer (ASP3700, ACTGene, USA). Briefly, 400ul of serum was added to the precipitate, an equal volume of 2 \times denaturing solution was added and mixed sufficiently before being mixed with an equal total volume of acidphenol:chloroform. A mirVana miRNA column was used to collect total RNA. The bound RNA was cleaned with the buffers provided by the manufacturer to remove impurities and eluted in a final volume of 50 μl .

Screening and verification of circulating miRNAs by RT-PCR. MicroRNA cDNA was created by reverse-transcribed using the TaqMan MicroRNA Reverse Transcription Kit (Applied Biosystems, San Diego, CA, USA) according to manufacturer's instructions. Briefly, a total reaction volume of 15 μl containing 5 μl of RNAs, 0.15 μl of 100 mM deoxyribonucleotide triphosphate, 1 μl of multiscribe reverse transcriptase(50U/ μl), 1.5 μl of 10 \times reverse transcription buffer, and 0.19 μl of RNase inhibitor (20U/ μl), 4.16 μl of RNase-free water and 3 μl of 5 \times RT primer. The 15 μl RT reactions were incubated for 30 min at 16 $^{\circ}\text{C}$, 30 min at 42 $^{\circ}\text{C}$, 5 min at 85 $^{\circ}\text{C}$, and then maintained at 4 $^{\circ}\text{C}$. Real-time polymerase chain reaction (RT-PCR) was carried out on the ABI 7900 Real-Time PCR System (Applied Biosystems, San Diego, CA,

USA). A total of 20 μ l PCR reaction included 1 μ l 20 \times TaqMan MicroRNA Assay, 1.33 μ l RT product, 10 μ l of TaqMan 2 \times Universal PCR Master Mix, and 7.67 μ l of RNase-free water. The reactions were incubated in a 384-well optical plate for

10 min at 95°C, followed by 15 s at 95°C and 1 min at 60°C for total 45 cycles.

All samples were run in triplicate. Ct values ≥ 35 were considered negative amplification. Differences between the groups are presented as Δ Ct, indicating the difference between the Ct value of the miRNA of interest to cel-miR-39 (Δ Ct = mean Ct-miRNA – mean Ct-cel- miR-39). Relative gene expression = $2^{-\Delta\Delta Ct}$, where $-\Delta\Delta Ct = (Ct \text{ gene of interest} - Ct \text{ normalized gene})$ of (CR+PR) – (Ct gene of interest – Ct normalized gene) of (SD+PD)[31].

Statistical analysis. All clinicopathologic variables and circulating miRNA levels were analyzed by using PASW Statistics, Windows software version 17.0 (SPSS, Chicago, IL, USA). An unpaired t-test was performed to compare the differences in serum miRNA levels between groups. Chi-squared test and logistic regression analysis were used to evaluate the association between the levels of miR-24 and clinical-biological variables. All tests were two-sided, and $P < 0.05$ was considered statistically significant.

Results

Patient characteristics. A total of 105 patients were enrolled from October 2012 to April 2013. As is shown in Table 1, the sex distribution was 69:36 (male:female), with a mean age of 66 years (mean \pm SD age: 66.0 \pm 10.0 years). There were 30 patients with tumors in the upper third of the esophagus, 60 in the middle, and 15 in the lower third. The length of tumor was ≤ 4.0 cm in 53 patients, 4.1–6.0 cm in 32 patients, and >6.0 cm in 20 patients. In terms of tumor differentiation, 24 patients had tumors with high differentiation, 54 moderate differentiation, and 27 poor differentiation. Among the 105 patients, 53 had lymph node metastasis, 80 patients were also found to have distant metastasis. The cut-off values of CYFRA21-1 and CEA were defined as 3.4 ng ml $^{-1}$ and 3.3 ng ml $^{-1}$, respectively, according to the 95% confidence intervals of non-cancer Chinese patients. Levels above the cut-off values were defined as high, while those below the value as low. Therefore, the ESCC patients with lower CYFRA21-1 and CEA were 68 cases and 74 cases, respectively. The control group (n=30) was composed of 17 male and 13 female healthy subjects (mean \pm SD age: 62.0 \pm 9.4 years). There was no significant difference in age and sex distribution between the patients and the control subjects.

