

Hashimoto's thyroiditis, nodular goiter or follicular adenoma combined with papillary thyroid carcinoma play protective role in patients

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Papillary thyroid carcinoma (PTC) is often combined with other types of thyroid disease, such as Hashimoto's thyroiditis (HT), nodular goiter (NG), follicular adenoma (FA) and other types. However, the function of these diseases in PTC tumorigenesis and development is not well understood. In this research, 563 PTC patients were recruited and divided into two groups according to pathological diagnosis, namely simple PTC (PTC) and PTC combined with other thyroid diseases (PTC+). Clinicopathological characteristics and BRAF^{V600E} mutation status were compared between PTC and PTC+. Our data showed that there was a statistically significant difference in gender ($p=0.007$), tumor diameter (5 mm, $p=0.012$; 1 cm, $p=0.042$), lymph node metastasis ($p=0.000$) and BRAFV600E mutation status ($p=0.001$) between PTC and PTC+. PTC+ patients have lower lymph node metastasis rate, even if PTC nodule diameter is larger than 5 mm ($p=0.005$) or ≥ 1 cm ($p=0.049$) or BRAF^{V600E} is mutated ($p=0.001$). In conclusion, our study suggests that HT, NG and FA, are protective factors of PTC patients, and PTC+ patients have lower lymph node metastasis and BRAF^{V600E} mutation rate compared with simple PTC patients.

Key words: papillary thyroid carcinoma, combined papillary thyroid carcinoma, protective effect, BRAF

Thyroid cancer is one of the most common endocrine malignancies in the world, the incidence is still rising [1]. Thyroid cancer is the fifth highest incidence of cancer in the world and the incidence rate accounts for about 6% of all women cancers [2, 3]. PTC is the most frequent type of thyroid cancer, which is originated from follicular epithelial cells, and accounts for 75–85% malignant thyroid cancer [4, 5]. Despite the high incidence of PTC, early detection and treatment has achieved excellent prognosis, with a five year survival rate of 95% [6, 7] and a ten year survival rate of 80–95% [8].

PTC is often combined with other types of thyroid disease, such as HT, NG and FA, etc, while the function of these diseases in PTC tumorigenesis and development is not well understood. Some studies have shown that HT may be a protective factor in PTC, and is negatively correlated with BRAF^{V600E} mutation, extra thyroid proliferation and lymph node metastasis. Moreover, even if BRAF^{V600E} is mutated, PTC patients accompanied with HT have less extrathyroidal extension and lymph node metastasis [9, 10].

BRAF^{V600E} mutation is the most common genetic variants of PTC. Mutation of BRAF gene T1799A results in amino acid substitution of glutamic acid (E) by valine (V). BRAF

plays an important role in cell proliferation, differentiation and apoptosis. BRAF^{V600E} mutation can continuously promote the proliferation and differentiation of thyroid cells through activating RAF-MEK-ERK signaling pathway [11, 12], leading to a more malignant phenotype of PTC [13, 14]. In addition, BRAF^{V600E} mutations were shown to be associated with extrathyroidal extension, lymph node metastasis, distant metastasis, TNM stage, tumor recurrence and poor prognosis of PTC [15–18].

In this study, the 563 PTC patients were divided into two groups (PTC and PTC+) according to whether or not accompanied with other types of thyroid disease, and the BRAF^{V600E} mutation status was tested in all samples. The clinicopathological characteristics and BRAF^{V600E} mutation status were analyzed between PTC and PTC+.

Patients and methods

Patient characteristics. A total of 563 cases of surgical specimens were collected from Affiliated Hospital of Jining Medical University from July 2015 to March 2017, all patients were diagnosed with PTC by pathology. The gender ratio is

1:6.5, including 75 males (13.3%) and 488 females (86.7%), and the average age is 44.6 years (44.6±11.56 years). Among all the cases, 198 PTC+ cases were recognized, including 85 PTC+HT cases, 79 PTC+NG cases, 18 PTC+FA cases and 16 PTC+others cases. BRAF^{V600E} mutation was tested in all patients. The study was approved by the ethics committee of Jining Medical University. Each patient has signed an informed consent form.

