doi:10.4149/neo_2018_170509N333

Multiparametric MRI analysis of morphologico-functional features of DCIS – correlation with the grade of nuclear atypia

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Received May 9, 2017/ Accepted August 5, 2017

The aim was to analyze morphologico-functional characteristics of ductal carcinoma in situ (DCIS) in breast MRI to assess signs correlating with the degree of nuclear atypia. From 636 malignant lesions, 114 were DCIS (17.92%): 44 cases of high-grade (38.60%), 37 intermediate (32.45%), 33 low-grade (28.95%). MRI characteristics – T2 signal intensity (SI), shape, margins, contrast enhancement, peripheral/ductal enhancement, kinetic curve, presence of restriction of diffusion were correlated with the nuclear grade of DCIS. Statistical analysis was performed, statistical significance and Odds ratio (OR) were calculated. Signs of high-grade lesions were low SI in T2w (p=0.042), nonhomogeneous contrast enhancement (p=0.012), wash-out phenomenon (p=0.04), high SI in diffusion weighted imaging (DWI) (p<0.0001), restriction of diffusion in apparent diffusion coefficient map (p<0.0001). DWI and wash-out phenomenon reached the highest OR (56.00, 9.76). Breast MRI using DWI and multiparametric analysis provides important information about the degree of nuclear atypia.

Key words: breast carcinoma, ductal carcinoma in situ, multiparametric magnetic resonance imaging, diffusion weighted imaging, tumor grading

Ductal carcinoma in situ (DCIS) is a non-invasive form of malignant breast lesion that is characterized by proliferation of malignantly transformed intraductal cells of the terminal ductolobular unit. There is no invasion through the basal membrane and no infiltration of surrounding structures, but it is considered a high risk lesion and a precursor of invasive carcinoma [1]. In 30–50% DCIS transforms gradually to invasive ductal carcinoma, and approximately in 4% of cases there are micrometastases in the axillary lymph nodes at the time of diagnosis [2].

Its potential to progress to invasive carcinoma increases with the degree of nuclear atypia. High-grade DCIS is typically fast-growing lesion with high mitotic activity and in a short period of time of intraductal spreading it may progress to a high-grade invasive ductal carcinoma [3]. Low-grade lesions persist and grow for a relatively long time inside the ductal tree, after its invasions through the basal membrane a low-grade invasive carcinoma develops [1]. This indicates that recognition of the grade of nuclear atypia plays a key role in the further management of DCIS.

In the last decade magnetic resonance imaging (MRI) has played the most important role in DCIS diagnostics even though its benefit in preoperative management of DCIS is still

discussed [4]. The pathophysiological mechanism of the post contrast enhancement of this process remains still unclear. There is an evident difference between the morphology and post contrast behavior of a healthy duct and a duct affected by DCIS [5]. It is caused by increased permeability of basal membrane of the duct containing DCIS which allows the gadolinium chelate contrast agent to enter into the impaired duct [5]. This process is distinguishable in MR examination as a pathological ductal enhancement [6]. Character of post contrast enhancement of DCIS can be regarded as a biomarker of the biological behavior of the lesion. The sensitivity of MRI in detection of DCIS correlates with its degree of nuclear atypia, the sensitivity of MRI in DCIS diagnostics grows with the probability of its transformation into invasive form [4]. It is not rare that low-grade lesions remain without any enhancement while high-grade lesions usually present themselves by pathological ductal pattern of enhancement [7, 8]. Furthermore, there are other MRI characteristics of DCIS that might provide helpful information about its degree of nuclear atypia: signal intensity in T2w, diffusionweighted imaging (DWI) and apparent diffusion coefficient (ADC) map, shape and margins of the lesion, as well as its post contrast behavior-pattern of enhancement and kinetic

curves. The combination of morphological, functional and molecular information offered by multiparametric MRI promises to make it a successful tool for breast cancer diagnosis [9]. The aim of this study was to analyze all MRI features, correlate them with the degree of nuclear atypia and to select the most significant signs that would be relevant in differentiation of grade of nuclear atypia of DCIS.