Response to CRT. Of the 105 patients with advanced ESCC enrolled in the study, 5 had CR, 57 had PR, 20 had SD and 23 had PD after concurrent CRT. Because the number of patients achieved CR is low, we combined CR and PR patients as a single “radiosensitive” group. Because the difference between the SD and PD groups are small in terms of tumor burden and metastatic status, we choose to also combine the SD and PD patients as a single “radioresistant” group.

Relative levels of serum miR-24. The result analyses revealed that the Δ Ct of serum miR-24 by RT-qPCR was 10.09 \pm 1.53 (95% CI) for the healthy control and 7.82 \pm 1.38

Table 1. Clinicopathological features of 105 patients with ESCC

Characteristics	Patients	
	No	Constituent ratio(%)
Sex		
Male	69	65.7
Female	36	34.3
Age		
≥ 60	72	68.6
<60	33	31.4
Tumor location		
Upper third	30	28.6
Middle third	60	57.1
Lower third	15	14.3
Length		
≤ 4.0	53	50.5
4.1–6.0	32	30.5
>6.0	20	19.0
Differentiation		
High	24	22.9
Moderate	54	51.4
Poor	27	25.7
Lymph Node Metastasis		
Positive	53	50.5
Negative	52	49.5
Distant Metastasis		
Positive	25	23.8
Negative	80	76.2
Smoking History		
Positive	50	47.6
Negative	55	52.4
Drinking history		
Positive	40	38.1
Negative	65	61.9
Family history		
Positive	24	22.9
Negative	81	77.1
CEA		
≤ 3.3	74	70.5
>3.3	31	29.5
Cyfra21-1		
≤ 3.4	68	64.8
>3.4	37	35.2
Myelosuppression		
0	30	28.6
I	40	38.1
II	25	23.8
III	8	7.6
IV	2	1.9

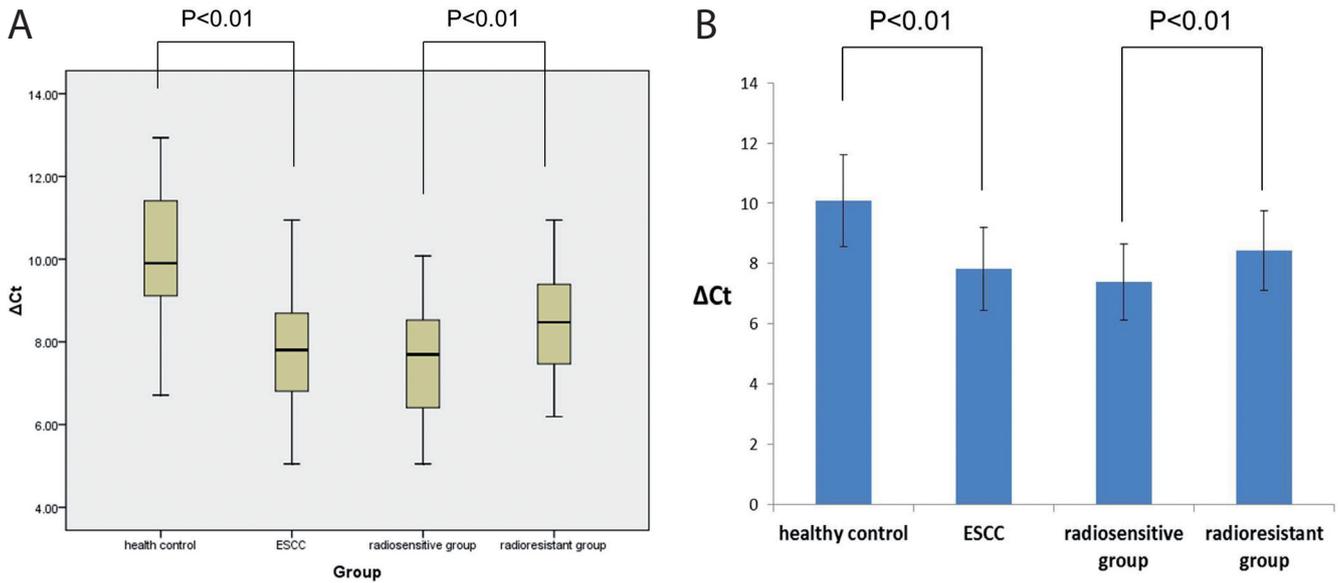


Figure 1. Δ Ct value of serum miR-24 detected by real-time PCR. (A) box plot; (B) column diagram.

