# EXPRESSION OF ATRIAL NATRIURETIC PEPTIDE, PROGESTERONE, APOPTOSIS-RELATED PROTEINS AND CASPASE-3 IN *IN VITRO* LUTEINIZED AND LEPTIN-TREATED PORCINE GRANULOSA CELLS

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**Objective.** Our aim was to examine the expression patterns of ANP, the rate of apoptosis bcl-2 and p53 expression and caspase-3 activity and progesteron (P) production in porcine granulosa cells (pGCs) stimulated in vitro for luteinization and after treatment with leptin.

**Methods.** Freshly isolated prepubertal pGCs were cultured as monolayers for 24 h, subsequently FSH was supplemented for 24 h, and finally LH was added to a part of the cells for 24 h to induce luteinization. The effect of leptin on in vitro luteinized pGCs was tested by the addition of 10 ng/ml human recombinant leptin (hrL) 24 h after LH administration. Indirect immunofluorescence for ANP, bcl-2 and p53 expression was used, P production was assayed by direct enzyme immunoassay (EIA) and colorimetric AcDEVD-Pna assay for caspase-3 activity was applied.

**Results.** Stimulation of prepubertal pGCs with FSH resulted in a moderate expression of ANP and elevation in P production. When FSH treatment was followed by LH, the pronounced expression of ANP was observed in all cells. Suppressive effect of FSH and LH on p53 expression and caspase-3 activity with parallel increase in bcl-2 expression and increased P production was observed. The treatment of *in vitro* luteinized (FSH/LH-stimulated) pGCs with leptin did not influence the expression of ANP. However, in FSH/LH plus leptin treated cells the concomitant increase in bcl-2 expression and caspase-3 activity was noted, compared to control cells without any significant increase in P production.

**Conclusion.** The present data demonstrated the positive relationship between ANP expression and P production in pGCs stimulated for luteinization *in vitro* by FSH and LH, as well as their antiapoptotic role mediated presumably by cGMP accumulation in the luteinized pGCs. A direct anti-apoptotic effect of leptin on in vitro luteinized pGCs, without any significant modulation of P production, was documented.

**Key Words:** Granulosa cells luteinization – Atrial natriuretic peptide (ANP) – Progesteron – Leptin – Apoptosis

Luteinization is the final stage of follicular differentiation, which is triggered *in vivo* by preovulatory gonadotrophin surge and involves a large-scale remodeling of the ovulatory follicle (McGEE et al. 1997). Gonadotrophins, steroids and a number of autocrine and paracrine factors stimulate the proliferation, differentiation and survival of granulosa cells (CHUN and HSUEH 1998; RUIZ-CORTES et al.2003; SWENSSON 2003). All of them further affect the process of granulosa cells luteinization through the control of apoptosis (MATSUBARA et al. 2000). Ovarian natriuretic peptide system is under the regulatory effect of gonadotrophins, and ANP content showed cyclic changes with the highest rate of its production in proestrus (KIM et al. 1992; GUTKOWSKA et al. 1999). In granulosa cells, ANP showed a stimulatory effect on a cGMP transduction sequence, resulting in the increased progesterone secretion (ACOSTA et al. 1999). Our study of ANP expression in porcine granulosa cells demonstrated the strongest immunostaining for ANP in such cells isolated from large preovulatory follicles (IVANOVA et al. 2003). The relationship between ANP and progesterone, as survival factors in human luteinized granulosa cells (GLCs), was shown too (DINEVA et al. 2004).

Leptin, a product of the obese gene, is a cytokine with multiple activities mediated through leptin receptor isoforms expressed in ovarian cells (CIOFFI VAN BLERKOM et al. 1997). The expression of leptin receptors in granulosa and luteal cells is varying during pig ovarian cell differentiation (Song et al. 1999). It has been shown that leptin modulates steroidogenesis in a dose-dependent manner and may play a role in the process of luteinization (STOKLOSOWA et al. 1982).

The model for *in vitro* luteinization of porcine granulosa cells was used to follow up the expression of ANP, bcl-2, p53 as well as P production and caspase-3 activity in relation to apoptosis. To gain further insight into the direct leptin action on the ovary, we investigated the effect of leptin on in vitro luteinized porcine granulosa cells.