Patients and methods

In the period 10/2013-09/2015, 636 malignant breast lesions were diagnosed and histologically proven, out of which 114 (17.92%) were confirmed as pure DCIS. Lesions detectable in ultrasound (Philips iU22, Belgium, 2012) were verified by an ultrasound guided core cut biopsy (with withdrawal of minimally 5–6 samples). Those with mammographic pathologic microcalcifications (Hologic, LORAD, Dimensions, USA, 2010) underwent vacuum assisted biopsy (Hologic Multicare Platinum, USA 2012 and ATEC Suros, Hologic, USA, 2012) with multiple samples removal. All lesions were confirmed by histopathological analysis as DCIS. None of these had any signs of invasion or microinvasion. According to the degree of nuclear atypia (nuclear grade), the whole group was divided into three subgroups: high-grade DCIS group with 44 cases (38.60%), intermediate grade DCIS with 37 cases (32.45%) and low-grade group with 33 cases (28.95%).

According to our currently used internal recommendations for DCIS management, all patients with diagnosed ductal carcinoma in situ underwent breast MRI examination. All MR studies were conducted at 3T Magnetom Verio (Siemens, Belgium, 2010). Patients were positioned prone into the dedicated 16-channel breast coil. The MRI protocol included T2 fat sat axial images, DWI using b values of 0, 50, 850, T2 Tirm cor, T1 axial and dynamic contrast enhancement (DCE) axial. In the dynamic study, the contrast agent gadoteridol (ProHance*, Bracco Diagnostics, Singen, Germany) was administered at a dosage 0.1 mmol/kg. The first non-enhanced series were followed by seven contrast enhanced series, each with acquisition time of 60 s.

Degree of nuclear atypia	High-grade	Intermediate	Low-grade	Total	
MR signs	n=44	n=37	n=33	10111	
T2 signal					
Low	11	7	2	20	
Intermediate	27	17	14	58	
High	6	13	17	36	
Shape and margins					
Regular	0	0	0	0	
Lobular	0	0	0	0	
Irregular	39	37	33	109	
Spiculated	5	0	0	5	
Post contrast enhancement					
Homogeneous	2	7	9	18	
Non-homogeneous	42	30	24	96	
Ring enhancement					
yes	0	0	0	0	
no	44	37	33	114	
Ductal enhancement					
yes	24	21	18	63	
no	20	16	15	51	
Kinetic curves					
TIC 1 (continual SI increase)	8	9	21	38	
TIC 2 (plateau)	19	21	10	50	
TIC 3 ("wash-out" phenomenon)	17	7	2	26	
DWI Signal					
Low	2	10	24	36	
High	42	27	9	78	
ADC Value					
Decrease	40	25	11	76	
Increase	4	12	22	38	
ADC coefficient ×10 ⁻³ mm ² /s±SD	0.87±0.12	0.95±0.10	1.09 ± 0.06	0.96±0.19	

Table 1. Frequency of morphological and functional MRI characteristics for high, intermediate a low-grade DCIS.

All breast MRIs were analyzed by two skilled breast radiologists (16 and 10-year experiences). In the morphological group of signs, we focused on the shape and margins of lesions, signal intensity in T2w, character of post contrast enhancement (homogeneity and presence of ring or ductal enhancement). According to the pharmacokinetics of extracellular contrasts agent, kinetic curves were calculated for each lesion. Signal intensity in DWI and presence of restrictions of diffusion in ADC map completed the functional characteristics of analyzed lesions. The most important and reliable MR signs and parameters correlating with the degree of nuclear atypia were identified (Table 1).

For selected MR characteristics, logistic regression analysis was performed with regards to the nuclear grade of the lesions, followed by calculation of statistical significance (p) and Odds ratio. For statistical analysis we used software Acastat version 7.0. The level of statistical significance for particular signs was calculated by Chi-Square test (StatCalc, version 7.1.2, Excel 2010) and was set as p<0.05. Logistic regress analysis was performed by software MedCalc*, version 12.4.0, 2003–2013.