(95% CI) for the ESCC group, which has been shown in Figure 1. In Figure 1a, we presented the Δ Ct value of serum miR-24 by a box plot, meanwhile, Figure 1b supplemented it by a column diagram with the mean and the standard deviation. As is shown in Figure 1, the Δ Ct of miR-24 expression for the radiosensitive group was 7.39 ± 1.26 (95% CI) and the radioresistant group was 8.43 ± 1.32 (95% CI). Based on statistical analysis, the relative miR-24 serum level was significantly lower in the SD+PD group compared with the CR+PR group ($P < 0.05$). The mean miR-24 serum levels differ by 2.05 folds between these two groups of patients, indicating that it may serve as a biomarker for predicting the response of ESCC patient to CRT. Figure 2 presents the relative expression of serum miR-24 between 2 different groups. As shown by the small range in the present study, the serum miR-24 level in ESCC patients is 4.82 times as high as that in healthy subjects ($P < 0.01$). The comparison between the healthy subjects and ESCC patients illustrates the possibility that serum miR-24 may also hold the promise as a valuable diagnostic marker.

Relationship between serum miRNA expression and clinicopathological features. In addition to examining the expression of miRNAs in serum, the relationship between miR-24 expression and clinicopathological features of enrolled ESCC patients was examined. By the median value, we demarcated high and low miR-24 levels. As is shown in Table 2, there is no correlation between all clinical-pathological features and miR-24 serum levels.

Moreover, the Table 2 also presents relationships between effectiveness of chemoradiotherapy (CRT) and clinicopathological factors. As is shown in the table, the responsiveness of therapy is significantly correlated with CEA ($P < 0.05$),

Cyfra21-1 ($P < 0.05$), serum miR-24 level ($P < 0.05$) and the myelosuppression ($P < 0.01$). Furthermore, by logistic regression analysis, the CR+PR rates of CRT were significantly associated with the levels of Cyfra21-1 ($P = 0.018$, OR = 0.253, 95% CI for OR = 0.081–0.794), miR-24 ($P = 0.011$, OR = 0.240, 95% CI for OR = 0.079–0.723) and myelosuppression ($P = 0.000$, OR = 3.134, 95% CI for OR = 1.677–5.856) before treatments shown in Table 3. That is to say ESCC patients with lower Cyfra21-1, higher miR-24 and severer myelosuppression were much more sensitive to CRT.

ROC curve for miR-24. Since our results demonstrated that miR-24 was significantly correlated with ESCC, the ROC curve

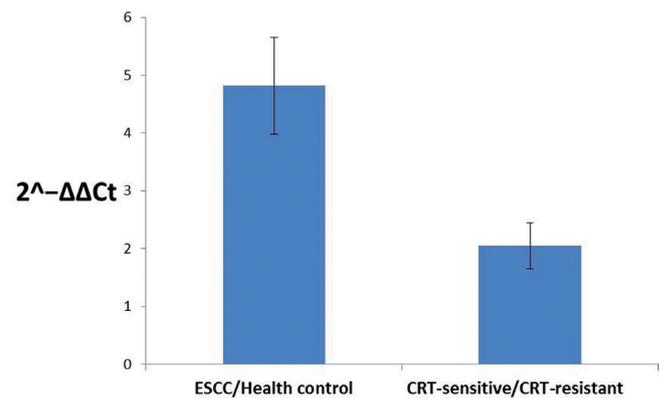


Figure 2. Relative miR-24 expression. Left: the serum miR-24 level in the ESCC patients is 4.82 times as many as that in healthy subjects ($\Delta\Delta$ Ct = Δ Ct of ESCC - Δ Ct of Health control). Right: the serum miR-24 level in CRT-sensitive is 2.05 times as many as that in the CRT-resistant patients ($\Delta\Delta$ Ct = Δ Ct of (CR+PR) - Δ Ct of (SD+PD)).

Table 2. Relationships between effectiveness of chemoradiotherapy (CRT) and clinicopathological factors as well as serum levels of tumor markers.

