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Hypericin fluorescence kinetics in the presence of low density lipoproteins: study on quail CAM assay for topical delivery

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Abstract. There has been increasing interest in fluorescence-based imaging techniques in clinical practice, with the aim to detect and visualize the tumour configuration and the border with healthy tissue. Strong photodynamic activity of hypericin (Hyp) can be improved by various molecular transport systems (e.g. LDL). Our aim was to examine pharmacokinetics of Hyp in the presence of LDL particles on *ex ovo* chorioallantoic membrane (CAM) of Japanese quail with implanted TE1 tumour spheroids (human squamocellular carcinoma). Spheroids were implanted on CAM surface on embryonal day 7 and after 24 hours formulations of free Hyp and Hyp:LDL 100:1 and 200:1 were topically applied. All experimental formulations in the fluorescence intensity in 6-h observation period. LDL transportation system exhibited clear superiority in fluorescence pharmacokinetics than free Hyp formulation by increasing tumour-normal difference. Our experimental results confirm that Hyp and Hyp:LDL complex is potent fluorophore for photodynamic diagnosis of squamocellular carcinoma.

Key words: Hypericin – LDL – CAM – Photodynamic diagnosis – Japanese quail

Abbreviations: CAM, chorioallantoic membrane; Hyp, hypericin; LDL, low-density lipoprotein; PDD, photodynamic diagnosis; PS, photosensitizer; SCC, squamous cell carcinoma.

Introduction

Diagnostic potential of tissue fluorescence is intensively exploited in experimental and clinical practice. Fluorescence diagnostic imaging visualizes lesions through specific tissue fluorescence caused by endogenous fluorescence (autofluorescence), or exogenous, drug-induced fluorescence. Photodynamic diagnosis (PDD) uses photosensitizing agents – photosensitizers (PS) with specific fluorescent properties to target cancer detection. This approach has been established in several surgical and endoscopic methods (Leunig et al. 1996; Betz et al. 2002; Zheng et al. 2004; Olivo et al. 2011). In clinical practice, early lesions of oral and bladder cancer are hardly visible through subtle and flat configuration and it is difficult to distinguish border between the tumour and healthy tissue. PDD is using fluorescence endoscopy system to visualize neoplastic lesions after topical or systemic application of a tumour-selective PS. Exact demarcation of tumour margins using this technique could contribute to optimum results in surgical excision and reconstruction (Olivo et al. 2011).

The predominant type (over 90%) of tumours in the oral cavity is squamous cell carcinoma (SCC) (Neville et al. 2002;

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Kawczyk-Krupka et al. 2012). Usual diagnostic approach is white light endoscopy, followed by histopathological examination of biopsy tissue. Oral lesions, however, tend to be flat, difficult to distinguish benign from malignant and to determine the margins of lesions (Thong et al. 2009). Although biopsy procedures are generally safe, fluorescence diagnostic imaging has a potential to reduce unnecessary tissue biopsies.

In the last years, number of papers have analysed the chemical and photophysical as well as photobiological properties of hypericin (Hyp). This substance is extracted from a plant species *Hypericum perforatum* (St. John's Wort). Strong photodynamic activity of Hyp and consequently its fluorescence phenomenon depends on photochemical and photophysical properties which are characterized by spectral bands with absorption maxima at around 540 and 590 nm, and fluorescence maxima at around 590 and 640 nm respectively (Miskovsky et al. 2002; Olivo et al. 2011). Hyp has relatively high quantum yield of fluorescence and low photobleaching characteristics compared to some other photosensitizers (Kiesslich et al. 2006).

Hyp has low systemic toxicity and usually accumulates in malignant tumours. Illumination with visible light induces photophysical reactions such as fluorescent light making this process an interesting candidate as a diagnostic tool (Kubin et al. 2008).

Hyp is a lipophilic substance that forms aggregates not soluble in aqueous solutions (Olivo et al. 2011). The cellular uptake of Hyp is mainly by diffusion, but membraneassociated translocation processes may also contribute to the cellular uptake (Thomas et al. 1992).

