

## Novel *SCN1A* variants in Dravet syndrome and evaluating a wide approach of patient selection

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**Abstract.** Voltage-gated sodium channels are essential for generation and propagation of the action potential mainly in nerve and muscle cells. Causative variants in *SCN1A* gene which codes the main, pore-forming subunit of the channel expressed in central nervous system are associated predominantly with Dravet syndrome (DS), as well as with generalized epilepsy with febrile seizures plus (GEFS+) making it one of the most significant epilepsy gene. Our goal was to determine whether *SCN1A* screening is relevant in patients with a broad range of epileptic syndromes. 52 patients diagnosed with DS, GEFS+ or similar types of epileptic syndromes were included. Sequencing of the protein-coding parts of the gene complemented with MLPA analysis was carried out. One already described nonsense variant, four novel protein truncating variants and a deletion encompassing the whole *SCN1A* gene were revealed, all in heterozygous state. All identified variants were found in DS patients with 85.7% sensitivity, thus supporting the role of profound *SCN1A* gene variants in etiology of DS phenotype. No causative variants were identified in any of non-DS epileptic patients in our cohort, suggesting a minor, but not irrelevant role for *SCN1A* in patients with other types of childhood epilepsy.

**Key words:** Dravet syndrome — Early onset epilepsy — *SCN1A* — GEFS+

### Introduction

Epilepsies are a clinically and genetically heterogeneous group of neurological disorders characterized by recurrent and unprovoked seizures. One of the most severe epileptic syndromes is Dravet syndrome (DS; OMIM 607208) which is a rare intractable epileptic encephalopathy with onset in infancy (Dravet et al. 2005). Criteria for diagnosis of DS are based on International League Against Epilepsy (ILAE) classification (Berg et al. 2010). This severe condition is often accompanied by various neurological complications and mental decline. Chronic infections, weak humoral immunity

and nutrition problems are also common complications. Severity of the disorder is demonstrated by up to 15% mortality before the age of 20 mostly by sudden unexplained death in epilepsy (Dravet et al. 2005).

Frequent but far less severe genetic generalized epilepsy with febrile seizures-plus (GEFS+; OMIM 604233) is a familial syndrome with autosomal dominant inheritance in which patients suffer from frequent simple febrile seizures in early childhood, from 3 months to 6 years, and later may develop epilepsy characterized by multiple types of seizure, i.e. myoclonic, atonic or partial (Singh et al. 2001; Scheffer et al. 2009).

Since 2001, when *SCN1A* (sodium channel, voltage gated, type I alpha subunit) mutations were identified to cause DS (Claes et al. 2001), it is the most frequently reported gene associated with epilepsy syndromes, especially DS and other variations of GEFS+ (Escayg et al. 2000; Sugawara et

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al. 2001a; Wallace et al. 2001). Although *SCN1A* variants are found to be causal in an autosomal dominant manner in approximately 70–80% of DS patients with more than 800 pathogenic variants identified so far (Claes et al. 2001; Ohmori et al. 2002; Claes et al. 2009), only 10% of GEFS+ families possess a heterozygous pathogenic *SCN1A* variant (Scheffer et al. 2009). In addition, severe DS is in the majority of cases associated with profound *de novo* protein truncating or splice-site *SCN1A* variants (Claes et al. 2001; Ohmori et al. 2002), while GEFS+ family members transmit mostly moderate missense variants (Escayg et al. 2000; Wallace et al. 2001). As the severity of symptoms generally correlates with the type of the sequence alteration, with more severe phenotypes observed in patients with nonsense or frameshift causing variants, Scheffer et al. (2005) hypothesized, that both the clinically more severe DS and the much milder GEFS+ phenotypes represent just two ends of the same spectrum of *SCN1A*-related epilepsies.

The aim of the present study was to screen the protein-coding parts of the *SCN1A* gene for pathogenic variations in patients with a broad range of epileptic phenotypes. Through a thorough phenotypic characterisation and *SCN1A* findings we evaluate our extensive approach of patient selection and define the most proper genetic testing strategy of patients with epileptic syndromes in clinical practice.