Results

In our retrospective multiparametric study, all DCIS behaved as lesions with heterogeneous character. Signal intensity in T2w differed significantly between groups of high and low-grade DCIS. Low T2 signal of high-grade lesions (11 out of 44, 25%, p=0.0422) and high signal intensity of low-grade (17 out of 33, 51.52%, p=0.0007) were found to be relevant for nuclear grade evaluation with p being statistically significant (Table 2, Figure 1A, Figure 3A). This difference of T2 signal intensity was not so obvious between groups of high and intermediate DCIS (p=0.1267) (Figure 2A), though the Odds ratio reaching 3.62 made low signal intensity in T2w, the predicting factor for high-grade lesion.

Shape and margins of lesions seemed to be of a little importance as DCIS usually forms irregular non-mass infiltrates. In our study, only 5 cases out of 114 (4.39%) formed spiculated lesion and all of them were of high-grade (5 out of 44, 11.36%). There is no statistical significance of this sign in low and high-grade lesion differentiation (p=0.14), but due

Degree of nuclear atypia	High-grade	Low-grade		
	n=44	n=33	Odds ratio (95%CI)	p-value
MR signs	(%)	(%)		
T2 Signal				
Low	11 (25.0)	2 (6.06)	5.17 (1.06 -25.19)	0.0422
Intermediate	27 (61.36)	14 (42.42)	2.16 (0.86-5.40)	0.1015
High	6 (13.63)	17 (51.52)	0.15 (0.05-0.45)	0.0007
Shape and margins				
Irregular	39 (88.64)	33 (100)	0.11 (0.06 to 2.01)	0.1354
Spiculated	5 (11.36)	0	9.33 (0.50-174.97	0.1354
Post contrast enhancement				
Homogeneous	2 (4.54)	9 (27.27)	0.13 (0.03-0.64)	0.0121
Non-homogeneous	42 (95.45)	24 (72.73)	7.86 (1.57-39.48)	0.0121
"Ring" enhancement				
Yes	0	0		
No	44 (100)	33 (100)	1.33 (0.03-68.68)	0.8878
Ductal enhancement				
Yes	24 (54.55)	18 (54.55)	1.00 (0.40-2.47)	1.0000
No	20 (45.45)	15 (45.45)	1.0000 (0.4040-2.4756)	1.0000
Kinetic curves				
TIC1 (continuous SI increase)	8 (18.18)	21 (64.64)	0.1270 (0.0447-0.3607)	0.0001
TIC 2 (plateau)	19 (43.18)	10 (30.30)	1.7480 (0.6744-4.5306)	0.2504
TIC 3 ("wash-out" phenomenon)	17 (38.63)	2 (6.06)	9.7593 (2.0644-46.1360)	0.0040
DWI Signal				
Low	2 (4.55)	24 (72.73)	0.0179 (0.0036-0.0895)	< 0.0001
High	42 (95.45)	9 (27.27)	56.00 (11.17-280.77)	< 0.0001
ADC Value				
Decrease	40 (90.91)	11 (33.33)	20.00 (5.69-70.30)	< 0.0001
Increase	4 (9.09)	22 (66.67)	0.05 (0.01-0.17)	< 0.0001
ADC coefficient ×10 ⁻³ mm ² /s±SD	0.87±0.12	1.09±0.06	1.00 (0.01-92.43)	1.0000

Table 2. Results of logistic regress analysis for morphological and functional MRI signs in correlation with the degree of nuclear atypia for high-grade DCIS (n=44) and low-grade DCIS (n=33).

to the high value of Odds ratio (OR=9.33), spiculated shape might be regarded as a sign supporting high-grade entity.