DNA extraction and BRAF^{V600E} mutation detection. All isolated thyroid tissues were fixed with 10% neutral formalin within 30 minutes, followed by dehydration, transparency, wax dipping and embedding. The paraffin-embedded tissue was cut to 4 μm thickness and 3–4 slices were used for DNA extraction. Steps are performed in accordance with the FFPE sample DNA kit following the instructions (Amoy Diagnostics Co., Ltd., Xiamen, China), in accordance with the human BRAF gene V600E mutation detection kit (fluorescence PCR method) instructions for PCR detection, and positive interpretation (Amoy Diagnostics Co., Ltd., Xiamen, China).

Statistical analysis. All statistical analyses were performed using SPSS software (SPSS, version 19.0; SPSS; Chicago, IL, USA). Count data were analyzed by χ^2 test, statistical difference is defined as $p < 0.05$.

Results

Comparison of pathological features between PTC and PTC+. Compared with PTC patients, the incidence of PTC+ tends to be higher in women ($p=0.007$); the diameter of the tumor tends to be ≤ 5 mm ($p=0.012$) or < 1 cm ($p=0.042$); PTC+ has low local lymph node metastasis rate ($p=0.000$) and low mutation rate of BRAF^{V600E} ($p=0.001$) (Table 1). There were differences in gender ($p=0.007$), tumor diameter (5 mm, $p=0.012$; 1 cm, $p=0.042$), lymph node metastasis ($p=0.000$) and BRAF^{V600E} mutation status ($p=0.001$) for PTC+ in comparison with PTC, while the age has no association with PTC and PTC+.

The PTC+ group was further subdivided into PTC+HT, PTC+NG, PTC+FA and PTC+others. Compared with the PTC group: age, no difference; gender, PTC+TH is more likely to occur in women ($p=0.031$), there was no significant difference between the PTC and other PTC+ groups for gender; local lymph node metastasis, compared with the PTC group, the lymph node metastasis rate of PTC+HT ($p=0.013$), PTC+NG ($p=0.000$) and PTC+FA ($p=0.04$) was lower, the difference was statistically significant; BRAF^{V600E} mutation, the mutation rate of PTC+HT ($p=0.025$) and PTC+FA ($p=0.01$) was lower than in the PTC group (Table 1).

PTC+ was associated with malignant pathological features in patients with larger tumor diameter and positive BRAF mutation. The protective effect of PTC+ in patients with small tumor diameter (≤ 5 mm or < 1 cm) is evident. There were significant differences in lymph node metastasis (≤ 5 mm, $p=0.002$; < 1 cm, $p=0.000$) and BRAF^{V600E}

mutation status (≤ 5 mm, $p=0.001$; < 1 cm, $p=0.000$) for PTC+ in comparison with PTC (Table S1, S2).

Further statistical analysis revealed that PTC+ also has protective effect in PTC patients with malignant features, such as larger tumor diameter or positive BRAF mutation. For patients with diameter > 5 mm, PTC+ has lower lymph node metastasis rate ($p=0.005$) and lower BRAF^{V600E} mutation rate (Fisher test, $p=0.047$) than that of PTC (Table 2). PTC+ patients with tumor diameter ≥ 1 cm are only associated with lower lymph node metastasis rate ($p=0.049$) than that of PTC (Table 3). Similarly, patients with BRAF mutation were also analyzed statistically in the two groups, PTC+ is also more likely to occur in women with BRAF mutations ($p=0.026$), and PTC+ is associated with lower local lymph node metastasis ($p=0.001$) than that of PTC (Table 4).