## Material and Methods

During the study, clinical and genetic characterization of 52 unrelated patients presenting characteristic symptoms of childhood epilepsies, including DS (7 patients), Lennox-Gastaut syndrome (5 patients) and other related syndromes (40 patients) was completed. All patients were clinically diagnosed and classified according to the diagnostic criteria established by the Commission on Classification and terminology of the ILAE (Berg et al. 2010). Only patients with seizure onset before third year of age and with 3 or more clinical signs present – 1. normal development before seizure onset, 2. occurrence of multiple seizure types (myoclonic seizures, atypical absences, partial seizures, afebrile seizures, generalized tonic-clonic or hemiclonic seizures), 3. family history of epilepsy or febrile convulsion, 4. abnormal EEG findings, 5. resistance to antiepileptic drugs and 6. prolonged convulsive seizures usually triggered by fever or heating – were included in our study. Patients' clinical status and details are summarized in Table 1. Written informed consents consistent to the Helsinki declaration were obtained from parents or legal guardians.

Genomic DNA, from peripheral blood samples collected in potassium EDTA buffered tubes (S-Monovette, Sarstedt, Germany), was extracted using the Genra PureGene Blood Kit (Qiagen, Germany) according to the

manufacturers recommendations. The whole protein coding sequence of the *SCN1A* gene was analyzed by standard Sanger sequencing of preamplified exonic regions. Intronic primer pairs to selectively amplify each of the 26 coding exons and exon/intron boundaries of the *SCN1A* gene (ENSG00000144285) were designed based on the transcript sequence (ENST00000303395) using the Primer3 program (Untergasser et al. 2012) (primer sequences available upon request). Each exon was preamplified using the designed primers and purified by a conventional polyethylene glycol and ethanol precipitation. Amplicons were sequenced in both directions using the BigDye Terminator v3.1 Cycle Sequencing kit chemistry (Applied Biosystems/Life Technologies, USA) and an ABI Prism 3130xl Genetic Analyzer (Applied Biosystems/Life Technologies, USA). Raw data was analyzed using the Sequencing Analysis Software v5.3 with a subsequent alignment to the reference sequence (ENST00000303395) and variant calling through the SeqScape Software v2.5 (Applied Biosystems/Life Technologies, USA). DS patients without identified *SCN1A* sequence alternations in the coding region and exon/intron boundaries were further analysed with a commercial *SCN1A* specific Multiplex Ligation-dependent Probe Amplification (MLPA) assay (SALSA P137 MLPA kit; MRC-Holland, The Netherlands) to screen for duplications or deletions of larger regions which are not detectable through conventional Sanger sequencing. MLPA amplicons were separated on an ABI Prism 3130xl Genetic Analyzer (Applied Biosystems/Life Technologies, USA) and sized using the GeneScan™ 500 LIZ® Size Standard (Applied Biosystems/Life Technologies, USA). Data analyses were performed using Coffalyser.Net (MRC-Holland, The Netherlands). Identified variants were annotated manually exploiting literature searches, locus specific and general variant database mining; e.g. *SCN1A* Variant Database (Claes et al. 2009), Human Gene Mutation Database (HGMD) (Stenson et al. 2009), dbSNP (Sherry et al. 2001), as well as by *in silico* variant effect predictions obtained using Human Splice Finder (Desmet et al. 2009) and MutationT@ster (Schwarz et al. 2014). Final variant interpretation was performed according to the actual “Standards and guidelines for the interpretation of sequence variants” (Richards et al. 2015). Based on either pathogenic criteria with very strong, strong, moderate or supporting evidence of pathogenicity; or benign criteria with stand-alone, strong and supporting evidence of benign impact, sequence variants were defined as pathogenic, likely pathogenic, benign, likely benign or with uncertain significance.