When analyzing a signal intensity of all 114 DCIS in DWI, the results revealed that presence of restriction of diffusion is a highly reliable parameter in differentiation between high and low-grade. Low signal in DWI appeared in 24 low-grade DCIS out of 33 (72.72%) (Figure 1B), while only 2 highgrade lesions out of 44 (4.55%, p<0.0001, Odds ratio 20.00, and confidence interval 95% (CI) 5.69–70.30) demonstrated low signal in DWI. When comparing low and intermediate grade group of DCIS, low signal intensity appeared in 10 cases of intermediate grade group (27.02%) and in 24 cases of low-grade group (72.73%, p=0.0002, Odds ratio 0.14, CI 95% 0.048–0.40). High signal in DWI was detected predominantly in intermediate grade group (72.97% vs 27.27, p=0.0002, OR 7.20, CI 95% 2.06–20.68). In high-grade group, the high signal in DWI was the dominant sign in 42 out of 44 (95.45%), as well as in 27 of intermediate grade lesions (72.97%, p=0.0116, Odds ratio 7.78 and 95% CI 1.58–38.27) (Tables 2–4, Figure 3B, Figure 2B).

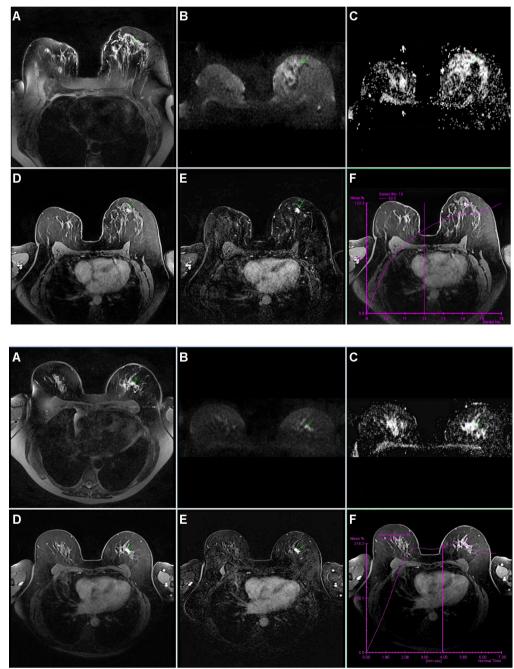
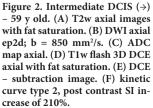


Figure 1. Low-grade DCIS (\Rightarrow) - 58 y old. (A) T2w axial images with fat saturation. (B) DWI axial ep2d; b = 850 mm²/s. (C) ADC map axial. (D) T1w flash 3D DCE axial with fat saturation. (E) DCE - subtraction image. (F) kinetic curve type 1, post contrast SI increase of 92.5%.



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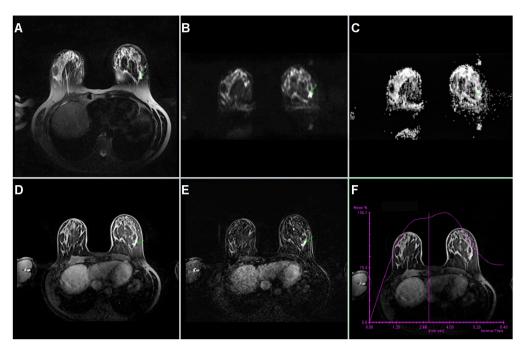


Figure 3. High-grade DCIS (\Rightarrow) - 40 y old. (A) T2w axial images with fat saturation. (B) DWI axial ep2d; b = 850 mm²/s. (C) ADC map axial. (D) T1w flash 3D DCE axial with fat saturation. (E) DCE - subtraction image. (F) kinetic curve type 3, post contrast SI increase of 149.7%.

Table 3. Results of logistic analysis of morphological and functional MRI signs in correlation with the degree of nuclear atypia for intermediate grade DCIS (n=37) and low-grade DCIS (n=33).