In order to overcome many biophysical, and biomedical barriers in relation to successful delivery of anticancer drugs, including photosensitizers like Hyp, several types of nanocarriers such as liposomes, dendrimers, polymeric micelles, carbon nanotubes, polymer-drug conjugates, and nanoparticles (polymeric, magnetic, or solid-lipid nanoparticles) have been developed (Debele et al. 2015). Although these systems have promising potential in photosensitizer delivery, their impact on cells and tissues can lead to a wide range of adverse effects and several safety aspects associated with the introduction of these delivery systems to a complex metabolic environment have to be taken into account (Chouikrat 2012; Francois 2012; Búzová 2013).

Strong association between Hyp and serum constituents such as bovine serum albumin and low-density lipoprotein (LDL) and the uptake could be demonstrated to occur *via* endocytotic internalization and pinocytosis, respectively. Therefore, the membrane-associated mechanism of cellular internalization of Hyp strongly depends on the context of administration (Siboni et al. 2002; Kiesslich et al. 2006). LDL is the major transporter of cholesterol in the plasma used for cell growth and membrane repair. Tumour cells generally have high cholesterol requirements because of their rapid growth (Nikanjam et al. 2007). Upon binding to LDL receptors that interact with the protein moiety (apoB) of LDL particles, LDL is internalized *via* endocytosis, moved into the lysosome where the particle is degraded (Goldstein et al. 1985). LDL could be a promising delivery system for hydrophobic antitumour drugs which could play the key role for the specific targeting the photosensitizers into the tumour cells (Kascakova et al. 2008).

Interest in replacing the mammalian model for drug testing is still very actual. Avian chorioallantoic membrane (CAM) has been used for the study of tumour angiogenesis and antivascular therapy. More frequent is chicken CAM model, however, Japanese quail (*Coturnix japonica*) CAM has also been successfully used (Vargas et al. 2007; Čavarga et al. 2014; Nowak-Sliwinska et al. 2014). The CAM contains primarily type IV collagen, similar to the basement membrane of human oral epithelium (Rowe et al. 2009). Grafted tumours on the CAM surface have similar characteristics as the tumours grown in mammalian models, with the additional advantage that the setup of the CAM for cancer studies is faster (Vargas et al. 2007). Long-term evaluations, however, are not feasible because of limited time the quail embryo can survive under *ex ovo* conditions.

The CAM model has many advantages for tumourigenesis study: the chick embryo system is naturally immunodeficient, hence may accept xenotransplantation from tumours (Xiao et al. 2015) and the model is cost- and time-efficient. The well-vascularized membrane is easily accessible for manipulation and tumour proliferation and invasion is easier to examine. CAM model has been used in breast, bladder, prostate, ovarian and skin cancer for estimating the dissemination and angiogenic potential of cancer cells (Kunzi-Rapp et al. 2001; Lokman et al. 2012; Bush et al. 2013; Liu et al. 2013). CAM model is also advantageous for PDD and for the evaluation PS because of the transparency of its superficial layers. Photodynamic effects can be monitored in real-time, in individual blood vessels (Vargas et al. 2007; Buzzá et al. 2014).

Hyp exhibits high tumour selectivity, however, mechanism of its cellular uptake is not fully understood (Olivo et al. 2012a). Three-dimensional culture systems such as multicellular spheroid clusters are suitable model mimicking tumour nodules and useful tool for the development and testing of anticancer photodynamic therapy regimens (Evans 2015). Studies of bladder cell carcinoma using a spheroid model pointed to the selective uptake Hyp due to the loss in intercellular adhesion in spheroids caused by the reduced expression of a transmembrane adhesion protein E-cadherin (Huygens et al. 2005). Photodynamic effect of Hyp in an *ex ovo* quail CAM was recently evaluated by Čavarga et al. (2014). We anticipate that the use of Hyp-based fluorescence endoscopy can improve the sensitivity and specificity of oral cancer diagnosis compared with white light imaging alone, by providing an enhanced contrast between the lesion and surrounding normal tissue. Therefore, in this study we analyse fluorescence kinetics of Hyp and Hyp/LDL complex after topical application in *ex ovo* quail CAM assay with grafted TE1 human squamocellular carcinoma spheroids.