## Results

Sequence analysis of all coding exons and consensus splice sites of the *SCN1A* gene was performed in 52 unrelated

Table 1. Summary of clinical status of patients

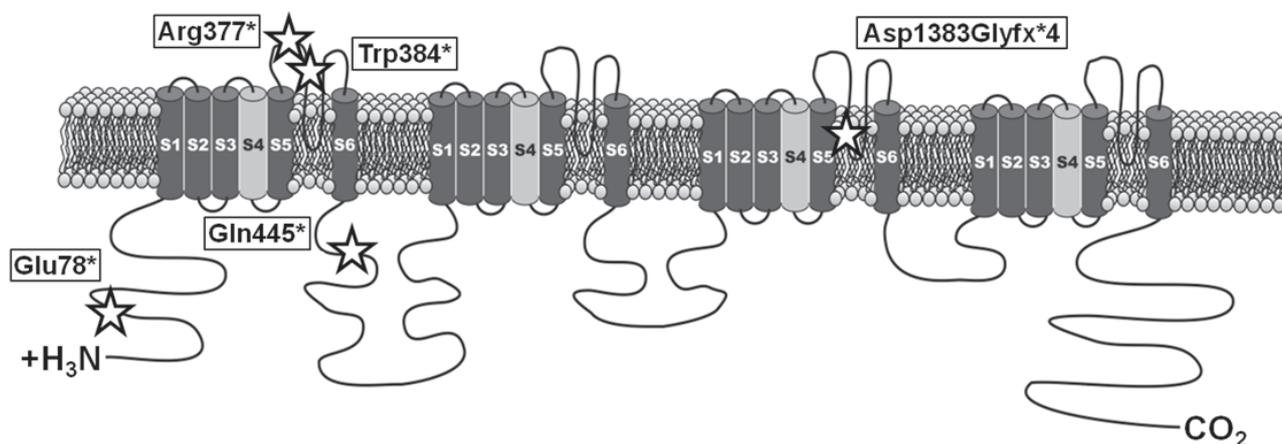
Patient #	Sex	Age at sampling <sup>1</sup>	Onset age <sup>1</sup>	Normal development before onset	Seizure types <sup>2</sup>	Family history	EEG findings	Psychomotor retardation after 2 y of age <sup>1</sup>	Pharmacoresistant	Hyperthermia <sup>2</sup>	Syndromic phenotypes <sup>2</sup>
1	F	7 y	5 m	yes*	CPS-G, later m, TS	no	yes	yes	yes	yes	Dravet syndrome, p.Trp384*
2	M	5 y	2 w	yes*	GTS, GCS	no	yes <sup>#</sup>	before y2	yes	N/A	Dravet syndrome, whole gene deletion
3	F	6 y	5.5 m	yes*	CPS, CPS-G, TS, MAS	no	yes <sup>#</sup>	yes	yes	no	Dravet syndrome, p.Glu78*
4	M	18 y	N/A	Yes, N/A	CPS, CPS-G, TS, MAS	no	yes <sup>#</sup>	yes	N/A	no	Dravet syndrome, p.Asp1383Glyfs*4
5	M	19 y	3 m	yes*	FS, MAS-G, GCS in sleep, TNS	no	yes	before y2	yes	yes	Dravet syndrome, p.Arg377*
6	F	8 m	3.5 m	yes	GS, CPS-G	no	yes	no	yes	yes	Dravet syndrome, p.Gln445*
7	F**	20 y	1 y	yes*	MAS, photosensitive M	no	yes	yes	yes	yes	Dravet syndrome
8	M	11 y	1 y	no	MAS, TCS	yes	yes	before y2	yes	at the beginning FS, N/A later	Lennox-gastaut syndrome susp. Dravet syndrome
9	M	14 y	9 m	yes*	IS, CPS,GTS,MAS	no	yes	before y2	yes	no	Lennox-Gastaut syndrome
10	M	6 y	3 y	yes	TS, atypic Ab, M	N/A	yes	yes	yes	N/A	Lennox-Gastaut syndrome
11	M	15 y	2.5 y	yes	GS, TS, PCS, AS, TNS	no	yes	yes	yes	N/A	Lennox-Gastaut syndrome
12	F	5 y	3 y	yes	MAS, GS	no	yes	yes	yes	yes	Pseudo Lennox-Gastaut syndrome
13	F	7 y	8 m	yes*	IS, GS, MAS	no	yes	no	no	no	FS+
14	M	7 y	2.5 y	yes	GS-F	no	yes	no	no	yes	FS+
15	F	3 y	1. y	yes	GS, FS	yes	yes	no	no	yes	FS, FS+
16	M	2 y	1. y	yes	GS, FS	no	no	no	no	yes	GS,FS
17	M	3 y	13 m	yes	MAS, TCS	no	yes	yes	yes	no	MAS
18	M	5 y	1.5 y	yes	MAS	no	yes	yes	no	no	MAS
19	M	5 y	6 m	yes*	MAS, CPS-G, TCS, TS in sleep	no	yes <sup>#</sup>	yes	yes	provoked by infection and fever	MAS and GTCS
20	M	2 y	10 m	yes*	TCS, MAS	yes	yes	no	no	yes	MAS
21	M	2.5 y	11 m	yes	FS, MAS	yes	yes	no	no	N/A	MAS
22	F	2 y	17 m	yes	PSG	yes	yes	no	no	yes	PSG, FS
23	M	6 m	5 m	yes*	PSG	no	no	no	no	no	PCS with generalization, B12 deficiency
24	F	3.5 y	1. m	yes*	GTS, TCS, PS	no	yes	before y2	yes	no	Partial seizures with secondary generalization
25	F	15 y	3 y	yes	GS, AS, CPS	no	yes	no	no	no	PSG
26	F	3.5 y	4 m	yes*	TS	no	yes	before y2	yes	yes	Epileptic encephalopathy – partial seizures, predominantly tonic uncompensated by treatment