Degree of nuclear atypia	Intermediate n=37	Low-grade n=33	Odds ratio (95%CI)	p-value
MRI signs	n=3/	n=33	(95%CI)	_
T2 Signal				
Low	7 (18.91)	2 (6.06)	3.62 (0.69 -18.83)	0.1267
Intermediate	17 (45.95)	14 (42.42)	1.03 (0.40-2.69)	0.9484
High	13 (35.14)	17 (51.52)	0.51 (0.20-1.33)	0.1690
Shape and margins				
Regular	0	0		
Lobular	0	0		
Spiculated	0	0		
Irregular	37 (100)	33 (100)	1.12 (0.02-58.00)	0.9553
Post contrast enhancement				
Homogeneous	7 (18.91)	9 (27.27)	0.62 (0.20-1.92)	0.4081
Non-homogeneous	30 (81.08)	24 (72.73)	1.61 (0.52-4.95)	0.4081
"Ring" enhancement				
yes	0	0		
no	37 (100)	33 (100)	1.12 (0.02-58.00)	0.9553
Ductal enhancement				
yes	21 (56.76)	18 (54.55)	1.4 (0.43-2.81)	0.8525
no	16 (43.24)	15 (45.45)	0.91 (0.36-2.35)	0.8525
Kinetic curves				
TIC 1 (continuous increase)	9 (24.32)	21 (63.64)	0.18 (0.07 -0.52)	0.0013
TIC 2 (plateau)	21 (56.76)	10 (30.30)	3.02 (1.13-8.10)	0.0282
TIC3 ("wash-out" phenomenon)	7 (18.92)	2 (6.06)	3.62 (0.69-18.83)	0.1267
DWI Signal				
Low	10 (27.02)	24 (72.73)	0.14 (0.05-0.40)	0.0002
High	27 (72.97)	9 (27.27)	7.20 (2.51-20.68)	0.0002
ADC Value				
Decrease	25 (67.57)	11 (33.33)	4.17 (1.53-11.31)	0.0051
Increase	12 (32.43)	22 (66.67)	0.24 (0.09- 0.65)	0.0051
ADC coefficient ×10 ⁻³ mm ² /s±SD	0.95±0.10	1.09±0.06	0.33 (0.07–16.80)	0.5828

Degree of nuclear atypia MRI signs	High-grade	Intermediate	Odds ratio (95%CI)	p-value
	n=44 (%)	n=37 (%)		
T2 Signal				
Low	11 (25)	7 (18.91)	1.43 (0.49-4.16)	0.5131
Intermediate	27 (63.36)	17 (45.95)	1.87 (0.77-4.54)	0.1670
High	6 (13.64)	13 (35.14)	0.29 (0.10-0.87)	0.0272
Shape and margins				
Regular	0	0		
Lobular	0	0		
Irregular	39 (100)	37 (100)	0.10 (0.06-1.79)	0.1165
Spiculated	5 (11.36)	0	10.44 (0.56-195.46)	0.1165
Post contrast enhancement				
Homogeneous	2 (4.55)	7 (18.92)	0.20 (0.04-1.05)	0.0575
Non-homogeneous	42 (95.45)	30 (82.08)	4.90 (0.95-25.26)	0.0575
"Ring" enhancement				
yes	0	0		
no	44 (100)	37 (100)	1.19 (0.02-61.26)	0.9322
Ductal enhancement				
yes	24 (54.55)	21 (56.76)	0.91 (0.38-2.21)	0.8419
no	20 (45.45)	16 (43.24)	1.09 (0.45-2.64)	0.8419
Kinetic curves				
TIC 1 (continuous increase)	8 (18.18)	9 (24.32)	0.69 (0.24-2.02)	0.5001
TIC 2 (plateau)	19 (43.18)	21 (56.76)	0.58 (0.24-1.40)	0.2250
TIC 3 ("wash-out" phenomenon)	17 (38.64)	7 (18.92)	2.70 (0.97-7.50)	0.0570
DWI Signal				
Low	2 (2.54)	10 (54.05)	0.13 (0.03-0.63)	0.0116
High	42 (95.45)	27 (72.97)	7.78 (1.58-38.27)	0.0116
ADC Value				
Decrease	40 (90.91)	25 (67.56)	4.80 (1.39-16.54)	0.0129
Increase	4 (9.09)	12 (32.44)	0.21 (0.06-0.72)	0.0129
ADC coefficient $\times 10^{-3}$ mm ² /s±SD	0.87±0.12	0.95±0.10	0.33 (0.00-52.57)	0.6705