Material and Methods

Preparation of Hyp and LDL formulation

The stock solution of Hyp (1,3,4,6,8,13-hexahydroxy-10,11dimethylphenanthro [1,10,9,8-opqra]perylene-7,14-dione, Calbiochem, USA) (45×10^{-3} M) was prepared by dissolving Hyp in 100% DMSO (Sigma, USA) and kept in the dark at 4°C. Working concentration of Hyp (2 µg/g of embryo) was prepared immediately prior to the experiment. Average weight of embryos at ED7 was 0.6 g, therefore applied amount was 1.2 µg Hyp/30 µl PBS (79 µM) with 0.17 % DMSO.

The stock solution of LDL (1.04×10^{-5} M, Merck, Germany) was kept at 4°C. The Hyp-LDL formulation used in experiments was prepared by mixing appropriate volumes of LDL and Hyp stock solutions in PBS at pH 7.4. The final quantity of DMSO in all Hyp-LDL solution was 0.17%. The concentration of Hyp was kept constant (79 µM) and LDL concentration varied. Final concentration of LDL in Hyp-LDL formulation was 0.39 µM for 100:1 Hyp:LDL ratio and 0.79 µM for 200:1. This formulation was stored for 2 h in the dark at room temperature for stabilization before administration.

Fluorescence and absorbance spectroscopy measurements

Spectra were recorded at room temperature by Spectrofluorometer FluoroLog-3 (Horiba Jobin Yvon, Japan), ($\lambda_{exc} =$ 540 nm, $\lambda_{emis} =$ 575 nm). Spectra for Hyp and Hyp:LDL (100:1, 200:1) formulation were measured after 2 h stabilization period and analysed by Origin 6.0 (OriginLab, USA).

Quail CAM in vivo model

Fertilized Japanese quail (*Coturnix japonica*) eggs were incubated in a forced draught incubator at 37°C and 50–60% relative humidity. To prepare *in vivo* culture, the surface of the eggs at embryonic development day 3 (ED3) was wiped with 70% ethanol in a sterile laminar flow hood. The eggs were opened and the embryos transferred into six-well tissue culture plates (TPP, Switzerland) and returned to humidified incubator for the next 4 days (Parsons-Wingerter et al. 2000).

Spheroid preparation

Human esophageal squamous cell carcinoma (TE1) spheroids were cultured in DMEM (PAN-Biotech, Germany) supplemented with 10% fetal bovine serum (PAN-Biotech, Germany), 100 μ g/ml streptomycin, and 100 U/ml penicillin and were used at passages 5-15. U-bottom 96-well plates (Costar, USA) were treated with 0.8% LE agarose (BioWhittaker, USA) prepared in sterile water to form a thin layer of nonadhesive surface. To initiate spheroid formation, 250 μ l aliquots (500 cells/well) were seeded into individual wells and the plates were incubated at 37°C in 5% CO₂ atmosphere for next 3 to 5 weeks.

Tumour spheroid implantation

TE1 spheroid implantation was performed on ED7 under sterile conditions. Silicone ring (6 mm) was positioned on CAM surface avoiding major blood vessels and 5 to 15 spheroids (300–500 μ m) were placed within the ring. Successful implantation is observed when the tumour spheroid is engulfed by the CAM (typically 1 day post-implantation). At this stage the model is ready for use in experimental procedure.

Topical pharmacokinetics of Hyp and Hyp:LDL

24 hours after spheroid implantation (ED8), Hyp and Hyp:LDL 100:1 and 200:1 was topically applied at a dose of 2 µg/g embryo, that is 79 µM in PBS with 0.17% DMSO. Fluorescence intensity in CAM tissue and spheroids was recorded using a digital camera (Canon EOS 5D II with Canon MP-E 65mm, Japan) in 1 hour intervals up to 6 hours after administration. The CAMs were illuminated using either white light (ring flash Canon MR-14EX, Japan) or by blue excitation light (custom made circular blue LED light, 405 nm). Subsequent image processing was performed with the ImageJ software (Abramoff et al. 2004).

Statistics

Two way ANOVA with factors time after administration (0–6 hours) and treatment (Hyp, Hyp:LDL 100:1 and 200:1, respectively), followed by Holm-Sidak post hoc test (Sigma-Plot 12, USA) was used.