(continued)

Table 1. continued

Patient #	Sex	Age at sampling <sup>1</sup>	Onset age <sup>1</sup>	Normal development before onset	Seizure types <sup>2</sup>	Family history	EEG findings	Psychomotor retardation after 2 y of age <sup>1</sup>	Pharmacoresistant	Hyperthermia <sup>2</sup>	Syndromic phenotypes <sup>2</sup>
27	F	6 y	2 y	yes	CPS, TS	no	yes	no	yes	N/A	CPS and TS
28	F	10 m	1 m	yes*	CPS-G	no	yes	no	yes	N/A	Symptomatic CPS-G
29	F	2 y	6 w	yes*	PCS, TS, m, Ab	no	yes	no	yes	no	Partial simple and complex seizures
30	M	13 y	3 m	yes*	PSG	no	yes	yes	yes	N/A	Epileptic encephalopathy with tonic generalized seizures
31	M	11 m	4 m	yes*	GTCs	no	yes	no	yes	no	GTCs, secondary B12 deficiency
32	F	8 y	10 m	no*	GTCs provoked by FS	N/A	yes	yes	no	yes	GTCs provoked by FS
33	F	6 m	5 m	yes*	IS	no	yes	no	no	N/A	IS, secondary B12 deficiency
34	F	12 m	3 m	yes*	IS	yes	yes	Yes	no	N/A	IS
35	M	5 y	6 m	yes*	IS, GS, M	no	yes	yes	yes	N/A	IS, M
36	M	2 y	3. d	N/A*	GM, IS	no	yes	yes	yes	no	GM and IS
37	M	2 y	5,5 m	yes*	FSp	no	yes	no	no	N/A	Generalized epilepsy with infantile spasm
38	M	4 y	2,5 m	yes*	IS, PSG, m	no	yes	yes	yes	no	Epileptic encephalopathy
39	M	17 y	3 y	yes	PSG, TS, M	no	yes	no	no	yes	Epileptic encephalopathy
40	M	13 y	2 y	yes*	Ab, GS, MAb	no	yes	attention deficit in school	yes	1x FS at the beginning	Atypical absences
41	F	2,5 y	2,5 y	yes	Ab	no	yes	no	no	no	Childhood absence epilepsy
42	M	14 y	3 y	yes	MAS, GTCs	N/A	yes	no	yes	N/A	Idiopathic generalised epilepsy
43	F	7 y	2 y	yes	CPS, later GTS, M	no	yes	no, signs of instability	yes	N/A	Idiopathic generalized epilepsy
44	F	3 m	3 m	yes*	GTCs	yes	yes	no	no	no	Benign familial seizures
45	F	6 m	6 m	yes*	CPS	yes	yes	no	no	N/A	Benign familial infantile epilepsy
46	F	6 m	1. m	yes*	CPS	no	yes	yes	yes	no	Malignant migrating epilepsy
47	M	19 y	13 m	no	GTS, TCS, FS	no	yes	no	yes	yes	Generalized epilepsy with flexion spasm
48	M	3,5 y	4 m	yes*	IS, CPS	no	yes	no, after seizure appearance	yes	no	Cryptogenic epileptic seizures, infantile spasm
49	F	3,5 y	2 w	yes*	M, CPS, CPS-G, TS	no	yes	yes	yes	no	Pharmaco-resistant CPS with gradualization
50	M	13 y	9 m, 6 m FS	yes	GTCs	yes	yes	yes	yes	yes	Secondary generalized epileptic seizures
51	M	6 m	6 m	yes*	AS	no	no	no	no	no	AS
52	F	17 m	3 m	yes*	m	no	yes	yes	yes	no	Myoclonic seizures, multifocal, later IS