Table 4. Results of the logistic regress analysis of morphological and functional MRI signs in correlation with the degree of nuclear atypia for high-grade DCIS (n=44) and intermediate grade DCIS (n=37).

These results correlate with further observations in ADC map. Low signal intensity as an indicator of restriction of diffusion appeared in 40 cases of high-grade (90.91%, p<0.0001) (Figure 3C), while only in 11 cases of low-grade DCIS (33.33%). In low-grade group, the absence of restriction of diffusion (high signal in ADC map) was observed in 22 out of 33 (66.67%) (Figure 1C), while only in 4 cases of high-grade lesions (9.09%, p<0.0001, OR 56.00, CI 95% 11.17–280.77) and in 12 out of 37 cases of intermediate DCIS (32.43%, p<0.0051, OR 0.24, CI 95% 0.09–0.65) (Figure 2C). Value of ADC coefficient (at b=0, 50, 850) didn't play any significant role in differentiation between any groups of DCIS.

The analysis of post contrast dynamic study of all DCIS revealed very heterogeneous results. Only 26 lesions (22.81%) had kinetic curve TIC type III with wash out phenomenon. There was a significant difference between the high and low-grade lesions – in case of high-grade, 17 out of 44 (38.64%) reported kinetic curve type III with

wash-out (Figure 3D–F), in the group of low-grade DCIS it appeared only in 2 out of 33 (6%, p=0.004, OR 9.76, CI 95% 2.06–46.14). When comparing groups of intermediate and low-grade DCIS in post contrast dynamic study, another statistically significant sign was recognized – the kinetic curve type I supported the diagnosis of low-grade lesion (64.63% vs 24.32%, p=0.0013, OR 0.18, CI 95% 0.065–0.52) (Figure 1D–F) and type II the diagnosis of the intermediate grade DCIS (56.76% vs 30.30%, p=0.0282, 56.76%, OR 3.02, CI 95% 1.13–8.10) (Figure 2D–F). Kinetic curve type III as a sign for differentiation between low and intermediate lesions didn't reach the statistical significance (low-grade 6.06% vs intermediate grade 18.91%, p=0.1267, OR 3.62, CI 95% 0.69–18.83).

Ductal enhancement which appeared identically in both high and low-grade groups in 54.55% (p=1.000, OR 1.00, CI 95% 0.40–2.48) was found to be statistically non-significant. Homogeneity of post contrast enhancement revealed the most significant differences only in distinction of high and low-grade DCIS, where high-grade DCIS lesions were enhancing non-homogeneously in 42 out of 44 cases (95.45%) and only in 2 cases (4.54%) homogeneously. Low-grade DCIS enhanced dominantly non-homogeneously (24 cases, 72.72%) but in 9 cases (27.27%) homogeneous enhancement appeared (p=0.0121). When comparing other groups, the homogeneity or non-homogeneity of enhancement appeared there comparatively and so this sign couldn't be regarded as a marker of degree of nuclear atypia.

Discussion

Ductal carcinoma in situ comprises heterogeneous lesions, which can be according to the degree of nuclear atypia divided to low, intermediate and high-grade by histopathological analysis. In MRI their characteristics overlap. The combination of morphological, functional and molecular information offered by multiparametric MRI promises to make it a successful tool for improving many aspects of breast cancer diagnosis [9]. The unique role of MRI in the diagnostics of DCIS is still discussed and its benefit for further management is examined carefully by studies (finished studies regarding this question – COMICE, MONET, currently running study MIPA) [10–12]. However, MRI features seem to be important for the proper management of DCIS, especially when concerning its potential to progress into invasive tumor [13].