Elements	microRNA-24		χ^2	P value	Effectiveness		χ^2	P value
	High ex-pression	Low ex-pression			CR+PR	SD+PD		
Sex			1.353	0.245			0.012	0.914
	Male	37	32		41	28		
	Female	15	21		21	15		
Age			1.976	0.16			1.155	0.282
	≥ 60	39	33		40	32		
	<60	13	20		22	11		
Tumor location			0.724	0.696			3.545	0.17
	Upper third	16	14		22	8		
	Middle third	30	30		32	28		
	Lower third	6	9		8	7		
Length			4.24	0.12			1.662	0.436
	≤ 4.0	30	23		34	19		
	4.1–6.0	11	21		16	16		
	>6.0	11	9		12	8		
Tumor differentiation			1.657	0.437			1.557	0.459
	High	10	14		13	11		
	Moderate	30	24		35	19		
	Poor	12	15		14	13		
Lymph Node Metastasis			0.086	0.769			0.264	0.607
	Positive	27	26		30	23		
	Negative	25	27		32	20		
Distant Metastasis			1.441	0.23			0.012	0.912
	Positive	15	10		15	10		
	Negative	37	43		47	33		
Smoking History			0.234	0.628			0.367	0.545
	Positive	26	24		28	22		
	Negative	26	29		34	21		
Drinking history			0.529	0.467			0.024	0.876
	Positive	18	22		24	16		
	Negative	34	31		38	27		
Family history			0.268	0.604			0.007	0.935
	Positive	13	11		14	10		
	Negative	39	42		48	33		
CEA			1.013	0.314			5.237	0.021
	≤ 3.3	39	35		49	25		
	>3.3	13	18		13	18		
Cyfra21-1			0.018	0.895			5.901	0.015
	≤ 3.4	34	34		46	22		
	>3.4	18	19		16	21		
Myelosuppression			0.964	0.915			25.076	0.000
	0	13	17		7	23		
	I	22	18		26	14		
	II	12	13		21	4		
	III	4	4		6	2		
	IV	1	1		2	0		
MiR-24 level							6.244	0.012
	Higher level				37	15		
	Lower level				25	28		

was plotted to identify a cut-off value that could distinguish ESCC from healthy control. ROC curve analysis showed that at the optimal cut-off, serum miR-24 had an 81.9% sensitivity and an 83.3% specificity in separating ESCC from normal healthy with an AUC of 0.866 (Figure 3).

Discussion

CRT play a very critical role in the treatment of esophageal cancer, therefore, many studies have focused on the prediction of treatment responsiveness to CRT. Although TNM stages have been proved to be a key prognostic determinant, large variability in disease outcomes has been observed in ESCC patients with the same stage of disease undergoing similar treatment regimes. Therefore it is important to identify reliable factors that will predict response to CRT, and will also facilitate appropriate patient selection and avoid unnecessary delays in patients at high risk of locoregional recurrence upon chemoradiation [32].

MicroRNA influences carcinogenesis at multiple stages and it can effectively control tumor radiosensitivity by affecting DNA damage repair [33,34], cell cycle checkpoint and apoptosis [35,36], radio-related signal transduction pathways [37] and tumor microenvironment [38]. Understanding the regulatory mechanisms of miRNA in tumor radiosensitivity from these diverse aspects has also become an intensive area of interest. A thorough understanding of tumor radiosensitivity and the regulatory mechanisms of miRNA will not only provide new directions and insights to ultimately improve the radiotherapeutic effect but also bring new hope to more cancer patients [39].

In some previous studies, miR-24 has been characterized as an oncogene in oral carcinoma [26], and lung cancer [27]. While in other studies, it has been proved that miR-24 can

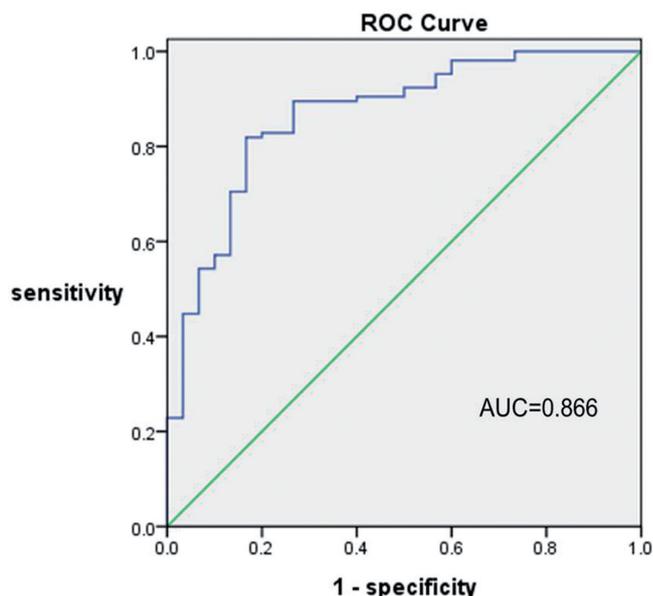


Figure 3. The ROC curve for miR-24. Receiver operating characteristic curve(ROC) analysis was performed to determine the sensitivity and specificity with the value of area under the curve (AUC). In the study, the optimal cut-off Δ Ct value for serum miR-24 was 8.93 .