#### **Material and Methods**

**Isolation and culture of ovarian follicles.** Parker medium M199, trypsin, and calf serum (CS) were purchased from the Laboratory of Sera and Vaccines (Lublin, Poland). Antibiotic/antimycotic solution (100x) was obtained from Sigma Chemical Co. (St. Louis, MO, USA). Porcine ovaries from prepubertal animals were obtained from a local abattoir and collected into a bottle filled with sterilized ice-cold saline and transported to the laboratory within approximately 1.5 h elapsed from the slaughter to the arrival at laboratory.

Granulosa cells (GCs) were subsequently prepared according to the technique described by STOKŁOSOWA et al. (1992). After isolation, GCs were washed three times in M199, collected and resuspended in M199 supplemented with 5 % calf serum (M199/CS).

**Experimental procedure.** To examine the expression patterns of ANP, bcl-2 and p53, the rate of apoptosis and P production in pGCs stimulated in vitro for luteinization, we cultured freshly isolated prepubertal pGCs as monolayers for 24 h, subsequently FSH was supplemented for 24 h , then LH was added to a portion of cells for 24 h to induce luteinization and, finally, a part of FSH/LH-stimulated cells was treated with leptin for additional 24 h. Control cells were cultured with addition of only 10 % fetal calf serum. The supernatants were collected after 96 h of culture and stored at -20 °C for determination of P production, while the adherent cells were washed and fixed for immunoflurescent analysis or frozen for measurement of caspase-3 activity.

Analysis of progesterone concentration. Progesterone in the culture medium was assayed by using a direct enzyme immunoassay (EIA) as described by SZAFRANSKA et al. (2002). The standard curve range was from 0.39 to 100 ng/ml and the effective dose for 50 % inhibition (ID50) of the assay was 4.5 ng/ml. The intra- and inter- assay coefficients of variation were 6.6 % and 9.2 %, respectively.

**Caspase-3 activity.** Cultured cells were lysed with a lysis buffer containing 50 nm Hepes (pH 7.4), 100 nM NaCl, 0.1 % CHAPS, 1nM EDTA, 10 % glycerol and 10 nM DTT. The soluble fraction of the cell lysate was then assayed for caspase-3 activity using AcDEVD-Pna (Sigma) substrate for caspase-3 as described in the manufacturer's protocol.

Detection of ANP, Bcl-2, p53 with IIF. The GCs were permeabilized with 0.1% Triton X-100 for 4 min and after washing the cells were incubated with primary antibodies: Mab anti-ANP supernatant, obtained and characterized at the Institute of Biology and Immunology of Reproduction (Sofia, Bulgaria), 1:1 dilution in PBS/BSA; 0.1 %; Mab anti-p53, Clone BP53-12, mouse ascites fluid (Sigma, Saint Louis, MO. USA) 1:800 dilution in PBS/BSA; 0.1%; Mab anti-Bcl-2, Clone Bcl-2-100, mouse ascites fluid (Sigma, Saint Louis, MO, USA) 1:2000 dilution in PBS/BSA, overnight, followed by washing with PBS-Tween and then incubated with secondary antibody (Sw/am IgG labeled with FITC), diluted 1:20, 1 h, Sevac, Czech Republic). After intensive washing in PBS-Tw, slides were mounted with Mowiol. The expression of ANP, Bcl-2 and p-53 was examined using fluorescence microscope (Leitz Labor-Lux) and scored: from + to +++ and documented with Kodak color film.

## Results

Expression of ANP in pGCS stimulated with FSH or FSH/LH for luteinization and after leptin treatment of the luteinized cells. Stimulation of prepubertal pGCs with FSH resulted in a moderate ANP immunostaining with membrane, submembrane and cytoplasmic localization in the great number of cells, compared to control cells where only single cells showed faint ANP immunostaining (Fig.1a,1d). When FSH treatment was followed by LH, the pronounced expression of ANP was observed in all cells (Fig.1b). The leptin treatment of in vitro luteinized (FSH/LH stimulated) pGCs did not influence the expression of immunoreactive ANP (Fig.1c).