Detailed analysis revealed that the most prominent differences of characteristics are between the low-grade and highgrade lesions. This is in a concordance with the observations of pathologists: the diagnostic criteria for low and high-grade lesions are strictly defined. Intermediate grade lesions stay between these two groups and their characteristics don't belong to any of these groups and the differences are very subtle [14].

The most reliable signs for differentiation between high and low-grade group according to the calculation of statistical significance (p) and Odds ratio were signal intensity in DWI and in ADC map together with post contrast behavior of lesions in dynamic analysis.

High signal intensity of DCIS in DWI together with the presence of low signal in ADC is reliable parameter supporting the high-grade diagnosis. DWI works on the principle of measurement of water molecular diffusion between different environments and indirectly determines the degree of lesion cellularity [15]. The same results about the role of DWI in detections of DCIS was also revealed in the study of Rahbar et al. [16]. Authors proved that the higher signal intensity in DWI is a sign supporting DCIS, even though they didn't used their results for further differentiation between the degrees of nuclear atypia. Other study [17, 18] was aimed at differentiation between DCIS and invasive cancer. It proved the potential of DWI to predict invasion by increased SI and this indirectly supports the theory that higher grade with higher potential to invasive spreading is characterized by higher SI at DWI.

Character of enhancement of DCIS in post contrast dynamic study is very variable and when analyzing 114 cases of DCIS, all three types of kinetic curves were identified. Interesting is the fact that the kinetic curve type III with a "wash out phenomenon", which is regarded to be the most reliable indicator of malignancy [19], appeared only in one fifth of all cases. "Wash out phenomenon" was dominantly observed in high-grade group, followed by intermediate grade. Type I appeared exclusively only in low-grade lesions. The same results appeared in the studies of other authors [1, 20–22]. On the other side, continuous increase of signal intensity with kinetic curve type I is according to our results the sign supporting low-grade of nuclear atypia. The observation could be explained according to some authors by the fact that during the gradual transformation of benign lesion to DCIS and finally to invasive carcinoma, the increase of perfusion in the tumor as a result of increased vascular density can be observed [23, 24]. The difference of enhancement between the groups of DCIS results from the impaired permeability of basal membrane [19], which seems to be more prominent in high-grade lesions.

Other examined post contrast parameters - ductal and ring enhancement - didn't reach the statistical significance and thus cannot be regarded as a reliable sign for determination of degree of atypia. The ring enhancement wasn't detected in any case of DCIS. This is in agreement with the knowledge that DCIS is usually presented by non-mass enhancement [25, 26], while ring enhancement is a pattern typical for focal and frequently invasive lesion [27]. The presence of ductal enhancement was distributed comparatively in all three groups and we observed that the sensitivity of MR mammography in DCIS detection correlates with the degree of nuclear atypia. This means it grows with the probability of the transformation to invasive form [28] due to the increased enhancement. On the other side, the fact that low-grade lesions may stay unenhanced and thus undetectable often makes the diagnostics of this entity challenging or even more problematic.

Irregular, spiculated shape is not a typical sign of DCIS and usually appears in case of invasive carcinoma. This fact correlates also with our outcomes considering that only 5 high-grade lesions out of all 114 formed spiculated lump. According to some authors spiculated shape might predict the very pre-invasive phase of high-grade DCIS [29].

According to the results of our retrospective multiparametric study, we can proclaim that the extended MR protocol (using DWI) has the potential to predict the degree of nuclear atypia, especially in differentiation between high and low-grade DCIS. The most reliable signs of high-grade DCIS are low T2 signal, high signal intensity in DWI, presence of restriction of diffusion in ADC map, non-homogeneous post contrast enhancement and kinetic curve type III. These parameters support the presence of high degree nuclear atypia and thus can predict the higher risk of transformation of DCIS into invasive carcinoma.

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