Results

An indicator of biological activity of Hyp is fluorescence phenomenon. Only the monomeric form of Hyp exhibits fluorescence emission and so may participate in photodynamic reaction (Mikeš et al. 2011). Prepared Hyp for-

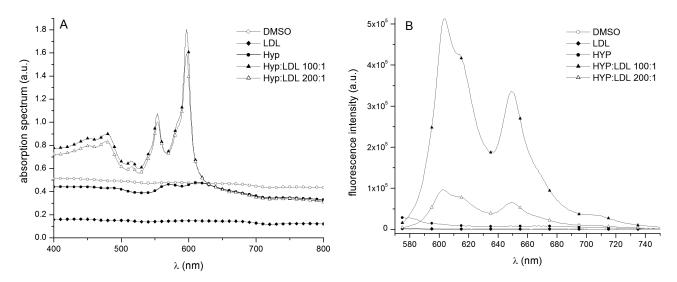


Figure 1. Absorption spectrum (A) and fluorescence spectrum (B) of 79 μ M Hyp, Hyp:LDL 100:1 and 200:1, 0.395 μ M LDL and 0.17% DMSO ($\lambda_{exc} = 540 \text{ nm}, \lambda_{emis} = 575 \text{ nm}$).

mulation was initially analysed spectroscopically *in vitro*. Absorption spectrum Hyp:LDL presents typical range of the Hyp with max values at 550 and 596 nm (Fig. 1A). Absorbance spectral curves for Hyp:LDL complex 100:1 and 200:1

did not differ. On the other hand, free Hyp in 0.1% DMSO shows strong reduction in absorbance which indicates Hyp aggregation in this environment. A similar pattern of changes in the emission spectrum were presented in other spectral

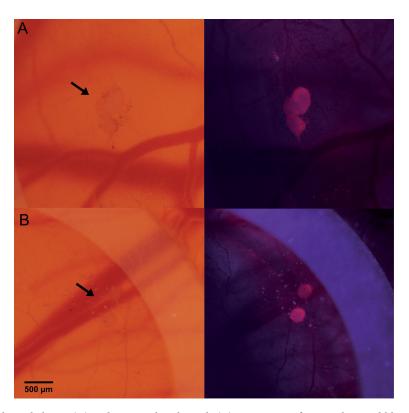


Figure 2. Close-up of spheroid cluster (A) and two single spheroids (B) on CAM surface in white and blue excitation light 6 h after application Hyp:LDL 200:1.

analysis (Fig. 1B), where free Hyp itself exhibits very low fluorescence emission. The complex of Hyp:LDL produces a higher fluorescence intensity and aggregation of Hyp in the aqueous medium does not affect the incorporation of Hyp into the LDL particles.

The photosensitizers used in photodynamic diagnosis are expected to be taken up selectively by the tumour, thus visualizing is the area of interest. Location of spheroids on CAM surface was difficult in white light reflectance image due to colour and subtle spheroid configuration. Addition of Hyp and Hyp:LDL formulation and fluorescent light very well visualized the tumour spheroid position (Fig. 2). In all experimental groups Hyp exhibits gradual increase of fluorescence intensity through observation period predominantly in TE1 tumour spheroids, but also in healthy CAM tissue (Fig. 3, Fig. 4). Difference in fluorescence intensity between tumour spheroid and healthy tissue was significant at all times (at least p < 0.05), except free Hyp at time 0 (p = 0.18) (Fig. 3A). The largest difference in fluorescence intensity between the healthy and the tumour tissue was observed in Hyp:LDL group 6 hours after administration with slightly larger difference in Hyp:LDL 200:1. Free Hyp formulation, together with HYP:LDL 100:1 exhibited one hour after administration significantly lower tumour-normal difference in fluorescence intensity (p < 0.001) (Fig. 4). After 6-hours Hyp:LDL formulations did not differ, however, free Hyp had still significantly lower tumour-normal difference in fluorescence intensity (p < 0.01) (Fig. 4). LDL-based transport system thus significantly potentiates tumour-normal difference in fluorescence intensity in observed time intervals. Comparison of fluorescence intensity in red spectral band of tumours only presents significantly higher intensity in both Hyp:LDL groups than in free Hyp at all times (p < 0.001) (Fig. 5). Hyp:LDL formulations did not differ, except 4 and 5 hours after administration, when 100:1 formulation had higher fluorescence intensity than 200:1 (*p* < 0.05 and *p* < 0.01, respectively).