**Abbreviations:** M, male; F, female; <sup>1</sup> d, day, w, week, m, month, y, year; <sup>2</sup> Ab, absence, AS, akinetic seizures, BECT, benign epilepsy of childhood with centrotemporal spikes, CPS, complex partial seizures, CPS-G, complex partial seizures with generalization, FS, febrile seizures, FSp, flexion spasm, GCS, generalized tonic seizures, GM, generalized myoclonus, GS, generalized seizures, GS,F, generalized tonic seizures with fever, GTCs, generalized tonic, clonic seizures, IS, infantile spasm, M, myoclonus, m, myoclonic seizures, MAS, myoclonic, astatic seizures, PSG, partial seizures with generalization, PCS, partial complex seizures, TCS, tonic clonic seizures, TNS, tonic nocturnal seizures, TS, tonic seizures, \* normal development before 1st year, # EEG findings appearing later, \*\* Dravet patient without causative SCN1A variant; N/A, not available.



**Figure 1.** Location of identified likely pathogenic variants within the SCN1A protein.

patients with various types of childhood epilepsy (Table 1). Alignment to the used reference sequence and variant calling revealed altogether 14 different variants. Five of these, all in heterozygous state, represented protein truncating and thus likely pathogenic variants with one very strong and one moderate evidence of pathogenicity. These were identified in patients clinically diagnosed with DS. The remaining 9 variants were identified in the whole sample set and were classified as benign, likely benign or of uncertain significance. During subsequent MLPA analyses a larger deletion encompassing the whole *SCN1A* gene was identified in one additional DS patient.

#### Found variants

From the five different likely pathogenic variants identified in DS patients only one, namely c.1129C>T (p.Arg377\*) in exon 8 of the *SCN1A* gene in patient #5, was published previously (Depienne et al. 2009). As the remaining variants were not published before, at least according to our best knowledge, we considered them as novel. Nonsense variant c.232G>T (p.Glu78\*) in first exon is located in the N-terminal region of the *SCN1A* protein and thus leads to significantly truncated transcript in patient #3. The third identified variant, c.1151G>A (p.Trp384\*) located in exon 8, which codes for S5-S6 D1 domain of the protein, introduces a premature UAG stop codon which, if it would be translated, would lead to the truncation of the nascent protein to only one fifth of the full length in patient #1. Similarly, the fourth nonsense variant, c.1333C>T (p.Gln445\*) in exon 9 in patient #6, would cause a noticeable shortening of the alpha subunit. We identified also a single base insertion (c.4144-4145insG) located in exon 21 that causes a frameshift introducing a premature stop codon (p.Asp1383Glyfs\*4) in the loop between the fifth and sixth transmembrane segment

of domain III in patient #4. Location of each variant within the *SCN1A* protein is illustrated in Fig. 1.

No pathogenic or likely pathogenic *SCN1A* variants were found in any of the patients with other types of epilepsy analysed in this study. On the other hand, beside the protein truncating variants, we identified also 9 different SNVs (single nucleotide variant), all summarized in Table 2. According to the dbSNP database and 1000 Genomes Project, frequencies of the minor allele (MAF) for individual SNVs 1–7 lie between 15.6 to 49.8 percent and therefore can be classified as benign with stand-alone evidence of benign impact. In case of SNV 8, based on a low minor allele frequency (MAF = 0.32%) we have performed a computational analysis (Desmet et al. 2009; Schwarz et al. 2014) and based on the *in silico* predictions we assume that this variant is likely benign with supporting evidence of benign impact. SNV 9 is being classified as benign in dbSNP/ClinVar by three submitters, but the evidence is not available to our laboratory to perform an independent evaluation. Moreover, results of two prediction software (Desmet et al. 2009; Schwarz et al. 2014) indicate, that guanine at c.5418 position is fairly evolutionary conserved and alternation may affect splicing. Based on these indications, we have classified SNV 9 as a variant of uncertain significance. Although it should be mentioned, that both of these variants were identified also in homozygous state in 12 (SNV 8) and 33 individuals (SNV 9) in 1000 Genomes Project and Exome Aggregation Consortium.