Table 1. Clinical pathological characteristics between PTC and PTC+, n=563

	PTC ^a n=365 (%)	PTC+ ^b n=198 (%)				Total
		HT ¹ n=85	NG ² n=79	FA ³ n=18	Ot ⁴ n=16	
Age, yrs						
<45	180 (49)	40 (47)	33 (42)	7 (39)	7 (44)	267
≥ 45	185 (51)	45 (53)	46 (58)	11 (61)	9 (56)	296
χ^2	1.488 ^{ab}	0.14 ^{a1}	1.48 ^{a2}	0.746 ^{a3}	0.19 ^{a4}	
p-value	0.223	0.708	0.224	0.388	0.663	
Gender						
female	306 (84)	79 (93)	71 (90)	17 (94)	15 (94)	488
male	59 (16)	6 (7)	8 (10)	1 (6)	1 (6)	75
χ^2	7.264 ^{ab}	4.626 ^{a1}	1.848 ^{a2}	1.461 ^{a3}	1.136 ^{a4}	
p-value	0.007	0.031	0.174	0.227	0.287	
Diameter						
≤ 5 mm	60 (16)	21 (25)	21 (27)	3 (17)	5 (31)	110
> 5 mm	305 (84)	64 (75)	58 (73)	15 (83)	11 (69)	453
χ^2	6.344 ^{ab}	3.193 ^{a1}	4.48 ^{a2}	0.001 ^{a3}	2.377 ^{a4}	
p-value	0.012	0.074	0.034	0.980	0.123	
<1 cm	150 (41)	41 (48)	43 (54)	9 (50)	6 (38)	249
≥ 1 cm	215 (59)	44 (52)	36 (48)	9 (50)	10 (62)	314
χ^2	4.126 ^{ab}	1.439 ^{a1}	4.699 ^{a2}	0.560 ^{a3}	0.082 ^{a4}	
p-value	0.042	0.230	0.030	0.454	0.775	
Lymph node metastasis						
No	173 (47)	53 (62)	55 (65)	13 (72)	10 (63)	304
Yes	192 (53)	32 (38)	24 (35)	5 (28)	6 (37)	259
χ^2	18.195 ^{ab}	6.169 ^{a1}	12.839 ^{a2}	4.232 ^{a3}	1.401 ^{a4}	
p-value	0.000	0.013	0.000	0.040	0.237	
BRAF ^{V600E}						
WT	57 (16)	22 (26)	19 (24)	7 (39)	5 (31)	110
Mut	308 (84)	63 (74)	60 (76)	11 (61)	11 (69)	453
χ^2	10.154 ^{ab}	5.02 ^{a1}	3.256 ^{a2}	6.675 ^{a3}	2.75 ^{a4}	
p-value	0.001	0.025	0.074	0.010	0.097	

^a - PTC; ^b - PTC+; ¹ - PTC+HT; ² - PTC+NG; ³ - PTC+FA; ⁴ - PTC+Ot

Table 2. Clinical pathological characteristics between PTC and PTC+, tumor diameter > 5 mm, n=453

	PTC N=305 (%)	PTC+ N=148 (%)	Total	χ^2	p-value
Age					
<45 yrs	144 (47)	68 (46)	212	0.064	0.800
≥45 yrs	161 (53)	80 (54)	241		
Gender				6.867	0.009
female	255 (84)	137 (93)	392		
male	50 (16)	11 (7)	61		
Lymph node metastasis				7.999	0.005
No	132 (43)	85 (57)	217		
Yes	173 (57)	63 (37)	236		
BRAF ^{V600E}				3.331 Fisher	0.068 0.047
WT	45 (15)	32 (22)	77		
Mut	260 (85)	116 (78)	376		

Table 3. Clinical pathological characteristics between PTC and PTC+, tumor diameter ≥1 cm, n=314

	PTC N=215 (%)	PTC+ N=99 (%)	Total	χ^2	p-value
Age					
<45 yrs	106 (49)	44 (44)	150	0.641	0.423
≥45 yrs	109 (51)	55 (56)	144		
Gender				3.441	0.064
female	184 (86)	92 (93)	276		
male	31 (14)	7 (7)	38		
Lymph node metastasis				3.879	0.049
No	79 (37)	48 (48)	127		
Yes	136 (63)	51 (52)	187		
BRAF ^{V600E}				2.217	0.137
WT	33 (15)	22 (22)	55		
Mut	182 (85)	77 (78)	259		

Table 4. Clinical pathological characteristics between PTC and PTC+, BRAF^{V600E} status is mutation, n=453

	PTC n=308 (%)	PTC+ n=145 (%)	Total	χ^2	p-value
Age					
<45 yr	145 (47)	64 (44)	209	0.343	0.558
≥45 yr	163 (53)	81 (56)	244		
Gender				4.93	0.026
female	259 (84)	133 (92)	392		
male	49 (16)	12 (8)	61		
Diameter				1.362	0.243
≤5 mm	48 (16)	29 (20)	77		
>5 mm	260 (84)	116 (80)	376		
				1.443	0.230
<1 cm	126	68	194		
≥1 cm	182	77	259		
Lymph node metastasis				11.078	0.001
No	146 (47)	93 (64)	239		
Yes	162 (53)	52 (36)	214		

For BRAF-WT patients, there were differences in lymph node metastasis ($p=0.010$) and BRAF^{V600E} mutation status (≤ 5 mm, $p=0.034$; <1 cm, $p=0.086$) for PTC+ in comparison with PTC (Table S3).