Histological analysis of the CAM tissue with single TE1 spheroid or fusion of several spheroids showed vital cells which survived up to 5 days (data not shown). Four days after application, fused spheroids formed relatively large tumour (Fig. 6A) with radial spreading of infiltrative area clearly recognisable under Hyp fluorescence (Fig. 6B).

Survival of embryos in all experimental groups did not differ and no signs of toxicity (vasoconstriction, hemorrhage, lysis of vessels) were observed.

Discussion

Hyp photodynamic effectivity is related to its physicochemical properties, which are not fully favourable for medical administration. Hyp is a lipophilic compound, only sparingly soluble in water, which makes clinical application difficult.

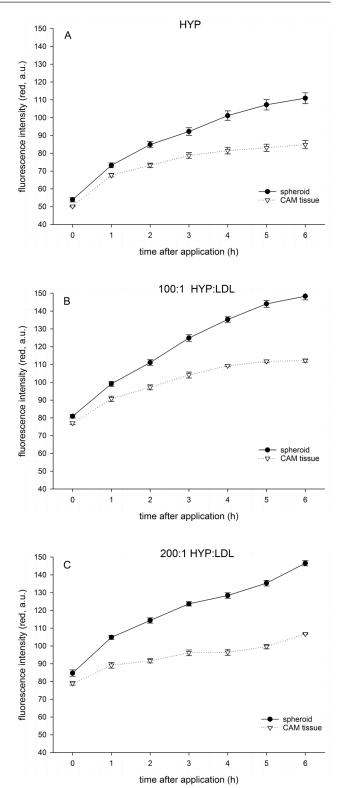


Figure 3. Fluorescence intensity (red channel) of healthy CAM tissue and TE1 tumour after application of Hyp (**A**), Hyp:LDL 100:1 (**B**) and 200:1 (**C**). Mean \pm SEM, n = 67 (n_{group} = 25, 22, 20). Fluorescence intensity differed significantly (at least p < 0.05) at all times, except Hyp at time 0 (p = 0.18).

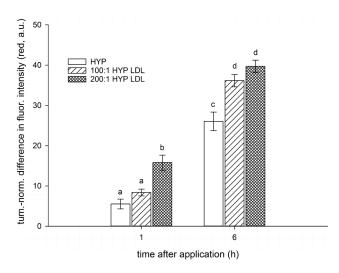


Figure 4. Difference in fluorescence intensity (red channel) between the healthy and tumour tissue measured 1 and 6 hours after application free Hyp, Hyp:LDL 100:1 and 200:1. Columns with different superscripts differ significantly (at least p < 0.05).

Hyp in a polar water environment forms nonfluorescent aggregates. In this configuration Hyp exhibits hindered or completely inhibited photodynamic activity (Theodossiou et al. 2004; Bano et al. 2011; Wölfle et al. 2014). An indicator of biological activity of Hyp is fluorescence phenomenon. Only the monomeric form of Hyp exhibits fluorescence emission and so may participate in photodynamic reaction (Mikeš et al. 2011).

Different approaches have been taken to overcome the hydrophobicity of this photosensitizer. The solvents commonly

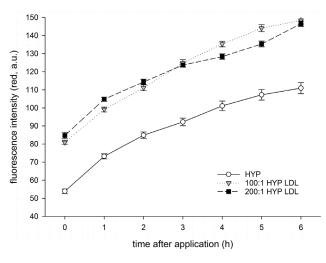


Figure 5. Increase in spheroid fluorescence intensity (red channel) after application of experimental formulations. Free Hyp had significantly lower fluorescence intensity at all times (p < 0.001).

used to dissolve Hyp for in vitro and in vivo studies is DMSO and ethanol, alternatively glycerol, N-methylpyrrolidone, polyethylene glycol 400, or polyvinylpyrrolidone (Saw et al. 2006; Van de Putte et al. 2006). Currently, in Hyp-based fluorescence cystoscopy, the bladder instillation fluids are prepared with 1% plasma proteins. Fluorescence diagnosis of oral cancer was performed by oral rinsing with Hyp formulation prepared with 1% albumin (D'Hallewin et al. 2002; Saw et al. 2006; Thong et al. 2009). LDL appears to be promising delivery system for hydrophobic anti-tumour drugs and could play the key role for the specific targeting the photosensitizers into the tumour cells. LDL are recognized and internalized into the cells through specific membrane receptors, whose enhanced expression (regulated by the cholesterol needs of the cells) has been shown in many types of transformed cells (Kascakova et al. 2008).