#### MLPA analysis

Since Sanger sequencing of the *SCN1A* coding region revealed likely pathogenic variants only in five out of seven tested DS patients, MLPA analysis of the *SCN1A* gene was performed in the remaining two patients. This analysis revealed a heterozygous deletion of the whole *SCN1A* gene in patient #2

**Table 2.** Summarized benign or likely benign variants

SNV#	Variant		RS#	Clinical Significance (dbSNP/ClinVar)	MAF	MAF (this study)	Location in <i>SCN1A</i>
	cDNA	Protein					
1.	c.965-21C>T	–	rs994399	N/A	C=0.2909	C=0.5961	intron 6
2.	c.1028+21T>C	–	rs1542484	N/A	C=0.4980	C=0.5865	intron 7
3.	c.1212A>G	Val=	rs7580482	other	A=0.2907	A=0.2980	exon 9
4.	c.1663-47G>T	–	rs6753355	N/A	T=0.2107	T=0.3076	intron 10
5.	c.2292T>C	Val=	rs6432860	With Benign, other allele	T=0.2111	T=0.3461	exon 13
6.	c.2416-72G>A	–	rs490317	N/A	A=0.1560	A=0.0096	intron 13
7.	c.3199G>A	Ala>Thr	rs2298771	other	G=0.2116	G=0.5192	exon 16
8.	c.3705+33T>G	–	rs76743139	N/A	G=0.0032	G=0.0096	intron 18
9.	c.5418G>A	Glu=	rs140237315	With Benign allele	A=0.0094	A=0.0096	exon 26

Clinical significance was determined according to dbSNP database (Sherry et al. 2001); N/A, not available.

while we still did not identify any possibly causative variant in one patient with DS (indicated as “\*” in Table 1). MLPA analysis wasn't performed in patients that didn't show features of severe DS phenotype, since it seems to be unlikely that deletions/duplications of the *SCN1A* gene would be compatible with milder forms of epilepsy (Marini et al. 2009).

## Discussion

Although in the present study we screened in total of 52 patients with a wide range of epileptic syndromes, only seven of them were clinically diagnosed to have severe DS. Likely pathogenic *SCN1A* variants were identified exclusively in six of seven patients, while, with respect to the protein functionality, these variations belonged to the most severe types. All but one would lead to early termination of translation and thus to significantly C-truncated *SCN1A* proteins if the transcripts would not enter the nonsense-mediated decay pathway. The only exception was the deletion of the whole *SCN1A* gene that leads to a complete loss of one copy of the gene supporting the hypothesis that *SCN1A* haploinsufficiency may be the major cause of symptoms also in DS patients with early truncating mutations. It should be mentioned, however, that in contrast to other DS patients, carrier of this deletion (patient #2) was diagnosed at a much younger age (2 weeks) than the others (3.5–5.5 months). As we mentioned above, from the presently reported variants only the c.1129C>T (p.Arg377\*) variant in exon 8 (Depienne et al. 2009) and different whole gene deletions (Sherry et al. 2001; Stenson et al. 2009) were previously reported in connection to DS. One of the remaining four variants, p.Trp384\* that is in our case caused by a c.1151G>A substitution changing a TGG codon to TAG was, however, previously described as a result

of the adjacent c.1152G>A transition leading to a TGG to TGA codon change (Harkin et al. 2007).