inhibit the initial and progression of cancer cell [24,28,29]. Zaidi[40] reported that expression of miR-24 stimulated myeloid cell growth, rendered proliferation independent of interleukin-3 and blocked granulocytic differentiation. Qin [41] found that miR-24 regulates apoptosis by targeting FAF1 in cancer cells, which also suggested that miR-24 could be an effective drug target for treatment of hormone-insensitive prostate cancer or other types of cancers. In addition, miR-24

Table 3. Multivariate analysis of the clinicopathologic factors related to responsiveness of therapy

Variables	B	S.E.	Wals	P value	OR	95% C.I. For OR	
						Lower	Upper
Sex	0.377	0.765	0.243	0.622	1.458	0.325	6.537
Age	0.698	0.572	1.487	0.223	2.009	0.655	6.166
Lymph Node Metastasis	-0.485	0.565	0.739	0.390	0.615	0.204	1.861
Distant Metastasis	0.417	0.705	0.350	0.554	1.518	0.381	6.043
Tumor location	-0.205	0.423	0.234	0.628	0.815	0.356	1.867
Length	-0.180	0.349	0.265	0.607	0.836	0.422	1.656
Tumor differentiation	0.218	0.359	0.368	0.544	1.243	0.615	2.512
Smoking History	0.233	0.731	0.102	0.750	1.263	0.302	5.287
Drinking history	-0.374	0.694	0.290	0.590	0.688	0.177	2.684
Family history	-0.079	0.633	0.016	0.901	0.924	0.267	3.196
Myelosuppression	1.142	0.319	12.826	0.000	3.134	1.677	5.856
CEA	-1.127	0.579	3.789	0.052	0.324	0.104	1.008
Cyfra21-1	-1.374	0.583	5.553	0.018	0.253	0.081	0.794
MiR-24 level	-1.429	0.564	6.429	0.011	0.240	0.079	0.723
Constant	4.075	2.462	2.740	0.098	58.879		

functioned in DNA Damage Repair(DDR), For example, when DNA double-strand damage occurs, miR-24 reduces genomic stability and DNA damage repair ability by regulating H2AX expression [23]. Moreover, miR-24-mediated downregulation of H2AX increases cell death after DNA damage.

The present study showed that serum miR-24 levels were up-regulated (4.82-fold change) in patients with ESCC compared with healthy controls, indicating it may be a useful biomarker for early diagnosis. This suggested a role of miR-24 in tumorigenesis and development, which was consistent with previous studies showing that miR-24 was highly expressed in patients with gastric cancer and lung cancer [42], cervical cancer [43]. ROC curve analysis showed that at the optimal cut-off, serum miR-24 had an 81.9% sensitivity and an 83.3% specificity in separating ESCC from normal healthy with an AUC of 0.866 (Figure 3). Such findings imply that miR-24 might be involved in the initiation and progression of cancer. Since the sampling of blood is relative non-invasive, our results would seem to support the potential of using serum miR-24 as an ESCC biomarker.

In the result, we analyze the relationship between serum miR-24 and clinical features. Unfortunately, we didn't find any factor can influence serum miR-24 level including tumor length, lymph node status, and so on. This was partly because most of the patients enrolled were at an advanced stage and the sample was relatively small. However, further largescale studies will be required for a final conclusion.

Furthermore, the expression level analysis revealed that serum miR-24 is a valuable biomarker for differentiating the responsiveness to CRT of ESCC patients. As is shown in the Table 2, the responsiveness to CRT were significantly associated with the levels of Cyfra21-1, CEA, miR-24 and myelosuppression before treatments. While as is shown in Table 3, ESCC patients with lower Cyfra21-1, higher miR-24, and severer myelosuppression were much more sensitive to CRT, which is similar to previous studies [44-46]. However, this conclusion should be confirmed by study of larger and more homogeneous samples.

In conclusion, the present study showed that serum miR-24 levels were significantly higher in patients with ESCC compared with control subjects. ESCC patients with lower Cyfra21-1, higher miR-24, and severer myelosuppression were much more sensitive to CRT. These findings indicate that serum miR-24 may serve as a novel diagnostic and response predictive marker for ESCC.

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