In our experiments Hyp formulation has been initially analysed in vitro spectroscopically. Absorption spectrum Hyp:LDL present typical range of the Hyp max at 550 and 596 nm. Absorbance spectral curves between Hyp:LDL complex 100:1 and 200:1 did not differ. On the other hand, free Hyp formulation in 0.1% DMSO presents strong reduction in absorbance which indicates dominant Hyp aggregation in this environment. Similar pattern changes of the emission spectrum were presented in other spectral analysis, where free Hyp itself exhibits very low fluorescence emission. Our results demonstrate Hyp:LDL complex produces a higher fluorescence intensity compared to Hyp alone. It appears that the aggregation of Hyp in the aqueous medium does not affect the incorporation of Hyp into LDL particles, therefore this transport system can provide higher grade of monomerization of this molecule and may be potentially suitable for PDD application.

There has been increasing interest in fluorescence-based techniques in clinical oncology, with the aim to detect and characterize premalignant and malignant lesions using in vivo fluorescence spectroscopy and imaging. The use of these techniques is considered for dosimetry in photodynamic therapy or to guide tissue biopsy and surgical resection (Wagnieres et al. 1998). Fluorescence diagnosis is used also for oral cancer detection as conventional white light endoscopy may fail to detect small and flat mucosal neoplasms (Olivo et al. 2011). Hyp-induced PDD by topical application was predominantly used for bladder and oral cancer detection. D'Hallewin et al. (2000) reported the clinical use of Hyp for detection of bladder flat CIS (carcinoma in situ) lesions, later for detection of bladder cancer (D'Hallewin et al. 2002; Kubin et al. 2008). Similar approach was used by Thong et al. (2009) who used oral rinsing with Hyp formulation as a complementary technique to white light endoscopy of human oral cancer. This may reduce the number of biopsies taken, improve detection of tumour margins during surgical procedures and provide a means for quick diagnosis in the

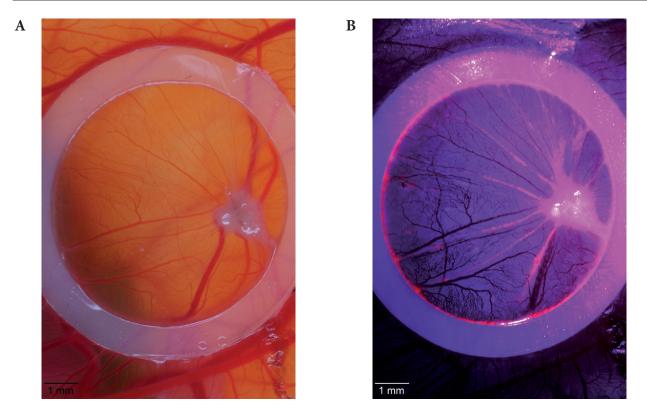


Figure 6. Advanced TE1 tumour in white light reflectance image (A) and in blue excitation light after application of Hyp:LDL 200:1 (B).

clinic (Thong et al. 2009). The sensitivity of PDD for detection of dysplasia was calculated to be 85% compared with 31% for white light endoscopy (Kubin et al. 2008).

Study of Hyp distribution in an orthotopic rat bladder tumour model showed tumour-to-normal-bladder ratio 12:1 after 4 hours of Hyp instillation (Kamuhabwa et al. 2002). In our experiments increased fluorescence was observed in TE1 tumour lesions, indicating a selective uptake of Hyp in lesions compared with normal tissue. In 6-hour observation period, TE1 spheroids exhibited gradual increase of fluorescence which was more intensive than in the healthy ectodermal epithelium. Overall increase of fluorescence is probably caused by gradual monomerization due to Hyp interaction with protein and lipidic structures of the tissue.