Unfortunately, since we had no parental DNA samples available we were not able to conclusively prove by segregation analyses neither the pathogenic potential of the novel variants nor their *de novo* origin in our patients. These can be, however, presumed with a relatively high probability as it is generally accepted that haploinsufficiency or gain of toxic function of truncated proteins may play a crucial role in the pathogenesis of the disease. Loss-of-function *SCN1A* sequence variants, such as nonsense and frameshift causing ones, were reported to be the predominant genetic abnormalities seen in DS patients and are usually associated with the most severe phenotypes and reproductive disadvantage (Sugawara et al. 2001; Marini et al. 2007). Most of the already described truncating variants, similarly to those identified by us, are found in the 5' end of the *SCN1A* gene while the proteins altered in such way likely undergoes a nonsense-mediated decay (NMD) pathway (Holbrook et al. 2004). Ohmori et al. (2006) for example, demonstrated that almost all *SCN1A* truncating variants associated with DS markedly reduce inward sodium currents and thus causes loss of function of the *SCN1A* protein. Further studies revealed that loss-of-function variants found in DS patients and studied in mouse models induce hyperexcitability and decrease of Na<sup>+</sup> current in neocortical (Ogiwara et al. 2007) and hippocampal (Yu et al. 2006)  $\gamma$ -aminobutyric acid (GABA) ergic inhibitory interneurons. Volker and colleagues, on the other hand, performed and described a biophysical analysis of an identified variant, which surprisingly causes DS by overall gain of function (Volkers et al. 2011). It should also be mentioned that in some cases missense variants in *SCN1A* can also be associated with DS (Ohmori et al. 2002; Fukuma et al. 2004); however, we did not identify possibly pathogenic

missense variations in DS patients screened in the study. When considering only clinically diagnosed DS cases, combination of sequencing and MLPA testing approach showed a 85.7% sensitivity of causative DNA sequence variant detection, even higher than was reported in previous studies: 82.7% (Ohmori et al. 2002), 71% (Marini et al. 2007), 73% (Depienne et al. 2009). The higher sensitivity observed in present study could be the result of very strict criteria during clinical diagnosis. Based on the hypothesis posed by Scheffer et al. that DS and GEFS+ are just two ends of the same spectrum of *SCN1A*-related epilepsies one can imagine that in the clinical practice patients with milder phenotypes can also represent patients with functionally milder *SCN1A* mutations or even patients with yet not fully manifested DS symptoms (Scheffer et al. 2005). This hypothesis seems to be supported by previously reported frequencies of *SCN1A* causative variants in patients with GEFS+ which lies between 3-10% (Escayg et al. 2001; Wallace et al. 2001; Ceulemans et al. 2004; Scheffer et al. 2009). Although *SCN1A* causative variants do not explain the majority of GEFS+ cases this does not mean that their contribution is clinically unimportant. However, our findings seem to show, that *SCN1A* is not the most relevant causal gene in the pathogenesis of milder phenotypes belonging to the GEFS+ spectrum and to other types of epilepsy, since mutation screening of the gene in 45 non-DS patients did not reveal any pathogenic or at least possibly pathogenic variant. Common clinical feature for all non-DS patients enrolled in our study was a normal development before seizure onset (42/45), EEG findings (42/45) and resistance to multiple anticonvulsants (25/45). It is also possible that *SCN1A* causative variants were not found simply due to a small number of patients enrolled in our study. Besides that, variants in a broad group of genes, for example gamma-aminobutyric acid (GABA)<sub>A</sub> receptor  $\alpha 2$  subunit gene (Harkin et al. 2002), *SCN2A* (Kamiya et al. 2004; Shi et al. 2009; Feenstra et al. 2014), *SCN9A* (Singh et al. 2009), *PCDH19* (Depienne et al. 2009), and another candidate gene, *SCN1B* (Patino et al. 2009), may be considered responsible in epileptic phenotypes at all. Very similar set of candidate genes were shown to be responsible also for GEFS+, i.e. *SCN1A*, *GABRG2*, *SCN2A*, *SCN1B* and *GABRD* (Wallace et al. 1998; Baulac et al. 2001; Sugawara et al. 2001; Audenaert et al. 2003; Dibbens et al. 2004), although the *SCN1A* ones are more frequent than variants in the other listed GEFS+ genes altogether. Thus patients, who are found to not harbour pathogenic *SCN1A* variants, can be tested for variations in the above mentioned genes.