Progesterone production in pGCs stimulated with FSH or FSH/LH for luteinization and after leptin treatment of luteinized cells. Data of the P production are shown in Fig.2. The effect of gonadotrophins on in vitro luteinization was manifested by the elevated P production. The highest level of P production was observed in FSH/LH-stimulated cells. Box-plot analysis showed the increased P production after FSH, FSH/LH and FSH/LH plus leptin treatments, compared to control cells (P < 0.05). The leptin dose of 10 ng/ml, used 24 h after LH, did not influence significantly the P production of in vitro luteinized pGCs (P\* < 0.38).

**Expression of bcl-2 and p53 in pGCs stimulated with FSH or FSH/LH for luteinization and after leptin treatment of the luteinized cells.** Immunostaining for bcl-2 after FSH treatment showed a moderately positive reaction in stimulated cells compared to controls (Fig. 3a, 3d). The number of positive cells increased and immunostaining was intense as a consequence of LH stimulation (Fig. 3b). After leptin treatment of in vitro luteinized pGCs, the strong immunostaining for bcl-2 was observed in a great number of cells (Fig. 3c). The opposite picture was demonstrated for proapoptotic p53 protein (Fig. 4a, 4b, 4c, 4d). The number of p53-positive cells was greater in control cells and incidences of positive cells were lowered by gonadotrophin treatment, as well as by leptin.

Caspase-3 activity in pGCs stimulated with FSH or FSH/LH for luteinization and after leptin treatment of the luteinized cells. The data of caspase–3 activities are presented in Fig. 5. The proteolytic assay used in this study is specific for cleavage of the DEVDsequence and the increased activity is still related to the apoptotic process. The obtained results showed the significant inhibitory effect of FSH, FSH/LH and FSH/ LH+leptin treatment on caspase-3 activity compared to control cells (p<0.05). The higher inhibitory effect of leptin on caspase-3 activity was documented, but it was not statistically significant when compared to FSH/ LH-treated cells (Fig. 5).

### Discussion

One purpose of this study was to determine how the model for in vitro luteinization of prepubertal pGCs after FSH or FSH/LH stimulation is related to ANP expression and P production. As mentioned, luteinization is a large-scale remodeling process that occurs in response to stimulation with gonadotrophins and induced paracrine and autocrine growth factors (MATSUBARA et al. 2000). Our study showed that the treatment of prepubertal pGCs with FSH induced the rise of immunoreactive ANP expression in the cultured cells, as well as stimulation of P production. The observed increase in ANP expression in cultured cells, as well as higher P level after LH treatment, were suggestive of the role of ANP in the pGC luteinization, as was previously shown for bovine GCs (Acosta et al. 1999) and for follicular development in rats (GUTKOWSKA et al. 1999). The same positive relationship between ANP and P production was shown in rat and human GCs (JOHNSON et al. 1997; PAS-CADOR et al. 1999) and in our earlier study with human luteinized granulosa cells (DINEVA et al. 2004), despite discrepant data on the effect of ANP on P production, cited by JANKOWSKY et al. (1997). When in vitro luteinized pGCs were treated with the so-called physiological leptin dose of 10 ng/ml (SHIKONE et al. 1996), we did not observe any influence on the expression of immunoreactive ANP. The lack of a significant increase in P production after leptin treatment in our experimental model may be due to the time of leptin administration we used, i.e. 24 h after LH supplementation, when luteinization was fully expressed. The patterns of ANP immunostaining and P production in FSH/LH-stimulated cells support this suggestion.

The ultimate vulnerability of cells to diverse apoptotic stimuli is determined by the relative expression of various proapoptotic and antiapoptotic proteins, which provide checkpoint control over cell cycle progression and induction of apoptosis (MEIKRANNTZ et al. 1995; RUIZ-CORTES et al. 2000). FSH is the most important factor for follicle growth in the preovulatory phase and a lack of FSH could lead to follicular atresia through apoptosis of GCs. It is known that LH is indispensable for luteinization and luteal cell survival (MURPHY et al.



Fig. 1 ANP immunostaining of in vitro culturedpGCs: 1a) moderate ANP immunostaining in FSH treated cells; 1b) strong immunostaining in cells after FSH and LH treatment; 1c) ANP immunostaining in FSH/LH plus leptin treated pGCs, where no changes in ANP immunostaining was documented compared to FSH/LH treated cells; 1d) control cells: weak immunostaining is visible only in few cells.