The cellular uptake of Hyp is thought to occur mainly by diffusion through concentration gradient, although a membrane-associated translocation with the assistance of albumin and/or LDL has also been suggested (Kiesslich et al. 2006). Our results indicate higher cellular uptake of Hyp with LDL transport system. Comparison of TE1 tumour fluorescence intensity revealed significantly higher intensity in both Hyp:LDL groups than in free Hyp formulation.

Properties of Hyp:LDL complex was studied by several authors. Buriankova et al. (2011) found that high Hyp:LDL ratios (>30:1) lead to a significant decrease of quantum yield

of Hyp fluorescence. The decrease is caused by the formation of non-fluorescent Hyp aggregates inside of LDL molecules and by dynamic selfquenching of Hyp fluorescence. It was also shown that overloading LDL with Hyp (Hyp:LDL 200:1) leads to a higher intracellular accumulation of Hyp molecules in comparison with the situation when the same quantity of Hyp is accumulated in LDL, but at lower Hyp:LDL ratio (20:1) (Huntosova et al. 2010). Our results indicate that aggregation of the Hyp in the aqueous environment does not affect Hyp incorporation into LDL particles and Hyp:LDL formulation increases the efficiency of photodynamic diagnosis in the tissue after topical application. Hyp:LDL 200:1 achieved the highest tumour normal difference in fluorescence intensity, followed by Hyp:LDL 100:1, and free Hyp. LDL based transport system thus significantly potentiate tumour-normal difference in fluorescence intensity in observed time intervals.

Mechanisms of the preferential distribution of photosensitizers in tumour tissue are not fully understood. Properties of tumour tissue such as higher "leakiness" of vasculature, poorly developed lymphatic system and large interstitial space may contribute. Acidic pH, elevated numbers of lowdensity protein receptors and a high amount of lipid (that has a high affinity for lipophilic dyes) also favors a preferential distribution of sensitizers (Musser et al. 1980; Freitas et al. 1990; Kiesslich et al. 2006). Changes in expression of adhesion molecules in high grade advanced urothelial cell carcinoma (UCC) caused enhanced Hyp permeation into the deeper layers through passive paracellular transport before intracellular uptake (Olivo et al. 2012b).

In all experimental groups Hyp showed gradual increase of fluorescence intensity through 6-hour observation period in both healthy CAM and TE1 tumour spheroids. Location of spheroids on CAM surface in white light was often difficult, due to subtle spheroidal configuration. Both the free Hyp and Hyp:LDL complex formulation in the fluorescent image very well visualized the spheroid position, with fluorescence intensity peaking 6 hour after application.

Saw et al. (2007) showed on CAM model that Hyp-NMP formulation was a good alternative to the currently used 0.5% Hyp-HSA formulation. The NMP formulations were able to produce significantly higher contrast for tumour tissues and at earlier time points than Hyp-HSA 0.5%. When properly formulated, Hyp can produce a good contrast between normal and tumour regions at earlier time point post drug administration. It has the potential to reduce patient's waiting time and resulting in improving patient quality of life (Saw et al. 2007).

On the other hand, in Francois et al. (2012) experimental study has been presented advantage of dendrimer based high molecular weight delivery system for topical photosensitizer application. Thus, the size of an intravesically-administered molecule appears to be essential to optimize tumour selectivity and depth of penetration into the tumour. Small molecules will tend to enter normal urothelium as well as the tumour, with loss of specificity (Francois et al. 2012).

In our experimental model LDL transportation system works in macromolecular configuration and exhibits clear superiority in fluorescence pharmacokinetics than free Hyp formulation. Disadvantage of higher molecular weight of this delivery system may be compensated by active transport through LDL-receptor complex and loss of intercellular adhesion and consequently enhanced paracellular transport of Hyp:LDL formulation in TE1 tumour spheroids tissue.

In summary, our experimental results confirm that the Hyp is strong fluorescent marker, prospectively applicable for photodynamic tumour diagnosis. LDL transport system appears to be a suitable model for optimizing the photodynamic diagnosis and therapy of cancer.

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