It is widely accepted for clinically highly heterogeneous phenotypes, that the mutation detection rate is often closely linked to the way of the assessment of differential diagnosis as well as to the selection of proper DNA testing algorithm. Various approaches and diagnostic criteria, all with their pros and cons, can be used during clinical evaluation of pa-

tients with epileptic symptoms prior to genetic testing to minimize genetic heterogeneity among patients. However, studies using a wide approach in patient selection with various epileptic phenotypes are also used. In one such study by Fountain-Capal et al. a mutation detection rate of 23% was observed in a group of 69 epileptic/DS children patients (Fountain-Capal et al. 2011). Authors mentioned that a relatively open clinical testing strategy was used in their clinic for patient selection. According to their data, a sensitivity of 94% and a specificity of about 60% would be achieved using additional exclusive criteria such as either exacerbation of symptoms with hyperthermia or normal development before the onset of seizures prior to the mutation testing in children that show symptoms associated with DS. Using this approach, the number of tested children would be reduced by approximately 50%, on the other hand approximately 5% of cases may be overlooked. The appearance of ataxia, pyramidal signs, or interictal myoclonus alone has not been shown to be determining for an effective guidance in testing, however, Bremer and co-workers believe that DS may be even overlooked in many patients with pharmaco-resistant seizures and learning disability, particularly in the adult population (Bremer et al. 2012). Based on our observation we may agree with Marini and assume that detected discrepancy in detection rate can be attributed to the controversial aspects in the diagnosis of DS, as it can be uncertain, especially in younger patients (Marini et al. 2007). Definition of borderline phenotypes of the DS spectrum may be even more problematic, as some crucial features, such as psychomotor regression, EEG changes, seizure progression, presence or absence of ataxia, may occur after prolonged phase of clinical observation. Even though modified criteria from those proposed by the ILAE (2001) were used in most of the studies, some authors propose a clinical scoring system for screening at high-risk patients for genetic testing of DS including seven clinical predictive risk factors, i.e. onset within the first 7 months of life, more than five seizures, hemiconvulsions, focal seizures, myoclonic seizures, prolonged seizures, and hot water-induced seizures (Hattori et al. 2008).

In the light of several findings discussed above, our findings seem to prove that both proper patient selection criteria in research settings as well as appropriate genetic testing strategy in clinical practice are very crucial parts of the overall workflow, therefore should be evidence-based and performed cautiously. This is important not only for Sanger sequencing based, gene-by-gene testing approach, but also in newer testing strategies based on massively parallel sequencing. Ongoing transition of genomic analyses from research into the routine clinical practice raised serious debates on appropriate testing strategies with several emerging guidelines for developing standards for best practices. Concerns have been raised, for example, because of the question of unsolicited and secondary findings. Therefore several guidelines

suggest careful selection of genes to be included in targeted gene panel approaches or careful bioinformatic filtration of only those variants which are found in genes clearly associated with the patient's symptoms in case of exome or whole genome approaches (Rehm et al. 2013; Matthijs et al. 2014). On the other hand, using relatively loose diagnostic criteria, that may seem to be unnecessary and even costly in following genetic tests, may minimize the probability of pre-clinical cases to be overlooked. Caraballo et al. suggested that the possibility of DS should be considered in patients exhibiting febrile seizures (FS) as DS is characterized by the occurrence of FS before the first year of age, however, these are often diagnosed only at the age of 2–4 years following the manifestation of distinctive clinical features. Thus patients with repeating and prolonged FS triggered by fever, often misdiagnosed as benign FS in its early stages, should be treated as DS patients (Caraballo and Fejerman 2006).

In clinically highly heterogeneous groups of disorders with overlapping symptomatology genetic testing may provide early and accurate diagnosis that can be used to support a suspicion for a certain clinical entity even in the first stages of the disease. Definitive diagnosis in case of positive DNA screening can therefore enhance treatment with appropriate anti-convulsants and temperature reducing drugs selection and ultimately saves time. Although *SCN1A* is the most relevant epilepsy gene with hundreds of pathogenic variants identified so far, these are found mainly in patients suffering from the most severe phenotypes. Moreover it should be also taken to consideration that criteria for clinical differential diagnosis of DS patients may be more or less variable during selection of patients for genetic screening studies. We therefore propose to screen children with severe symptoms, in which it is likely that they will develop DS, although there's a risk that these patients have a different epileptic disorder. It would be a good compromise, as early treatment is crucial and can't be put on hold until all characteristic DS symptoms arise.

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