Fig. 2 Comparison of P production after different treatment of prepubertal pGCs in vitro. Data are displayed as a box-plot with median value, range of values (min-max) and interquartile range (box), where increased P production after gonadot-ropin treatment is evident (p<0.05). The dose of 10 mg/ml leptin treatment did not influence significantly P production of in vitro luteinized pGCs (p=0.38)



Fig. 3 Expression of antiapoptotic bcl-2 protein in pGCs: 3a) moderate immunostaining of cells treated with FSH; 3b) moderate immunostaining of cells treated with FSH/LH; 3c) intense immunostaining for bcl-2 in FSH/LH plus leptin treated cells; 3d) control culture



Fig. 4 Expression of proapoptotic p53 oncoprotein in pGCs; 4a) a few positive cells after FSH treatment are visible; 4b) weak immunostaining in great number of cells treated with FSH/LH; 4c) weak immunostaining in some cells after FSH/LH plus leptin treatment; 4d) the great number of positive cells for p53 seen in control culture



Fig. 5 Box-plot analysis of caspase-3 acitvity among different treatments of GCs in vitro. The inhibitory effect of FSH, FSH/LH and FSH/LH plus leptin treatment is shown as compared to control cells (p<0.05). The lower caspase-3 activity in FSH/LH treated cells was without any significant difference as compared to FHS/LH treated cells (p<0.48)

2000; RUIZ-CORTES et al. 2000). The observed suppressive effect of FSH and LH treatment on p53 expression and simultaneously stimulatory effect on the expression of bcl-2, the main survival promoter in the ovary (Song et al. 1999) appear to justify the conclusion that luteinization of GCs decreased the susceptibility to apoptosis (SwENSON et al. 2003). This event seems to be at least partly mediated by P and ANP in the luteinized GCs. Pronounced ANP binding to its specific guanylyl-cyclase receptors stimulates cGMP formation and P secretion (NOUBANI et al. 2000). On the other hand, cGMP, that is a second messenger of NO, seems to participate in the survival pathways at all stages of follicle growth (CHUN and HSUEH 1998; Mc-GEE et al. 1997).

Among executor caspases (caspase-3, -6, and -7), caspase-3 appears to be upstream of caspase-6 and -7 and, therefore, its activation represents a critical point in transmission of the apoptotic signal. The activation of caspase-3 is a central event in the apoptotic process in which numerous signaling pathways converge and through which multiple downstream substances are cleaved (ISHIZAKI et al. 1998). There is a strong linkage between the activation of caspase-3 and apoptotic degradation of genomic DNA. A specific caspase-3 activated DNase (DFF40 or CAD) has been identified and characterized as an enzyme which is involved in the

internucleosomal fragmentation of DNA and, finally, in apoptotic cell death (WIDLAK et al. 2000). The results presented showed the inhibition of caspase-3 activity by FSH, FSH/LH treatment and the parallel elevation of ANP expression and P production. This supports the putative role of ANP, P and cGMP in GC luteinization and survival. Moreover, the presented data clearly showed anti apoptotic action of leptin. This observation is in agreement with data reported by ALMOG et al. (2001) who showed that leptin dramatically reduced incidence of follicular apoptosis measured by TUNEL in leptin-treated rats. These authors demonstrated a pronounced elevation (up to 16.3-fold) in Bcl-2 expression during 7-14 days of leptin injections compared to a Bcl-2 expression in controls. This is also in agreement with our recent data indicating that leptin acts as a antiapoptotic factor during corpus luteum formation (GREGORASZCZUK et al. 2005).

In summary, the present investigation demonstrated the positive relationship between ANP expression and P production in pGCs stimulated for luteinization in vitro by FSH and LH, as well as the antiapoptotic role of FSH/LH, mediated presumably by cGMP accumulation (indirectly shown by ANP immunostaining) after luteinization of pGCs. The dose of 10 ng/ml leptin given 24 h after LH did not significantly influence P production in the in vitro luteinized prepubertal pGCs. Direct anti-apoptotic effect of leptin on in vitro luteinized pGCs was documented.

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