Discussion

It is well known that lymph node metastasis is closely related to the malignant progression of PTC patients. In addition, BRAF^{V600E} mutation has a role in thyroid tumorigenesis, tumor progression, recurrence, and is associated with decreased disease-free survival in PTC [19–22], conferring to PTC a more aggressive clinical behavior [13, 14]. Papillary thyroid microcarcinoma (PTMC) is a low-risk type of PTC [23], which is defined by the diameter ≤ 1 cm and has no local lymph node and/or distant organ metastasis and extra thyroid invasion. PTMC usually has an excellent prognosis [24], postoperative recurrence of PTMC is not reduced by total thyroidectomy. Non-total thyroidectomy is also a good choice for treatment of PTMC patients [25].

In our study, we found that PTC+, especially in combination with HT, NG and FA, were associated with low lymph node metastasis and BRAF mutation rate in patients. Thyroid cancer is usually combined with infiltration of inflammatory cells, including lymphocytes, macrophages and mast cells, but contribution of these cells in the pathogenesis of cancer and the mechanism is not fully understood. Some studies have shown that HT is negatively associated with BRAF^{V600E} mutation, extrathyroidal extension and lymph node metastasis. Moreover, even if there is a BRAF^{V600E} mutation, HT can also inhibit the proliferation of thyroid and lymph node metastasis [9, 10]. Our data support that HT is a protective factor of PTC. In addition, Ugolini et al [26] found that compared to PTC, the lymphocyte infiltration of poorly differentiated and undifferentiated thyroid carcinoma with poor prognosis was significantly lower, suggesting that inflammatory cells play a protective role in thyroid cancer. The occurrence of chronic lymphocytic thyroiditis in patients with PTC has a relatively good prognosis [27]. However, some scholars believe that these inflammatory reactions promote the occurrence of PTC, and that HT is an early lesion of thyroid cancer. Okayasu et al [28] found that the degree of lymphocytic infiltration in patients with papillary thyroid carcinoma was significantly higher than that in patients with benign thyroid lesions. Pasquale et al [29] found that patients with HT during a 16-year period yielded 33 thyroid carcinomas, of which PTC was 30 cases, suggesting that HT leads to PTC. Inflammatory microenvironment is an essential component of all tumors. A few studies support the concept that the lymphocytic infiltration counteracts tumor progression [30, 31]. In a more recent study, the final effect of myeloid cell infiltration of the tumor depends on the balance between tumor-antagonizing and tumor-promoting actions [32]. In our study, HT combined with PTC can reduce the local lymph node metastasis and

BRAF mutation rate in patients; therefore, we suggest that concurrent HT is a protective factor in patients with PTC.

Our study also found that PTC+NG was negatively associated with local lymph node metastasis, and was approximately associated with low BRAF^{V600E} mutation rate ($p=0.074$). NG is a common pathology of the thyroid gland, and varies in incidence in different parts of the world [33]. The incidence of thyroid cancer in multinodular goiter is estimated to be 5–10% [34]. The relationship with PTC is also controversial. Compared to PTC, the PTC+NG tumor volume is smaller and the lymph node metastasis rate is lower. Our study found that NG plays a protective role in PTC.

Follicular adenoma is the major subtype of thyroid adenoma. Thyroid adenoma is originated in thyroid follicular cells with a non-enveloped and vascular invasion, tumor differentiation, and benign follicular capsule. The incidence may be related to the metabolism of iodine, estrogen, dietary habits, and geographical location, environment and heredity factors. However, there is also controversy about whether thyroid follicular adenoma causes PTC. Our study showed FA+PTC to be in negative correlation with local lymph node metastasis and BRAF^{V600E} mutation rate in patients. It is suggested that FA has also a protective mechanism for PTC.

In summary, our study shows that HT, NG or FA combined with PTC has a protective mechanism in PTC patients, can decrease the PTC local lymph node metastasis and BRAF^{V600E} mutation rate. It is of great significance to elucidate the function of PTC accompanying disease for the treatment of patients with PTC, but the specific mechanism needs further study.

Supplementary information is available in the online version of the paper.

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